

YOUTH MEETING

OFFICIAL PROGRAMME GUIDE



ABOUT THIS DOCUMENT

This is one of seven Programme Guides. The Guides contain all the information needed to host or participate in CISV's international programmes. Much of the content is the same in all seven of the Programme Guides and some is specific to the particular programme.

STRUCTURE AND CONTENT

Content in this Guide that is specific to the Youth Meeting programme is indicated with a small icon (with a "Y" for Youth Meeting) and a dotted, coloured line, like this:



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UPDATES



It may be necessary to revise and update the Programme Guide. Any updated version of the Guide will be uploaded on the CISV International website (www.cisv.org) once a year at the end of January. Any significant changes that have been made will be highlighted throughout the document by this button (left).

Sometimes, this Guide will refer to other CISV documents.

This <u>text</u> refers to linked, external sources such as documents and websites. All CISV internal resources are stored on the CISV International website (<u>www.cisv.org</u>). The links may refer to...

- an InfoFile document
- a Guide
- a form
- a webpage

There are four main sections for each Programme Guide: Introduction, Role Profiles; Programme Practicals; and Education & Evaluation. In the Guides for the five camp-based programmes and Interchange, the Practicals section is divided into 'Hosting a Programme', 'During a Programme' and 'Sending Participants to a Programme'.

CISV tries to ensure that all programmes are of a consistent quality and approach, but each one is unique and certain things may be done differently from programme to programme. Some of the information in this Programme Guide provides advice and best practice and it is up to Chapters, staff or participants to follow this in the best way for their particular programme. However, it is essential that certain things are done in a particular way, so this Guide also includes some 'rules', which must always be followed.

WHO SHOULD READ IT?

Anyone involved with hosting, sending or participating in a programme should read the appropriate Programme Guide. Certain sections of the Guide are specifically for people with certain roles.

RELEVANT SECTIONS

-- Highly Relevant

-- Be Familiar With

	Introduction	Role Profiles	Hosting Before	Hosting During	Sending	Education & Evaluation
Staff	•	•	•	•		•
Leader	•	•		*	•	•
Parent	•	•			*	
Participant	•	•			*	
Chapter/NA person with programme responsibility	•	•	*	•	•	•

COMMON ABBREVIATIONS

Below you find an overview of abbreviations commonly occurring throughout this Guide:

NA = CISV National Association

PA = CISV Promotional Association

IO = CISV International Office

JC = Junior Counsellor

NIC = National Interchange Coordinator

LIC = Local Interchange Coordinator

PDPEF = Programme Director's Planning and Evaluation Form

InfoFile = CISV's collection of policies and procedures

CONTENTS

YOUTH MEETING	1
ABOUT THIS DOCUMENT	2
Structure and Content	2
Updates	2
Who should read it?	3
Relevant Sections	3
Common Abbreviations	3
CONTENTS	4
YOUTH MEETING / INTRODUCTION	10
ABOUT CISV	11
Our Mission	11
Our Principles	11
CISV Programmes	11
Overview of CISV Programmes	11
Village	13
Interchange	14
Step Up	15
Seminar Camp	16
Youth Meeting International Bookle's Project (IRB)	17
International People's Project (IPP) Mosaic	18 19
THE YOUTH MEETING PROGRAMME	20
What is Youth meeting?	20
Key Characteristics of the Programme	20
How youth meeting Developed and is an Integral Part of CISV	20
OUR GENERAL PROGRAMME RULES	21
Basic CISV Programme Rules	21
Data Protection	21
Complying with Legal Requirements	22
Risk Management Responsibilities of CISVers	22
ORGANIZATIONAL STRUCTURE FOR PROGRAMME ADMINISTRATION AND SUPPORT	23
Who's Who Internationally?	23
International Office (IO)	23
Educational Programmes Committee	23
Regional Delivery Teams for Educational Programmes	24
Programme Organization on a National or Local Level	24
Objectives of National / Local Programme Coordinator / Committee	25
YOUTH MEETING / ROLE PROFILES	26
ABOUT THIS SECTION	27

ROLE OF CISV IN I ERNATIONAL	28
ROLE OF NATIONAL ASSOCIATION AND CHAPTER	29
ROLE OF HOST CHAPTER	31
ROLE OF LOCAL PROGRAMME COMMITTEE	32
ROLE OF PROGRAMME STAFF	33
Responsibilities	33
Specific Responsibilities of the YOUTH MEETING Staff	34
Responsibilities of the Programme Director	35
ROLE AND RESPONSIBILITIES OF PARTICIPANTS	36
12-13 and 14-15 Year-Old Participants	36
16-18 and 19+ Year-Old Participants	36
ROLE OF LEADERS	38
Role and Responsibilities of Delegation Leaders (for ages 12-13 and 14-15)	38
YOUTH MEETING / HOSTING BEFORE	40
ADMINISTRATION FOR HOSTING THIS PROGRAMME	41
Administrative Rules	41
CISV's Global Programme Hosting Plan	41
Details of Hosting Offers	41
Programme Hosting Offers	42
Programme Co-Hosting	42
FINANCES FOR HOSTING	43
International Fees	43
When Hosting a Programme	43
Penalties for Cancellations / Changes Basic Budget Rules / Items	43 44
Sample of Budget Components	44
ACCOMMODATION AND CAMPSITE	46
Choosing the Campsite or Host Home	46
Site Insurance	46
Basic Standards for Sites and Host Homes	46
Transport	48
Medical Needs	48
RISK MANAGEMENT	50
Being Prepared to Act if a Crisis Arises	50
Terminating a CISV International Programme	50
APPOINTING STAFF AND OTHER VOLUNTEERS WITH PROGRAMME RESPONSIBILITY	52
General Approach to Selection of People who will come into Contact with Participants	52
Staff Applying to be a Staff March or	52
Applying to be a Staff Member References	53 53
Police Records Check	53 54
1 Olice Nectorial Officer	JT

CISV Safeguarding Certification	55
Specific Procedures for International Staff	55
Chapter Volunteers and Outside Parties	57
Storing and Keeping Personal Data	57
Pre-Registration on the myCISV Website	57
Staff and Chapter Cooperation	58
PROGRAMME INFORMATION	59
Sending out Information to Help Participants Prepare for the Programme	59
Visas	59
Pre-Camp 1	59
Pre-Camp 2	59
Pre-Camp 3	63
Theme Development in Youth Meeting	63
Security Concerns in the Host NA	64
GETTING INFORMATION FROM THE PARTICIPANTS	65
Participating NAs	65
Participant Names	65
Participant Special Needs	65
Participant Travel Details	65
Programme Websites	65
OTHER PRACTICAL PREPARATIONS	67
Religious Services and Accomodations	67
Meeting Participants When They Arrive	67
Home Hospitality Pre- or Post- Programme	67
Integrating Sustainable Development Practices	67
ON SITE PREPARATION	68
Contacts and Information	68
YOUTH MEETING / HOSTING DURING	69
A GROUP LIVING EXPERIENCE	70
Staff Pre-Programme Days	70
Arrival	70
Checking Participants' Health and Official Forms	70
Personal Electronic Equipment at Programmes	70
Staying in the Country	71
HEALTH AND LEGAL FORMS	72
Health Forms	72
Insurance	72
Legal Forms	73
Summary of Health and Legal Forms	74
OVERVIEW OF THE PROGRAMME SCHEDULE AND EVENTS	75
Planning Activities	75
A Mix of Activities	75

Daily Schedule / Components	75
CALENDAR	79
Youth Meeting Calendar	79
Open Day	80
FIRST DAYS AT THE PROGRAMME	81
Safety Drills	81
Setting Expectations	81
Risk Management	81
GENERAL CARE AT THE PROGRAMME	82
Setting Expectations	82
General Health	82
General Cleaning and Hygiene	82
Laundry Contact Information for Evaluations	83
Contact Information for Excursions Shopping	83 83
Nutrition	83
Note on Transport	83
Providing Adult Supervision	83
Alcohol and Smoking	84
COMMUNICATIONS: WHOM TO CONTACT IF A QUESTION COMES UP	85
What if a Problem Arises?	85
Medical/Safety Situation	85
General Behaviour / Programme related Situation	85
What if the Situation is a Crisis and Public?	86
Reporting Incidents or Issues	86
LAST DAYS AT THE PROGRAMME	87
FOLLOW-UP AFTER THE PROGRAMME	88
Site	88
Staff and Chapter Meeting	88
Practical Evaluation and Reporting about the Programme Programme Director's Planning and Evaluation Form (PDPEF)	88 88
INFORMATION YOUR NA WILL RECEIVE	91
Issues	91
YOUTH MEETING / SENDING	92
HOW THE ADMINISTRATION WORKS FOR SENDING PARTICIPANTS	93
Administrative Rules	93
CISV's Global Programme Hosting Plan	93
Invitations to Participate	93
FINANCES	95
International Fees	95
Invoicing and Payment of International Fees	95
Penalties for Cancellations / Changes	95

SELECTION OF LEADERS	96
When to Appoint Leaders	96
Number of Leaders	96
Qualifications	97
Gender	97
Age Requirements	97
Applying for a Leadership Position in a CISV Programme	97
References	97
Police Records Check	97
CISV Safeguarding Certification	98
Storing and Keeping Personal Data	99
SELECTION OF PARTICIPANTS	100
Repeat Participation	100
Age Requirements	100
Youth Meeting Delegations/Participants	100
PROGRAMME INFORMATION	101
Getting Information about the Programme from the Host NA	101
Pre-Camp 1	101
Pre-Camp 2	101
Security Concerns in the Host NA	102
PREPARING FOR A PROGRAMME	104
Participant and Delegation Preparation	104
Pre-Registration on the myCISV Website	105
Personal Electronic Equipment at Programmes	105
SENDING PARTICIPANT INFORMATION TO THE STAFF	106
Participant Names	106
Participant Special Needs	106
Participant Travel Details	107
HEALTH AND LEGAL FORMS	108
Health Forms	108
Insurance	108
Legal Forms	109
Summary of Health and Legal Forms	110
TRAVEL CONSIDERATIONS	111
Supervision – Travelling Alone or with a Leader	111
Pre and Post-Programme Travel	111
Visa Requirements	111
Contact Details of the Programme	112
Registering with Embassies	112
Tips for Travelling	112
COMMUNICATION DURING THE PROGRAMME	114
Communications if a Problem Arises	114
Communicating with the Programme or Participants	114

FOLLOW-UP AFTER THE PROGRAMME	115
Leader and Staff Performance	115
Issues	115
Incident Report Form (IRF)	115
YOUTH MEETING / EDUCATION & EVALUATION	116
ABOUT CISV	117
Our Educational Principles	117
Use of the CISV Mission Statement and the Educational Principles in Programme Planning	117
Building the Statement of Purpose and Educational Principles into the Programme StructurE	118
PEACE EDUCATION AND ACTIVE GLOBAL CITIZENSHIP	119
CISV's Approach to Peace Education	119
Peace, Peace Education and Active Global Citizenship	119
ASK FOR ACTIVE GLOBAL CITIZENS	121
Examples of ASK	121
Attitudes, Skills and Knowledge (ASK)	121
YOUTH MEETING Programme Goals and Indicators	122
Applying Attitudes, Skills and Knowledge after the Programme	122
PEACE EDUCATION IN CISV	123
Use of the Four content areas	123
Educational content	123
Resources used to support Peace Education	123
BUILDING PEACE EDUCATION INTO PROGRAMMES	125
Building Peace Education into Youth meetings	126
LEARNING BY DOING	127
Using Experiential Learning	127
Experiential Learning Activities	127
Running Safe and High-Quality Educational Activities	128
HOW DO WE KNOW WE ARE GOOD AT WHAT WE ARE DOING?	129
Quality Standards	129
What Is Educational Evaluation?	129
The PDPEF (Programme Director's Planning and Evaluation Form)	130
Ideas for Integrating Evaluation into the Programme	132
Research Building educational evaluation into the Programme	133 133
FITTING IT ALL TOGETHER	134
Meeting CISV's Educational and Training Quality Standards in the Programme	134

YOUTH MEETING / INTRODUCTION

	Introduction	Role Profiles	Hosting Before	Hosting During	Sending	Education & Evaluation
Staff	♦	•	•	•		•
Leader	•	•		*	•	•
Family	•	•			*	
Participant	♦	•			*	
Chapter/NA person with programme responsibility	*	•	•	•	•	•

ABOUT CISV

CISV has a vision of a more just and peaceful world. We believe that through the choices we make, through debate and action, we can all take responsibility for making this possible. In other words, that we all have roles as active global citizens.

OUR MISSION

CISV educates and inspires action for a more just and peaceful world

This Mission Statement is supported by our four educational principles, which unite and inspire us as members of CISV.

OUR PRINCIPLES

- we appreciate the similarities between people and value their difference
- we support social justice and equality of opportunity for all
- we encourage the resolution of conflict through peaceful means
- we support the creation of sustainable solutions to problems relating to our impact upon each other and the natural environment

It is because we hold these beliefs and have a desire to learn more about them and act upon them, that we are part of this organization.

Peace education is a way of learning about issues that are seen to be the cause of social injustice, conflict and war. In line with our principles, we have four areas of peace education content:

- Human Rights
- Diversity
- Conflict and Resolution
- Sustainable Development

The purpose behind our peace education is to provide us all with the attitudes, skills and knowledge we need to be agents of change, both locally and globally – to become active global citizens.

CISV PROGRAMMES

Since 1951, CISV has been offering a range of local activities, international camps, family-hosted exchanges and community-based projects. All CISV programmes have a peace education focus, which we use to inspire our participants to become active global citizens. Over the years, these programmes have provided opportunities for thousands of participants to meet and develop friendships with people from different countries, backgrounds and cultures.

OVERVIEW OF CISV PROGRAMMES

CISV offers an exciting blend of seven international camp-based, family exchange and local community programmes. They each focus on one or more of our four educational content areas through activities that are delivered using a fun, non-formal, interactive approach that allows our participants to 'learn by doing'. In

line with our educational principles, our programmes are designed to foster open-mindedness, intercultural awareness, and an understanding of our impact on each other and the world around us.

Each of our programmes is designed for a specific age-group and participants are offered increasing levels of personal responsibility. We further encourage our participants to think about how they can use their learning to act to make a positive difference in their communities; from organizing an anti-litter campaign in their school to running for public office.

At the heart of all of our programmes, and everything we do, is our founding belief that peace is possible through building friendship and mutual understanding.

VILLAGE

Early life experiences shape the way we see the world. CISV Villages bring children together to take part in educational, cultural and fun activities that have been designed especially to appeal to them at this key learning stage. A Village creates a safe setting in which children from around the world can learn about each other's lives and how to communicate, cooperate and live together. The Village learning experiences, and the friendships made, are for a lifetime.

Village, our flagship programme, is proven to be our most attractive programme to donors, and provides CISV with a unique selling point. The young age of the participants, the length of the programme, and the international aspect are what makes this programme distinctive when compared to those offered by similar – local, national or international - organizations. The Village Open Day also provides Chapters with profile raising and media opportunities and a further opportunity to attract sponsors/donations. Village involves and mobilizes the whole Chapter. It provides an excellent opportunity for volunteer recruitment and helps to keep experienced volunteers engaged with a wide variety of roles and tasks.

AGE GROUP	DURATION 28 days	SIZE 12 delegations of participants, each with 2 girls and 2 boys		
LEADER		 Each delegation has 1 adult leader Can have up to 6 Junior Counsellors (JCs), 3 boys and 3 girls Must have 2 JCs from the host NA and maximum on JC per sending NA 		
STAFF		 Must have at least 4 adult staff Can have 1 junior staff (from the host NA) in addition to the minimum 4 adult staff It is strongly recommended that at least 1 staff member has prior experience as a Village leader or staff and/or have attended Village training at a Regional Training Forum 		
STAFF/LEADER AGE		 Adult staff must be at least 21 years old At least 1 member of staff must be 25+ years old Junior staff must be 19+ years old Leaders must be at least 21 years old JCs must be 16 - 17 years old 		
PARTICIPATION		 You can only take part in one Village as a participant or as a JC Must have maximum 1 delegation per NA 		

INTERCHANGE

Our cultures begin in our homes. This exchange programme places a delegation of teens from one CISV Chapter with host families from a Chapter in another country. The exchange has two phases, one in each country, allowing each participant to be both a visitor and a host. Not only is this a profound cultural experience for the young participants, but it also engages their whole family in the learning and friendship-building experience.

For developing Chapters looking to host a larger camp-based programme in the future, Interchange can be a great, low cost, way to get programme hosting experience and recruit new volunteers. For Chapters that traditionally host a camp-based programme every three to four years, hosting an Interchange between times can help volunteer retention.

AGE GROUP 12-13 13-14, or 14-15	DURATION 2 phases of 2 - 4 weeks		SIZE 2 delegations of participants, each with 6 - 12 children
LEADER			Each delegation has 1 adult leader. For delegations of 8+, there must be 2 leaders or 1 adult leader and 1 junior leader
STAFF			There are no staff, as this is a family-based experience The Local Interchange Coordinator (LIC) serve a similar role
STAFF/LEADER AGE		 Leaders must be at least 21 years old Junior leaders must be at least 18 years old and it is recommended that they are 4 years older than partic 	
PARTICIPATION >		>	You can take part in more than one Interchange

STEP UP

Young people learn when given the chance to lead. Step Up camps encourages participants to take responsibility for planning and organizing educational activities; helping them to develop their problem-solving and leadership skills and confidence. Step Up encourages participants to see how they can use what they have learned to make an impact once they return home. Just as importantly, they make friends and gain a wider appreciation of life in different countries.

Step Up involves and mobilizes the whole Chapter. With a shorter length and fewer volunteer needs, this may the perfect programme for a developing Chapter that aspires to host a Village. It provides an excellent opportunity for volunteer recruitment and helps to keep experienced volunteers engaged with a wide variety of roles and tasks. As the programme requires participation with other organizations, Step Up also provides opportunities for local impact and local visibility.

AGE GROUP 14 or 15	DURATION 23 days	SIZE 9 delegations of participant, each with 2 girls and 2 boys
LEADER		Each delegation has 1 adult leader
STAFF		 Must have at least 3 adult staff Can have only 1 junior staff who must be from the host NA International staff must have prior Step Up experience as leader or staff It is strongly recommended that at least 1 staff member has prior experience as a Step Up leader or staff and/or have attended Step Up training at a Regional Training Forum
STAFF/LEADER AGE		 Adult staff must be at least 21 years old 1 staff member must be at least 25 years old Junior staff must be at least 19 years old Leaders must be at least 21 years old
PARTICIPATION		 You can take part in more than one Step Up Must have maximum 1 delegation per NA

SEMINAR CAMP

Exchanging ideas is a powerful tool for leadership development and global learning. The young people who participate in Seminar Camp not only take responsibility for the practical needs of the camp but also for deciding and coordinating the educational content of this personally challenging, intensive programme. Seminar Camp's international group-living environment encourages participants to collaborate, and to take a creative approach to problem-solving and resolving the differences that can arise from healthy discussions.

Seminar Camp has a good return on investment as it is a shorter programme with minimal demands on the Chapter and fewer volunteer needs, due to the age of the participants. It is relatively low-cost to host, particularly where the participants cook their own food.

AGE GROUP 17-18	DURATION 21 days		SIZE 24 or 30 participants, with up to 4 from the same NA		
LEADER		None			
STAFF		 Must have 4 – 5 adult staff or 1 staff for every 6 participants No junior staff are allowed at Seminar Camps It is strongly recommended that at least 1 staff member has prior experience as a Seminar Camp staff and/or have attended Seminar Camp training at a Regional Training Forum 			
STAFF/LEADE	R AGE		Staff must be at least 21 years old . staff member must be at least 25 years old		
PARTICIPATION			ou can only take part in one Seminar Camp as a participant Must have minimum 1 participant from host NA		

YOUTH MEETING

Small gatherings inspire big ideas. Youth Meetings bring small groups of participants of a similar age together from different countries within a region. They explore issues that affect all their countries in some way and share their different perspectives. They also think about how they can use the skills and learning they have gained from their experience to help make a positive impact in their own communities.

Youth Meeting is less resource intensive both in terms of the number of volunteers needed and the cost to host than Village and Step Up. The shorter length of the programme can provide Chapters that have limited resources with the opportunity to host and develop capacity. For Chapters that traditionally host a longer programme every three to four years, hosting a Youth Meeting between times can help sustain knowledge and skills.

AGE GROUP 12 - 13, 14 - 15, 16 - 18, or 19+	DURATION 8 or 15 days	SIZE For ages 12 – 15, 5 delegations of participants, each with 6 children. For ages 16 and up, 25 individual participants, with up to 4 participants from each NA				
LEADER	,	Each delegation of participants ages 12 – 15 must have 1 adult leader				
STAFF		 Must have at least 4 adult staff Can have only 1 junior staff, who must be from the host NA It is strongly recommended that at least 1 staff member has prior experience as a Youth Meeting leader or staff and/or have attended Youth Meeting training at a Regional Training Forum 				
STAFF/LEADER AGE		 Adult staff must be at least 21 years old At least 1 member of staff must be at least 25 years old Junior staff must be at least 19 years old Leaders must be at least 21 years old 				
PARTICIPATION		You can take part in more than one Youth Meeting Must have maximum 1 delegation per NA (for age groups 12-13 and 14-15) Must have minimum 2 participants from host NA (for age groups 16-18 and 19+)				

INTERNATIONAL PEOPLE'S PROJECT (IPP)

Go out, find out, and help out. International People's Projects actively contribute toward identified needs within a community. In partnership with a local organization, a group of adult participants from different countries work together on a community project related to a specific theme, such as immigration. When they are not working on the project, participants bring knowledge of the chosen theme from their own cultural contexts and lead educational activities for each to help deepen their mutual understanding.

For Chapters looking to engage older participants, the IPP programme also reaches out beyond the Chapter to engage in activities with local like-minded-organizations and can offer profile-raising opportunities.

AGE GROUP 19+	DURATION 14 – 23 days	SIZE 15 – 25 participants, with up to 4 participants from the same NA				
LEADER		None				
STAFF		 Must have at least 3 adult staff Can have only 1 junior staff who must be from the host NA It is strongly recommended that at least 1 staff member has prior experience as an IPP staff 				
STAFF/LEADER AGE		 Staff must be at least 21 years old At least 1 member of staff must be at least 25 years old Junior staff must be at least 19 years old 				
PARTICIPATION		You can take part in more than one IPP				

MOSAIC

Local communities are reflections of the wider world. Mosaic projects are developed by CISV Chapter volunteers to respond to local needs and interests. Most of the projects are planned and delivered in cooperation with partner organizations and come in many shapes and sizes. Mosaic projects create a practical and meaningful learning experience for local participants of all ages and deliver a benefit to the wider community.

With careful planning, hosting a Mosaic project offers Chapters an excellent opportunity to demonstrate local relevance, raise profile, attract donors, and recruit new volunteers. It is also a good way to engage existing volunteers and the local Junior Branch and build relationships with local like-minded-organizations.

AGE GROUP All ages	DURATION No specific length		SIZE No specific size			
LEADER		None				
STAFF		Every Mosaic project must have a project coordinator and staff				
STAPP/IPADPR ACP.			lult staff for Mosaic projects must be at least 18 years old, id must be the age of legal responsibility in that country			
PARTICIPATION		You can take part in more than one Mosaic project				



THE YOUTH MEETING PROGRAMME

WHAT IS YOUTH MEETING?

Youth Meeting is a short regional camp featuring individual themes that allow young people to explore intercultural issues in a regional context. The programme reinforces core CISV values, builds leadership and organizational skills, while promoting continued CISV involvement. It can be either 8 or 15 days long.

The age range for delegations can be 12-13 or 14-15, and they travel with an adult leader; individuals can be 16-18 or 19+ and travel independently.

Theme development is the backbone of the programme.

KEY CHARACTERISTICS OF THE PROGRAMME

- Must have a theme and most of the activities should be related to this theme
- Participants are encouraged to plan and lead the activities depending on their ages
 - >> 12- and 13-year-olds like to participate in planning activities but have not yet developed the skills to do it on their own completely so they can work in groups with adult involvement, but the adults run most of the activities
 - 14- and 15-year-old are more independent in planning activities, especially if they have already participated in a CISV programme so leaders and staff participate in the planning group and provide assistance as needed
 - >> 16-18 and 19 + participants should plan on their own
- Staff is encouraged to plan the first and/or second day of the camp
- During the camp, staff can create and/or run activities related to the theme, so participants can have activities as role models and can guarantee the achievement of the educational goals in a short time

HOW YOUTH MEETING DEVELOPED AND IS AN INTEGRAL PART OF CISV

The Youth Meeting programme started in 1969 as 'Christmas Meeting' activities. They emerged from mini-camps arranged by Chapters for their Junior Branch members. These proved to be successful so the duration of these projects was extended and they were hosted during major school holidays. They started nationally, became international, and the educational content developed accordingly. Because of the short duration of the camps, most were seen as regional activities, hosted in Europe.

In 1991, Youth Meeting became an activity and in 2008 Youth Meeting became an official programme.

OUR GENERAL PROGRAMME RULES

Each CISV programme is designed to play a distinct role in achieving CISV's educational purpose. As members of a global organization CISV NAs have a responsibility to promote, host and participate in all of the CISV programmes.

As an organization working mainly with children, CISV must always have the health, safety and well-being of its participants and volunteers as its highest priority. To support our goal of building inter-cultural understanding, we must try to provide an environment where participants, and their families, are free from worry about basic concerns of health, safety, legal issues, discrimination, bias, racism and homophobia.

Programme coordinators, host families, staff and adult delegates all serve as guardians of the children given into our care to participate in CISV's educational programmes. CISV programmes must further observe differing cultural, legal, ethical and educational perspectives. If families and participants do not have confidence in our integrity as an organization and in our ability to run high-quality, safe programmes, then we will have no participants or programmes.

BASIC CISV PROGRAMME RULES

See InfoFile **C-03 Programme Basic Rules** for the complete set of basic rules for all programmes.

CISV's guidelines on behaviour and cultural sensitivity can be found in InfoFile R-07 Behaviour Policy.

The rules and procedures developed and adopted by CISV for all aspects of the organization are intended to maintain or improve our operations and programmes. This is as true of rules about the age of leaders as it is of rules about educational and training standards and rules about what insurance we must have in place.

CISV's international programmes MUST be developed in accordance with CISV rules and policies. It is important that persons in a position of responsibility within CISV, internationally, nationally or locally are familiar with all the CISV rules and procedures and adhere to them at all times.

All policy statements and Guides containing additional rules that are specific to each programme must also be followed. Where there are any differences between InfoFile C-03 and the Guides, C-03 is the authority (please notify the International Office (IO) if you notice any differences between a Guide and C-03).

NAs are free to adopt stricter or additional standards for their own Chapters and members (as long as they do not contradict CISV rules). However, no NA may impose stricter or additional requirements upon any other NA.

DATA PROTECTION

CISV takes the privacy of our participants and volunteers seriously and we strive to ensure good data protection practices in all parts of our organization. CISV International makes continual efforts to respect your privacy and to be clear with you about the type of data we will need from you, how we will use it, and for what reasons.

The **Data Protection Mini-Guide** summarises and explains CISV's approach to data protection.

The <u>Data Protection and CISV Forms</u> details how we gather, use, store, destroy, and archive the data we collect in the forms related to our international programmes. This document is particularly useful to the staff, leaders, and local contact persons for our programmes.

More information can be found at **Data Protection**.

COMPLYING WITH LEGAL REQUIREMENTS

As an international organization, CISV exists in 70 countries. CISV's International Office (IO) is based in Great Britain and must observe the laws of Great Britain. National Associations (NAs) and their Chapters must observe the laws of their own country/province/state/city. It is, therefore important that NAs and Chapters find out about the relevant laws that govern how they can operate and deliver CISV programmes.

It is the responsibility of each NA to ensure that all their Chapters comply with CISV basic rules and legal requirements. NAs/Chapters are responsible for organizing the practical aspects of the programme and ensuring that all health and safety and risk management issues are addressed.

RISK MANAGEMENT RESPONSIBILITIES OF CISVERS

CISV International has an International Risk Manager who works with the Secretary General and the Governing Board. Each NA and Chapter must also have a risk manager. Details of their responsibilities are found in InfoFile <u>U-14 Model Role Profile - NA or Chapter Risk Manager</u>. However, risk managers are not the only ones responsible for risk management in the organization. Every CISVer has some level of responsibility for risk management and has further responsibility for notifying their risk manager of any concerns they may have or incidents they may have witnessed.

As an organization, CISV must take reasonable action to meet both legal and CISV International requirements in a timely and accurate way. We must understand that in many countries, both CISV and its volunteers can be held legally responsible for negligence or lack of care or attention. Individuals are personally liable for criminal violations in any country.

If we do not manage risk in a reasonable and responsible way, we increase the possibility of incidents and crises. We also expose the organization to claims of liability and, most importantly, we risk endangering the very people with whom we seek to work.

ORGANIZATIONAL STRUCTURE FOR PROGRAMME ADMINISTRATION AND SUPPORT

Our purpose, to educate and inspire action for a more just and peaceful world, is why CISV exists. Our peace education programmes are the main way we achieve that purpose, so the programmes are the focal point of our structure and operations.

WHO'S WHO INTERNATIONALLY?

At CISV International, those most involved with programmes are the Educational Programmes Committee, the Regional Delivery Teams for Educational Programmes and the International Office (IO) Administrative Coordinators. The Committee works with policy, strategies and evaluation of our programmes as a whole. The Regional Delivery Teams provide training and advice to our NAs, Chapters, programme staff/LICs, supporting them to host and participate in programmes. Most of the administrative work to enable NAs to host and participate in our programmes is done by the IO. We all work with other Committees and Regional Delivery Teams in order to ensure the quality of our programmes.

INTERNATIONAL OFFICE (IO)

The IO communicates with NAs through the National Secretary. All mailings (paper or electronic) are sent to the National Secretary, who then distributes the material to the appropriate people within that CISV Association.

The IO is responsible for centralising the administration (invitations, paperwork, reporting, etc.) for all CISV's international programmes. This is handled by the Administrative Coordinators. For more information on the IO, see www.cisv.org.

Hours of Operation

The office is open Monday – Friday FROM 08:00 TO 17:00 (EXCEPT FOR U.K. PUBLIC HOLIDAYS).

Contact Us

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EDUCATIONAL PROGRAMMES COMMITTEE

One of the standing committees of the CISV International Governing Board, the Educational Programmes Committee is responsible for input to the Board on policy, standards, strategic development and monitoring, focusing on ensuring quality and growth of CISV's educational programmes through training and programme hosting support across all Regions. The Educational Programme Committee will cooperate closely with the other Standing Committees of the Board within areas of shared responsibility.

Responsibilities:

develop and uphold strategies for programme development

- develop and uphold standards for programme content and delivery
- develop and maintain effective guides and materials for programme content and delivery
- develop and maintain content for programme training
- provide programme content and perspective on the methods of programme evaluation and ensure that programmes are evaluated

For more information, see Terms of Reference - Educational Programmes Committee.

REGIONAL DELIVERY TEAMS FOR EDUCATIONAL PROGRAMMES

There will be an Educational Programmes Regional Delivery Team in each CISV International Region to provide hands-on support and training to CISV NAs and Chapters. The Regional Delivery Team is the main interface between the International Educational Programmes Committee and Governing Board and CISV NAs and Chapters.

The number of members and priorities within each Regional Delivery Team may differ in accordance with the needs of the Region. However, each Team will include expertise and trainers in the areas of educational programme content and delivery. Each Team will also have a Coordinator and Alternate Coordinator who will be the main contact for the Committee and Senior Manager.

Responsibilities:

- help NAs and Chapters to understand and apply programme rules and policy and give essential input to the Educational Programmes Committee based on day-to-day experience
- help NAs and Chapters to understand and be part of programme strategy and give essential input to the Committee based on day-to-day experience
- use and encourage NAs and Chapters to use CISV International programme guides and educational materials. Give essential input to the Committee on the effectiveness of these materials
- provide programme training to NAs and Chapters and give essential input to the Committee regarding the effectiveness of the training and training materials
- provide proactive and responsive guidance to NAs and Chapters on programme-related matters
- help NAs and Chapters to use approved programme evaluation methods and to understand results. Refer questions as needed to the Committee and refer risk management matters to the Regional Risk Manager

For more details and information, see <u>Terms of Reference - Regional Delivery Team - Educational</u> <u>Programmes.</u>

PROGRAMME ORGANIZATION ON A NATIONAL OR LOCAL LEVEL

Every NA of CISV must have a national programme coordinator/committee, ideally with members from all Chapters. The size of this committee depends on the NA's individual situation, as each is structured differently. Some NAs have one Chapter; others have several. So, in some NAs, the local and the national levels will be the same; in others, they will be separate. In multi-Chapter NAs, it has been shown to be more efficient to have a local programme committee, working in close cooperation with the national programme committee throughout the year, with some of its members taking part at the national level as well. It is up to the NA/Chapters to organize themselves to manage the work of hosting, including:

- dealing with invitations to programmes inside and outside of their NA, and involving participants from their NA
- handling CISV correspondence relating to all programmes

- dealing with international fees
- organizing and funding programmes

OBJECTIVES OF NATIONAL / LOCAL PROGRAMME COORDINATOR / COMMITTEE

The National Association formally organizes the programme, but in most cases this is delegated to the Chapter and local programme coordinator/committee. This committee must report to the Chapter/national board. As in every CISV programme, decisions can only be taken within the framework of CISV's international guidelines for programmes.

Please refer to the role profile of NA/Chapter programme coordinator (usually the chair of the NA/Chapter programme committee) at InfoFile <u>U-20 Model Role Profile - NA or Chapter Programme Coordinator</u>. The objectives of the national /local programme committees are to:

- promote the specific programme, nationally and locally
- recruit and select participants
- assist in staff recruitment
- train home staff or arrange for them to attend Regional Training Forums
- help prepare and provide support for programmes
- evaluate programmes held nationally
- keep administrative contact with, and give feedback to, IO and the relevant Regional Delivery team
- comply with administrative deadlines
- encourage local participants to become actively involved in their local Chapter
- keep records of previous programmes (being careful to keep appropriate documents confidential and destroy them after the period of time required by the law of the country)
- ensure there are participants from the host NA at each programme

YOUTH MEETING / ROLE PROFILES

	Introduction	Role Profiles	Hosting Before	Hosting During	Sending	Education & Evaluation
Staff	•	•	•	•		•
Leader	•	•		*	•	•
Family	•	•			*	
Participant	•	•			*	
Chapter/NA person with programme responsibility	•	•	•	•	•	•

ABOUT THIS SECTION

The responsibilities and tasks for each role have been divided into 4 different areas:

- Administration
- Educational Content and Training
- Communication and Assistance
- Practical Responsibilities

Additionally, you will find small letters in brackets at the end of most responsibilities which indicate the timeframe in which these should be fulfilled:

(p)

Permanently (to be considered before, during and after the programme)

(b)

Before the programme begins

(d)

During the programme

(a)

After the programme

ROLE OF CISV INTERNATIONAL

Every year CISV has thousands of participants and over 200 programmes taking place internationally. All of them are organized and run by local Chapters and staff. CISV International does the overall global coordination.

As an NA plans, hosts or participates in a programme, questions may arise. If the answer is not in the Programme Guide or InfoFile <u>C-03 Programme Basic Rules</u>, ask your Chapter or NA programme coordinator/committee

IO can help with questions relating to administration, forms, invitations, fees and procedures.

Regional Delivery Teams for Educational Programmes exist to support NAs on issues relating to the programme, the planning, the educational experience, and the outcomes.

See Terms of Reference - Regional Delivery Team - Educational Programmes for more details.

ROLE OF NATIONAL ASSOCIATION AND CHAPTER

NAs and Chapters organize themselves in different ways. It is up to the NA and Chapter to find the best ways and structures to streamline programme activity within the NA and its Chapters. As Chapters deliver programmes, this Guide will focus on the role of Chapter volunteers and their interaction with the programme staff or with the LIC.

The role of the programme coordinator (sometimes called organizer or planner) differs from programme to programme, from Chapter to Chapter, and from NA to NA. However, there are common elements and responsibilities that are shared.

The programme coordinator has the following responsibilities:

Administration

- Ensure that programme deadlines are met for hosting and sending, programme fees, and penalty fees
- Be up-to-date on sending opportunities and act on them as needed
- Ensure that invitations are assigned, filled or returned
- Ensure that selection of programme participants take places in line with International guidelines
- Ensure that recruitment and selection of leaders and programme staff takes place in line with International guidelines
- Coordinate with the relevant parties in the NA to ensure that all programme forms, reports, and official documents are submitted to IO and/or other NAs on time
- Ensure that programme rules and guidelines are observed

Educational Content and Training

- Be current with CISV educational principles and content
- > Be familiar with the specific programme, its goals and structure

Communication and Assistance

- Work with the NA Board to develop a long-term hosting and sending plan for the programme in line with the Global Programme Hosting Plan
- Liaise with the IO and the Regional Coordinators for Chapter Development should there be any changes to the hosting plan
- Liaise with the treasurer to ensure that all programme fees and penalties are understood and paid, and any host fees are recovered
- Liaise with the training coordinator to ensure that participants, families, leaders and staff receive appropriate training prior to participation in a programme
- Liaise with the myCISV coordinator to ensure that participants, leaders and assigned to the relevant programme on myCISV.
- Work with the Risk Manager in planning the programmes, assessing sites and activities and ensuring that CISV International rules are followed (e.g. completion of forms, dealing with and reporting any incidents)
- Provide support to the staff/Interchange leaders before, during and after the programme

- Work with the training coordinator to ensure that follow-up evaluations are conducted with the participants, families, leaders and staff after the programme
- Liaise with the Regional Coordinators for Educational Programmes and IO as needed

Practical Responsibilities

Promote the programme to encourage growth in hosting and sending

See InfoFile <u>U-20 Model Role Profile - NA or Chapter Programme Coordinator</u> for more details.

ROLE OF HOST CHAPTER

The host Chapter and programme staff should share the expectations they have for the programme. A meeting between the host Chapter and programme staff is good for working out expectations and help ensure cooperation during the programme.

The relationship between the host Chapter and the host staff must be developed in a way that works best for the host Chapter/NA. Once developed, the relationship must be documented so that everyone can get an overview of how things are supposed to work including the lines of responsibility. A role profile for each committee and staff member helps everyone to understand their specific contribution to the successful running of the programme.

As soon as the staff starts working, they should inform the host Chapter about any special needs or requests for the programme, (e.g., equipment or excursions).

Arrangements for the arrival of participants at the site and their accommodations are the joint responsibility of the host Chapter and home staff.

The staff and participants of a programme are an educational unit. To protect the educational unit, the Chapter and NA should try to interfere as little as possible with the day-to-day life of a programme. The role of the host Chapter during the programme is to support it in practical ways and cooperate with the programme staff. This gives the staff and the participants the opportunity to develop a good environment for the programme. Home staff should be released from any local work that would take them away from their programme responsibilities. During the programme, the staff may need to contact the Chapter for advice and they may, in turn, need to contact the NA. The Regional Delivery Teams for Educational Programmes and the IO can also serve as advisors to the NAs and Chapters in special situations. They should be contacted as needed.

ROLE OF LOCAL PROGRAMME COMMITTEE

The local programme committee is made up of people who are not going to run the programme, but who play a key role in planning and supporting the programme staff or Interchange leaders during the programme. These are some areas where the help of the programme committee is required:

- Finance (budget)
- Kitchen (food and service for the programme or mini-camp site)
- Tours and transportation
- Accommodation (programme or mini-camp site, host homes)
- Communication, promotion and publicity
- Health and safety
- Materials (including requests from delegations/participants)
- General supplies
- Laundry (if there are no facilities on site)
- Special events (e.g. special trips, Open Day)
- Research
- Programme policies (e.g., visits from Chapter)
- Site/home security
- Inclusion

Hospitality of Participants

A host Chapter may be asked to host participants (for no more than two days before and after the programme dates) where travel arrangements cannot be made for the specific starting and ending dates. Alternatively, the Chapter is expected to help participants make hotel arrangements.

Designated Arrival Point for Participants

The designated point of arrival stated in the Pre-Camp/Interchange information is where participants are expected to arrive. The host Chapter is responsible for providing transportation from the point of arrival to the programme site/host family homes and back.

Points to Consider

- Choose a committee structure that will work best for your Chapter
- The committee structure should be documented so that everyone can see how things are expected to work
- A role profile should be prepared for each of the committee tasks (note that one person may be responsible for two or more tasks) to avoid working at cross-purposes or duplicating functions

Clear division of work between the Chapter and staff or between LIC and Interchange leaders should be made to help prevent uncertainties and disagreements about who is responsible for what and should be agreed upon in a common meeting at the beginning of the preparations.

ROLE OF PROGRAMME STAFF

The programme staff needs to discuss responsibilities, set expectations and agree on how they will accomplish their roles. The majority, or at least half, of the host staff for a programme must be from the host NA (preferably the host Chapter).

RESPONSIBILITIES

Staff members have the following responsibilities:

Administration

- Follow all national and local laws, and CISV rules and guidelines (p)
- Distribute Pre-Camp information by international deadlines (b)
- Report any incidents using the Incident Report Form and submit to Chapter/National Risk Manager and IO (d)
- Complete the Programme Director's Planning and Evaluation Form (**PDPEF**) and submit it within the deadline given (d,a)
- Complete required and relevant forms and submit to IO (d,a)

Educational Content and Training

- Participate in and fulfil the requirements of CISV training (b)
- It is strongly recommended that at least one staff member has prior experience as a Youth Meeting leader or staff, or have attended Youth Meeting training at a Regional Training Forum (b)
- Understand and be committed to CISV's vision, purpose and principles (b)
- Oversee programme planning to ensure that CISV educational principles and programme goals are being met and upheld (b,d)
- Complete the CISV Safeguarding Certification at CISV Elearning (b)

Communication

- Use personal skills in ways that complement the skills of others (p)
- Support other staff, leaders and participants (p)
- Deal with problems in a discreet and responsible manner (p)
- Seek and facilitate active participation from all leaders/participants (d)

Practical Responsibilities

- Ensure the site is fully prepared (b)
- Provide first aid and support to the participants and leaders (b,d)
- Follow CISV procedures if a crisis arises (b,d)
- Treat information on the site in a confidential manner (b,d)
- Accompany anyone who is injured or is ill for medical intervention (a hospitalised participant should be accompanied by a Chapter representative or staff at all possible times) (d)

- Coordinate the daily running of the programme (d)
- Maintain hygiene and other health and safety standards in the campsite (d)
- Manage participant contact with outside parties (d)

Some of these responsibilities will be shared with the Chapter Risk Manager or Chapter.

Points to Consider

- **Year** Key to success is understanding and promoting CISV's purpose and principles
- Ensure that the programme provides a conducive atmosphere for positive experiences in multicultural living
- Foster the development of cooperation, sharing and respect among the participants as they learn to know each other
- Create a model of a peaceful global society, where everybody gets the opportunity to participate in creative decision-making
- Ensure that everybody leaves the programme with a growing understanding for and appreciation of different cultures
- Inspire and challenge participants to work actively for peace on a local or global scale when they return home
- Compile a Pre-Camp information pack, which gives the participants an idea of what to expect in the programme
- Be responsible for the organizational structure of the programme
- Provide the opportunity for participants and leaders to influence the organization or daily routine of the programme
- Encourage open communication and establish relationships between participants
- > Show a positive interest in everyone and discourage favouritism and biases during the programme
- Show full attention and care for the well-being of all participants
- Safeguard all participants and leaders from discrimination, racism and homophobia



SPECIFIC RESPONSIBILITIES OF THE YOUTH MEETING STAFF

Administration

Make sure all participants and staff have brought all necessary forms (d)

Educational Content and Training

- Attend necessary training from the local/national/regional/international levels (b)
- Decide on the theme and begin to develop icebreakers for the camp.
- Fill in the theme questionnaire and send it to the Regional Delivery Team for Educational Programmes for feedback (b)
- Support participants and leaders in organizing activities utilizing the theme (d)
- Encourage the youth to develop leadership skills through participation in the planning (d)
- Run sessions during Youth Meeting to evaluate, discuss, and understand others (d)
- Support delegates as they settle in and facilitate their educational process (d)
- Plan a time for the participants to fill out evaluations (d)
- Actively participate in the activities (d)

Communication and Assistance

- Communicate with participants, local Chapter and the NA about site, personnel, special needs, travel plans, home stay needs, etc. (p)
- Communicate with the host Chapter and/or NA about financial arrangements (p)
- Maintain regular contact with the host Chapter (p)
- Communicate with the Regional Delivery Team for Educational Programmes

Practical Responsibilities

- Respect the rules of the host Chapter and contribute to programme development (b,d)
- Take an active part in the development of the Youth Meeting (e.g., leaders' meeting, activities, and social interactions) (d)
- Encourage participants to respect the Youth Meeting content and schedule (d)
- Promote respect for customs, rules/laws and policies (d)
- Make participants aware of the rules and policies (d)
- Continue involvement in CISV activities and programmes(a)

RESPONSIBILITIES OF THE PROGRAMME DIRECTOR

The Programme Director has a key role within the staff group in IPP, Seminar Camp, Step Up, Village and Youth Meeting. In Interchange, the corresponding role is the Local or National Interchange Coordinator (LIC/NIC). The responsibilities can be divided into two distinct areas – the staff group and risk management.

The overall responsibility of the Programme Director is to ensure that the staff group as a whole is functioning well and that the group is carrying out its responsibilities effectively. It will, therefore, be important for the Programme Director to inspire and build a strong and effective staff team and make sure that tasks are delegated and shared within the group.

Note that the Programme Director is also a member of the staff team. And while there may be occasions when the Programme Director needs to make the decision, ideally, most decisions are discussed and taken together. For group dynamics reasons, the staff may choose to interact with the participants simply as 'the staff group' and not highlight their formal roles.

With regards to risk management specifically, the Programme Director must:

- > serve and be considered as the single point of contact externally (towards the Chapter) for all serious issues while the programme is running
- receive and understand the crisis communication plan at the start of the programme to see where they and the programme staff fit into the plan
- have an appreciation of the local and wider risk management network that should be in place to support the programme and whom to contact in a crisis or emergency
- receive a copy of the completed Risk Management Checklist Report by the Chapter Risk Manager no later than by the third day of the programme



ROLE AND RESPONSIBILITIES OF PARTICIPANTS

Because of the different age groups of Youth Meetings, the youths who participate in a camp in a delegation have different responsibilities from those attending as individuals.

12-13 AND 14-15 YEAR-OLD PARTICIPANTS

The participants of these age groups travel as part of a delegation with an adult leader.

The participants have the responsibility of planning and organizing activities appropriate for their age range. Planning can be done in a variety of ways such as:

- by delegations or planning groups
- by brainstorming
- by group discussions
- by creating a daily schedule or a camp calendar
- by developing lists based on interests and need
- by using activities pre-planned by delegations
- by considering use of locally available resources
- by considering spontaneous suggestions

16-18 AND 19+ YEAR-OLD PARTICIPANTS

Youth Meetings for the 16-18 and 19+ age groups are run by participants. It is their responsibility to plan and organize activities.

Administration

- Follow all national and local laws, and CISV rules and guidelines (p)
- Make sure to have a copy of the certificate or notice (it can be called both) CISV Travel Insurance and carry this document during travel (b)
- Plan for travel, passports and visa requirements as soon as possible or at least 8 weeks prior to travel (b)
- Have properly signed legal and health forms and carry these documents during travel (b)
- Arrange vaccinations, medications/prescriptions (including prescription glasses), money (b)
- Register on myCISV (b,d)

Educational Content and Training

- Participate in programme preparation in your home NA/Chapter (b)
- Understand the purpose and goals of the Youth Meeting programme (including the importance of theme development and that it is an intense programme) (b)
- Prepare for and understand the theme and develop appropriate activities (b.d)
- Keep in mind the importance of cultural sensitivity in every activity (d)
- Participate in the planning and facilitating of activities (d)
- Participate actively in all activities (d)

Communication and Assistance

- Respond to Pre-Camp information giving feedback to the staff (b)
- Communicate with the programme contact person or the Programme Director about special diets, health restrictions, religions services needed (b)
- Evaluate and discuss problems with others and try to understand their point of view (d)

Practical Responsibilities

- Take an active part in the programme, including activities and social life
- Contribute to organizing and facilitating the programme (d)
- Keep mentally and physically fit and get enough rest (d)
- Respect programme and timetable (be on time) (d)
- Participate in daily evaluation of the programme (d)
- Help other participants develop leadership skills and encourage their involvement in the Youth Meeting (d)

ROLE OF LEADERS

- Provide supervision and care for participants during travel and throughout the programme
- Participate in training to prepare for their role and apply the principles taught in this training to the programme
- May have specific responsibilities for the travel arrangements and preparation of a delegation prior to the programme
- Support the programme staff/LIC and actively participate in programme activities
- Have shared/total responsibility for planning and running educational activities during the programme



ROLE AND RESPONSIBILITIES OF DELEGATION LEADERS (FOR AGES 12-13 AND 14-15)

Administration

- Check that participants have properly signed legal and health forms, have upload a copy to myCISV, and carry a copy of these documents during travel (b)
- Make sure to have a copy of the certificate or notice (it can be called both) CISV Travel Insurance and carry this document during travel (b)
- Plan for travel, passports and visa requirements as soon as possible or at least 8 weeks prior to travel (b)
- Arrange vaccinations, medications/prescriptions (including prescription glasses), money (b)
- Liaise with the myCISV Coordinator to ensure that all participants are registered and assigned to the programme on myCISV (b,d)
- Report any incidents using the **Incident Report Form** and submit to the Chapter/National Risk Manager and the IO (d)
- Prepare a proper accounting to parents after the programme and attach necessary supporting papers such as receipts, bills, etc. (a)

Educational Content and Training

- Participate in leadership training in your home NA/Chapter for the appropriate age group (b)
- Understand the purpose and goals of the Youth Meeting programme (including the importance of theme development) (b)
- Follow all national and local laws, and CISV rules and guidelines (p)
- Participate in the planning and facilitating of activities (d)
- Encourage youth to take an active part in planning activities (d)
- Complete the CISV Safeguarding Certification at <u>CISV Elearning</u> (b)

Communication and Assistance

- Introduce families to CISV goals and educational approach (b)
- Meet with individual families and get to know each delegate (b)
- Ensure the delegates understand their role and set expectations (b)
- Provide practical help with handling money, health and laundry (d)
- Support delegates as they settle in at the programme and interact with other participants (d)

- Facilitate and help participants in planning and leading the activities based on the theme (d)
- Respond to Pre-Camp information giving feedback to the staff (b)
- Communicate with the programme contact person or the Programme Director about special diets, health restrictions, religious services needed (b)
- Evaluate and discuss problems with others and try to understand their point of view (d)

Practical Responsibilities

- Understand and fulfil the practical responsibilities related to the leader role (as a legal guardian, caregiver, and role model to the delegates) including travel to and from the host programme (b,d)
- Contribute to organizing and facilitating the programme (d)
- Keep mentally and physically fit and get enough rest (d)
- Take an active part in activities and leaders' meetings (d)
- Respect programme and timetable (be on time) and be a good role model (d)
- Participate in daily evaluation of the programme (d)

YOUTH MEETING / HOSTING BEFORE

	Introduction	Role Profiles	Hosting Before	Hosting During	Sending	Education & Evaluation
Staff	•	♦	•	•		•
Leader	•	♦		*	•	•
Family	•	♦			*	
Participant	•	♦			*	
Chapter/NA person with programme responsibility	•	•	•	•	•	•

ADMINISTRATION FOR HOSTING THIS PROGRAMME

ADMINISTRATIVE RULES

All CISV programmes must be organized in accordance with the administrative rules set out below and in InfoFile C-03 Programme Basic Rules.

CISV'S GLOBAL PROGRAMME HOSTING PLAN

One of the most important strategic commitments CISV has made is to host and participate in a sustainable way. In this way CISV can reach more and more people with its unique peace education programmes.

CISV plans three years in advance and states the minimum target number of programmes, globally and regionally. The plan is reviewed and approved annually and can be found on www.cisv.org. The plan is based on input from NAs, the Chapter Development Committee, the Educational Programmes Committee and the International Office (IO). The Regional Coordinators for Chapter Development play a key role in ensuring that regions plan effectively and deliver the programmes that they have committed to hosting. If there are any changes, the statistical information is gathered by the IO (via the Regional Coordinators for Chapter Development) and updated regularly, so that we keep track of actual hosting figures and maintain a realistic view three years ahead.

An NA should plan its hosting in consultation with the Regional Coordinators for Chapter Development. Each NA's hosting plan is included in the global programme hosting plan.

DETAILS OF HOSTING OFFERS

The global programme hosting plan contains basic information; type of programme, hosting year, and hosting NA. Next NAs need to confirm the information and get the full hosting details, such as Chapter name, programme dates, age group, airport code of the nearest international airport and the maximum number of invited participants.

NAs provide these details one year in advance by filling in and returning the Host and Participant Data Sheet (one for each of the seven programmes) to the IO. This information is due on 1 June the year before the programme hosting year. NAs planning to host an IPP provide these details by submitting a completed IPP Action Plan Form to the IO by 1 May.

At this point an NA should have:

- a suitable site, available for booking
- assessed the availability of people willing to work for their programme (from the Chapter)
- guaranteed finances for the programme
- identified potential home staff

PROGRAMME HOSTING OFFERS

Before an NA offers to host an international programme, the NA/Chapter must consider whether it has the ability/space/volunteer commitment to enable it to host. Once the NA has confirmed its programme plans, CISV International relies on that information and everyone plans accordingly. If a host NA decides to change dates or cancel a programme, penalties are assessed (see section on Penalties for Cancellations/Changes). CISV International will consult with the NA if there are concerns regarding their ability to host.

If needed, the International Office may contact host NAs to ask about adjusting dates or changing age groups if they feel it might create a better spread of programmes or uptake. The host list is then finalised by the IO.

The IO coordinates the process of inviting NAs to participate. Starting the end of January of the hosting year, the IO will update host NAs regarding which NAs will be sending participants to their programmes.

PROGRAMME CO-HOSTING

Two National Associations can decide to host a programme together. This is done when one or both NAs do not have sufficient resources or hosting experience to host on their own. If two NAs decide and agree to cohost a programme they need to inform the Regional Teams for Chapter Development as well as indicate this in the relevant Host and Participant Data Sheet.

Co-hosting a programme is an opportunity to make a programme happen while also benefitting from the cooperation, help, and support from another NA. It can develop relations between the NAs and also result in more diverse programmes.

It is very important that both NAs identify their official contact persons and start communicating with one another early on to plan and document the nature of their cooperation. This will include agreeing on matters such as host location, budget arrangement, general support, programme staff, hospitality points, etc.

It is strongly recommended that partnering NAs are from the same region.

In some cases, when the need for host support does not require co-host, a host buddy can be an alternative. A host buddy is a NA with strong hosting experience and knowledge that can act as a mentor. A host buddy would touch base with the NA throughout the planning process to ensure that things are on track, while also being available in the host has questions or doubts.

A hosting Promotional Association must have a co-host or a host buddy...

See **Co-Hosting Guide**.

FINANCES FOR HOSTING

Each programme should have a treasurer. This person may be the Chapter treasurer and should have the ability to manage financial/banking needs of the programme.

The programme budget is vital and should be carefully discussed in the Chapter and with programme staff or LIC. It is helpful for Chapters that have hosted previously to use figures from past programmes to help forecast costs.

Fundraising and seeking contributions in-kind are essential parts of hosting most programmes. Interchange host families pay for their programme, which they organize under the supervision of the LIC and leader(s).

In programmes with host fees, these contributions will assist in covering the costs of the programme. They may not, however, be sufficient to cover all the costs. Chapters may wish to consider seeking free accommodation/food/excursions, donations or grants from government or other funding organizations. Before a Chapter agrees to host a programme, they must have financing and fundraising plans in place.

During the programme, the treasurer should check regularly that costs do not exceed the budget. It is a good idea for the treasurer to check on the budget once a week with Chapter and staff representatives.

INTERNATIONAL FEES

The bulk of funding for the work of CISV International (including the IO) comes from membership fees contributed by NAs and from participation fees paid by participants in CISV international programme. These fees help to pay for the overall supervision, administration, training and management of all programmes by Regional Delivery teams, international committees and the IO. Each year, the Governing Board reviews the budget and participation forecasts and determines the fees for the following year's programmes.

WHEN HOSTING A PROGRAMME

The NA/Chapter must raise funds to cover the costs of hosting the programme. Interchange families bear the cost of their programme, although in some cases the NA/Chapter provides assistance.

For all international programmes except Interchange, the international fees paid by participants include a host fee. This host fee is a contribution to the hosting costs. It is collected by CISV International and credited to the host NA. This credit will appear on the NA's quarterly statement that is issued by the IO.

For current participation and host fee information, see InfoFile **C-10 CISV International Fee Structure** on www.cisv.org. Fees are billed to the participants' NAs. Note that fees that apply to staff will be invoiced to the host NA. Fees are collected by the IO on behalf of CISV International. This will cover part of the hosting cost.

For help and ideas on fundraising, refer to the **CISV Fundraising Guide**.

PENALTIES FOR CANCELLATIONS / CHANGES

Once the NA has confirmed its programme plans, CISV International relies on that information and everyone plans accordingly. So, when an NA decides to change dates or cancel a programme, this can cause significant difficulties for participants around the world. As a result, penalties are imposed on host NAs for late programme cancellations and late date changes. For full information see InfoFile C-11 Programme Cancellation and Penalty Fees on www.cisv.org.

BASIC BUDGET RULES / ITEMS

All expenses for staff, leaders and participants (except personal spending money) are to be covered by the programme budget. Any staff pre- and post-programme administrative expenses, as well as pre and post meeting costs, are to be included in the budget.

Lodging and meals connected to special events planned by the hosting Chapter for staff, leaders and JCs during the leaders' orientation, leaders' night out, leaders' weekend or at any time during the programme must be covered within the programme budget. Under no circumstances are these expenses to be charged to staff, leaders or JCs. Alcohol or other extras are not included and are considered personal expenses.

Transportation to and from the designated arrival point (stated in **Pre-Camp 1**) must be paid by the hosting Chapter.

All excursion costs (except personal spending money) must be included in the budget. Participants must not be asked to pay extra money to go on excursions. Note that with Interchange, it is usually the hosting families (not the NA/Chapter) who provide the funds in the budget.

Many programmes will design their own camp-shirt. In some programmes the host provides it as a gift to all participants, and in some programmes the participants can buy it. Where participants have to pay for the camp-shirt it is strongly recommended that the shirt be sold close to production cost, and that it not be used as a means to generate income to the programme or host Chapter. Though camp-shirts are not mandatory in CISV programmes, there often is an expectation that a camp-shirt will be available, and participants may feel obligated to buy it.

SAMPLE OF BUDGET COMPONENTS

Income (Possible Sources)

- Host fees (where applicable)
- Donations/grants
- Contributions in-kind (sites, materials, food, etc.)
- Financial contribution from NA
- Financial contribution from Chapter

Expenses

- Pre-and post- programme staff meeting expenses
- Staff training
- Travel and expenses for trainers and home staff
- Accommodation for participants and staff
- Site rental
- Site insurance, if not included in lease
- Food/drinks (3 meals per day, plus at least 1 snack per day)
- Materials (for activities and/or other programme purposes)
- Arts and crafts
- Sports equipment

- > Flip charts, paper, markers, pens, pencils
- Hygiene, health, and safety supplies
- > Cleaning and maintenance of the site, including equipment and materials
- Laundry facilities and supplies
- First aid supplies
- Security
- Administration (photocopying, phone, e-mail, postage prior to, during and after the programme)
- Excursions
- > Transportation (including insurance)
- Entry fees (to any places of interest visited during excursions)
- Miscellaneous
- Unexpected expenses

ACCOMMODATION AND CAMPSITE

Hosting a programme usually starts with finding a site. Ideally the site is ready for booking immediately after the hosting offer has been accepted and confirmed (shortly after the Host and Participant Data Sheets have been submitted to the IO by 1 June, or 1 May for the IPP Action Plan form, in the year prior to hosting). All facilities must comply with local/national health and safety and building laws. See below for details of standard requirements.

CHOOSING THE CAMPSITE OR HOST HOME

(These basic standards also apply to homes where participants stay for weekends or for Interchanges.)

The NA/Chapter must choose an appropriate site. The programme environment and the site must be conducive to a safe and healthy programme. The National or Chapter Risk Manager must also assess the site and report on its suitability to the National Risk Manager, using the <u>Risk Management Checklist – All Camp Programmes</u> or <u>Risk Management Checklist – Interchange</u>. The standards required of a programme site are set out below.

The site must be clean, safe, meet local health and safety requirements and must be adequately insured. Staff, Chapter and site representatives should conduct an inspection of the site together before the programme so that any pre-existing damage can be noted and will not be considered the responsibility of the programme or the Chapter.

Together they should form a clear agreement on how to deal with any claims of damages, both before and after the programme.

The site must be near the supporting Chapter and within reasonable distance of medical assistance, shopping, banking and other necessary services. It should have defined boundaries and not be shared with other groups or travelling individuals, if at all possible (this includes both CISV and non-CISV groups). It is of great importance that participants are free from outside interference. If, for any reason, the site has to be shared with another group, ensure that facilities and meal-times are scheduled separately.

If the site is not easily accessible, the host Chapter needs to arrange for group transport from a common meeting point to the site. The designated meeting point is where the Chapter considers it reasonable and safe for delegations and participants to reach on their own, and that does not require local knowledge or extensive walking. Any travel cost after the designated meeting point should be covered by the host Chapter. To ensure that all delegations and participants arrive at the designated meeting point on time, the Chapter should provide a clear meeting time for the meeting point (airport, train station, bus station or other).

SITE INSURANCE

All programme sites must be insured. Whenever a Chapter leases or borrows a site for a programme, it is essential to check that it is insured. If the landlord does not provide insurance, the Chapter must purchase appropriate insurance. The Chapter should ask for the assistance of the National or Chapter Risk Manager when arranging insurance.

BASIC STANDARDS FOR SITES AND HOST HOMES

The preferred location for a site is in the countryside or a sparsely populated area, not too far from the supporting Chapter. Within a reasonable distance there should be medical assistance, shopping, banking facilities, and other necessary services.

Dormitory/Sleeping Facilities/Bathroom Minimum Standards/Requirements:

- Separate areas/rooms for adults and children, as wells as for the genders represented at the programme
- Sufficient space between beds and/or mattresses
- Mattresses (with or without frames), bed linens and pillows
- Lighting
- Ventilation / climate control appropriate to the climate/site
- Separate showers that allows for appropriate privacy for everyone
- > Separate toilets that allows for appropriate privacy for everyone
- Space for luggage
- Clean and sanitary conditions

Where the sleeping arrangements consist of mattresses without frames, it is important to take into account the site, the local environment, the age group and the duration of the programme, and to take any preparatory measures needed with respect to hygiene and comfort. It is also strongly advised to inform participants of the sleeping arrangements in the Pre-Camps.

Dining and Eating Facilities

- Separate dining area
- Sufficient tables and chairs
- Cutlery and dishes
- Adequate hygiene
- Meet health and legal standards

Food

- Three meals and at least one snack a day
- Sufficient quality and quantity of food, with a varied and healthy international diet
- Safe drinking water available at all times
- Provision for special diet requirements

Kitchen

- Sufficient cooking equipment and facilities
- Refrigeration facilities
- Adequate hygiene

Laundry

A place to wash and dry clothes, preferably a washing machine, and when this is not possible, external washing facilities must be arranged

Activity Room

- One room large enough for all participants
- Smaller areas for smaller group activities

Outdoor Facilities

- Free from health hazards
- Adequate space for activities

Office Space

- Telephone, fax or e-mail facilities
- Safe for valuables
- Room for staff to meet

Communications and Internet

- There should be at least two means of communications email and telephone. It is also recommended that at least one of the staff team have a mobile/cell phone, which could be used in emergencies if the regular telephone lines are unavailable.)
- > It is recommended that a computer with internet access be available to staff in all programmes
- It is suggested that where internet is available, and where it is deemed not to interfere with the programme, that leaders and JCs may also have access to the computer to check and send e-mails on a limited schedule

TRANSPORT

Any driver and vehicle must be licensed and hold the necessary insurance. At least one car should be available for the entire duration of the programme. At least one staff member must hold a full (eligible) driving licence and be appropriately insured, so that banks, hospitals etc. can be reached easily at all times. Participants are not allowed to drive during the programme.

Where buses are used for arrival, departure or trips, experience has shown that it is better to use one large bus instead of several small ones.

If there are bicycles at the site, it should be made clear that they are to be used only for practical purposes, such as shopping or group activities. The group atmosphere can be disturbed if individuals are able to reach locations independently. In all cases, the insurance situation for cycling in the country should be checked and be familiar to all staff members.

MEDICAL NEEDS

At least one staff member must have valid first aid and cardiopulmonary resuscitation (CPR) training, and first aid supplies must be available at the site. It is the responsibility of the host Chapter to ensure that this is the case. If there is access to water (pool, lake, etc.) at the site, there must be a lifeguard present if required by local/national law. The services of a hospital, doctor, dentist, nurse, psychologist, pharmacy must be available nearby. Ambulance services must be on call. It is also recommended that counsellors be available, should anything happen that would require their assistance.

If a participant is unwell, or injured to the extent that medical advice is required (beyond the basic first aid training of staff), any treatment given must be prescribed and provided by a medically competent person.

If a serious medical incident does occur, a CISV <u>Incident Report Form</u> must be completed and the accompanying instructions followed.

Consult the World Health Organization (WHO) website regularly to determine whether there are any travel warnings or advice in place. CISVers should avoid travel to (or itineraries with transfers in) locations where there is a WHO advisory against travel for any health reason.

Just prior to a programme, it is important that the host Chapter consults the WHO website and local authorities to determine whether any procedures or precautions are needed upon arrival of participants. The host Chapter must discuss these guidelines and responsibilities with programme staff and ensure that agreed procedures are followed.

Staff, leader and programme coordinators must be familiar with the <u>CISV International Mental Health</u> <u>Guide.</u>

RISK MANAGEMENT

In all Situations and at All Times, the Welfare of CISV Participants is Our First Concern.

Each host Chapter must have a Chapter Risk Manager and that person must be involved in the planning, preparation and running of the programme.

The National/Chapter Risk Manager should check that the necessary steps have been taken to provide for a programme using the Risk Management Checklist – All Camp Programmes or Risk Management Checklist – Interchange. This official international form must be used when a Chapter is hosting an international programme. Most of the questions must be addressed during the preparation of the programme. This report form serves as a final check by the Risk Manager. If completed by the Chapter Risk Manager, the report must be signed and sent directly by fax/post/e-mail to the National Risk Manager. The National Risk Manager must review and sign the form and include reference to it in their report to the NA board.

For the role of the Risk Manager and all other risk-related considerations, please see InfoFile section N and the Risk Manager role profile at InfoFile <u>U-14 Model Role Profile - NA or Chapter Risk Manager</u>.

BEING PREPARED TO ACT IF A CRISIS ARISES

When you are preparing to host a programme, there are many things to consider. Among them is what to do if something goes wrong, even seriously wrong – a crisis. Each crisis is unique, but as a group of people planning a programme, it is important to be prepared in case of a crisis, so it can be quickly recognised and addressed.

It is also very important, as part of planning for a programme, to consider and prepare a communications plan. For more information, see the **Crisis Communications Guide**.

TERMINATING A CISV INTERNATIONAL PROGRAMME

To terminate a programme means to close it down once it has started, but before its official end date. (Note that alternatively, cancellation takes place before the programme has started. Should it become necessary to terminate a programme, it is important to understand the responsibilities involved.

The decision to cancel or terminate a programme lies with the host National Association. It is imperative that the hosting National Association communicates with CISV International as soon as the risk for termination becomes real.

In all cases, the health and safety of participants is always CISV's top priority.

Prior to termination

In some specific cases, there may be an alternative to terminating the programme. If, for example, a campsite has suddenly become unfit for its purpose, but the host Chapter/NA deems it possible to continue the programme (while still achieving its goals) by changing the location and format that could be an option even if the circumstances are not ideal. This must be discussed with CISV International and any significant change, such as venue, must be communicated by the host to the sending NAs.

In other cases, if the situation in the programme concerns deteriorating group dynamics, prompt consultation with CISV International might help avert closure by, for example, the decision to send someone to the programme as a mediator. In addition, by having the host Risk Manager to initiate, the sending Risk

Managers may gain a better understanding of the situation and be able to support their leaders or participants to help make the programme successful.

Immediate steps when a programme is terminated

The host Chapter/NA must take the necessary actions required to keep the participants safe. The host Chapter/NA is also responsible for arranging for food, accommodation and assisting with any changes to return travel arrangements.

In the event of a serious crisis, CISV Travel Insurance provides crisis management advisors whom the Chapter/NA should consult.

The host Chapter/NA must inform CISV International about the situation as soon as possible. In addition to contacting the International Office, every attempt must be made to contact at least one of the following persons: Governing Board Trustee; the Secretary General; the International Risk Manager or the Educational Programmes Manager. Furthermore, it is the responsibility of sending NAs to communicate directly with National Risk Managers of the hosting National Association. CISV International will also communicate with all participating NAs to acknowledge the fact and officially pronounce the programme terminated.

Additional costs

The answer to the question of who must bear the costs of any changes to travel plans will depend on the situation and the reasons for terminating the programme. However, additional travel costs relating to changing tickets home must be borne initially by the sending NA or participants.

In all cases, the host Chapter/NA is responsible for covering the costs of food and accommodations until participants are able to return home. If participants choose to stay on longer rather than return home early, they become responsible for their own costs (including any additional insurance required) after the first possible departure date has passed.

In cases of termination due to force majeure, such as national security or natural disaster, it is recommended that the airline and CISV Travel Insurance claims handler be contacted immediately to see if they can cover costs up front; if that is not possible, the participant should make claims afterwards.

If termination is for reasons other than force majeure, and if there are irrecoverable additional travel costs, then the host Chapter/NA may be required to cover those costs. It is expected that the NAs will work this out among them. However, if the parties are unable to reach an agreement, the matter can be escalated to the Resources & Infrastructure Committee.

Any issues relating to programme fees (including repayment or reclaiming of host fees) must be referred to the Resources and Infrastructure Committee, which will consider the circumstances and make a recommendation to the CISV International Governing Board

APPOINTING STAFF AND OTHER VOLUNTEERS WITH PROGRAMME RESPONSIBILITY

Home staff must be appointed, and training must be arranged. The invitation process should begin for any international staff and the host NA will pay all expenses for them (unless otherwise stated by the host NA prior to inviting any international staff). Finding staff should be a shared effort of the host Chapter and/or NA.

All recruitment and training must follow our **Child Protection Policy and Procedures.**

GENERAL APPROACH TO SELECTION OF PEOPLE WHO WILL COME INTO CONTACT WITH PARTICIPANTS

In CISV, people in a position of responsibility are the guardians of other people's children. We have a responsibility to participants, their families, the law and to ourselves, to be very careful in choosing the people who take on programme responsibility and assume a guardianship role. We must also be conscious of, and careful about, anyone who comes into contact with participants.

The responsibility for selection lies entirely with the NA/Chapter. Each NA/Chapter must appoint people for selecting and screening all of the people who will be in contact with participants. They must follow our <u>Child Protection Policy and Procedures</u> which specifies our Selection Procedure for all staff, leaders and other people who will be in any kind of position of trust and responsibility.

Some general qualities and competencies to consider in the selection process in addition to our selection procedure:

- Interest in CISV's mission, programmes and educational approach
- Willingness and ability to observe rules and laws;
- Self-control and maturity;
- Integrity and good moral character;
- Common sense:
- Cultural sensitivity and openness to new ideas;
- Appropriateness as a role model within the context of the programme;
- Appreciation of the volunteer nature of the role;
- Interest and ability in working with children;
- Effective verbal and non-verbal communication skills;
- Physical and emotional stamina;
- Sense of humour;
- Problem-solving skills;
- Programme-related attitudes, skills and knowledge

STAFF

When to Appoint Staff

Selection and appointment of staff should take place as early as possible in the programme planning process. All or most staff should be in place by the deadline for uploading Pre-Camp 1 (see below), which is 1 March (for Jun-Aug programmes)/1 September (for Dec-Jan programmes)/1 December (for Mar-Apr programmes).

Number of Staff

CISV minimum staffing requirements are designed to ensure a good ratio of staff to participants and to have enough staff so that responsibilities can be shared effectively among the team. The detailed requirements are explained in InfoFile <u>C-03 Programme Basic Rules</u>.

Qualifications

The responsibilities of these positions are set out in the role profiles section of the Guide. Any applicant selected must have appropriate skills and background.

Age Requirements

The following rules must be observed and can be found in InfoFile C-03 Programme Basic Rules.

Staff must be the correct age on the first day of the programme. Leaders and JCs must be the correct age on the day they leave for the programme. This rule does not apply if it violates the law of either the sending or the hosting National Association. Specifically:

- All adult leaders and staff must be at least 21 years old
- At least one member of the staff of every Village, Seminar Camp, Step Up, Youth Meeting and IPP must be at least 25 years old
- Programme staff may have only one junior staff member from the hosting NA; Junior staff must be at least 19 years old, and cannot be left in charge as the only staff member on site

All staff, leaders and JCs must receive appropriate orientation and leadership training following our <u>Child</u> <u>Protection Policy and Procedures.</u>

Part-Time Staffing

Part time-staffing, generally, is not an ideal arrangement but if the host Chapter has no other means to solve their staffing situation then this should be planned and agreed with the full knowledge of the staff group, host Chapter and Chapter Risk Manager. Part-time staffing is not an option for the Programme Director who should be available/accessible at all times. There must be an appropriate number of staff present on-site at all times.

APPLYING TO BE A STAFF MEMBER

Anyone applying for a position of programme responsibility (including staff, leaders, JCs, junior staff/leaders) must submit a **Staff-Leader Application Form** to the CISV member at the NA or Chapter level, who is responsible for staff selection. That is the person to whom the **Staff-Leader Application Form** should be returned. The form must be signed by the applicant.

REFERENCES

Following our <u>Child Protection Policy and Procedures</u>, anyone applying for a position of programme responsibility (including staff, leaders, JCs, junior staff/leaders) must arrange for 2 references to be submitted on their behalf. The NA should refer the applicant to the <u>Reference Form</u>. The applicant should fill in the 'Section 1 Applicant Information' on page 1 of the form and then send it to their two referees, along

with the name and address of the CISV member, who is responsible for staff selection. The referees should send the completed **Reference Forms** directly to that person. The form can be filled in electronically, but must be printed out and signed.

Even if the person has served as staff member or leader before, they must provide references each year that they apply for a staff/leader position. Previous references can be used if the referee confirms that the information is still valid. There is a space at the end of the **Reference Form** for a referee to sign to confirm that they have given a previous reference, which is unchanged.

POLICE RECORDS CHECK

Following our <u>Child Protection Policy and Procedures</u>, police checks are required for everyone in any position of trust and responsibility at all CISV International programmes and activities. This means that each NA will have to investigate and apply the procedures in its country.

What is Meant by Police Check?

The terms used and the procedures will vary from country to country. For example, in some countries, with the individual's consent, the organization can obtain the information directly from the police. In other countries, the individual has to make the request personally. In some countries the police or other authorities may only give information about situations where the individual has been convicted (found guilty) of an offence. In other countries, they might also give information about arrests or when an investigation is underway.

CISV has to work with the best information we can obtain according to national laws and procedures. What is essential to find out is whether an applicant has a criminal record of convictions or arrests, which would make them unsuitable to take on a role of trust with children in a CISV programme.

What if it is Not Possible to do Police Checks in some Countries?

CISV has to work with the best information we can obtain, according to national laws and procedures. If the law in an NA does not permit police checks, they should send a statement to the IO and the Regional Risk Managers to explain the situation and wait for their guidance.

Will the Applicant Agree?

All applicants are required to fill in and sign the **Staff-Leader Application Form**. The Form includes a Certification that states:

I have no criminal convictions or history of mental illness, emotional counselling, violent behaviour, child abuse, drug/alcohol abuse, prejudice etc. that would disqualify me from participation in CISV's international, cross-cultural and peace education programmes. I agree to a police record check if required by CISV. I consent to the personal data in this Application Form being used by CISV to process this application and agree that it may be shared with other people involved in organizing the programmes, wherever they may be hosted.

The applicants, therefore, are aware that such a check will be required and have agreed to it in advance. If they then decide that they do not want a check carried out, their application will be withdrawn.

Additional Requirements

The national law in some countries may have additional requirements for leaders and staff (e.g., regarding age, police checks or registration with authorities) that also pertain to anyone from abroad who will come in contact with children in the host NA. In this case, it is the responsibility of the host NA to communicate these

requirements to the participating NAs and any invited leaders/staff as soon as possible so that can be taken into consideration in the selection and preparation of the leaders/staff.

The CISV member at the local or national level who is responsible for staff selection must review the <u>Staff-Leader Application Form</u> and the two <u>Reference Forms</u>. In countries where this is possible, they must also obtain and review a police record check on the applicant. See the sub-section immediately below for the procedures relating to international staff.

Remember, no selection can be made unless the procedure in our <u>Child Protection Policy and Procedures</u> has been followed, national or local laws are in addition to that procedure.

CISV SAFEGUARDING CERTIFICATION

The CISV Safeguarding Certification covers seven modules. All modules are mandatory for programme staff, leaders, Programme Directors, Junior Counsellors, Local and National Interchange Coordinators, and Risk Managers. The CISV Safeguarding Certification will be made fully available at CISV Elearning during 2021.

Training for Everyone in Roles of Trust and Responsibility

When programme staff, leaders, Programme Directors, Junior Counsellors have been selected, it is important that they receive the training required for their roles. Please see the <u>Child Protection Policy and Procedures</u>, and InfoFile <u>R-07 Behaviour Policy</u> for details. It is strongly encouraged that host families and other Chapter volunteers also engage with the e-learning modules on <u>learn.cisv.org</u>.

SPECIFIC PROCEDURES FOR INTERNATIONAL STAFF

This section relates to situations where a Chapter/NA wishes to invite staff members from another NA to staff a programme, which it is hosting.

IPP, Seminar Camp, Step Up, Village and Youth Meeting

In every case, the person responsible for staff selection in the host NA should send a formal inquiry to the home NA of the person they want to invite, asking if they may invite them. The home NA might refuse if they feel that they cannot recommend the person as staff, or that they need the person for a programme at home. If this is the case, the home NA has the final say. If the home NA agrees, it is then up to the host NA to decide the specific staff role. The host NA is ultimately responsible for ensuring that their international staff members are trained.

If the home NA agrees, the person in the host NA responsible for staff selection should send an invitation to the invited person with a copy to the home NA. The invitation must contain the **Staff-Leader Application Form** two **Reference Forms**, as well as a clear statement regarding the following:

- the position (Programme Director or ordinary staff member)
- any financial obligations (including agreement on who will cover travel costs)
- relevant staff education/training
- pre- and post- programme days

Anyone interested in becoming international staff can check for international programme staff opportunities on www.cisv.org.

All International Staff

An applicant for an international staff position for any programme must:

- fill in a Staff-Leader Application Form and send it to the person in their NA who is responsible for staff selection
- ask two referees to complete the official CISV **Reference Forms** and forward them directly to the person in their NA who is responsible for staff selection
- work with the person in their home NA who is responsible for staff selection to arrange for a police check (where possible according to national law) to be carried out and sent to that person for review

Due to the time and effort involved, obtaining a police check must be part of the initial application process for all international staff. The reasons for the home NA to be involved in the police check process for international staff are that: (a) they will know the procedure for requesting the checks in their country; and (b) the police document will be in their language and they will be able to understand and review it effectively.

The Person in the Applicant's Home NA who is Responsible for Staff Selection Should:

- ensure that the full selection procedure in our <u>Child Protection Policy and Procedures</u> is followed in cooperation with the person in the host NA, who is responsible for staff selection
- review the **Staff-Leader Application Form**, references and police check
- (if all is satisfactory and the applicant is considered to be a qualified candidate) sign the CISV certification at point 11 of the Staff-Leader Application Form
- forward a copy of the Staff-Leader Application Form and the references (not the police check) to the person in the host NA who is responsible for staff selection, which indicates that the home NA is agreeing that the person may be selected for an international staff position

The host NA (or Regional Delivery Teams for Educational Programmes for Seminar Camp staff) then reviews the material and it is up to the person in the host NA, who is responsible for staff selection to confirm the choice and offer the position to the applicant.

Host NAs must advise the International Office of any international staff they are inviting.

The majority, or at least half, of the host staff for a programme must be from the host NA (preferably the host Chapter).

KITCHEN STAFF

Kitchens and food preparation must comply with all local health and safety regulations. Anyone who is selected to be kitchen staff must be certified or able to do that work in accordance with local laws.

If these volunteers are to have any roles of trust and responsibility in the programme or are ever to be left alone with participants, then they must go through the full selection procedure as set out in our Child
Protection Policy and Procedures. All volunteers must be selected and trained following our Child
Protection Policy and Procedures.

Prior to the programme, it must be agreed among the host staff, kitchen staff and host Chapter what the role and involvement of the kitchen staff will be during the programme. To help set expectations and avoid confusion this should also be made clear to leaders and participants at the start of the programme. It is recommended that:

- at least one adult kitchen staff (age 18+) is present at all times when the kitchen is operating
- all kitchen staff are at least three years older than the programme participant age group

one programme staff member is assigned as liaison to the kitchen staff

CHAPTER VOLUNTEERS AND OUTSIDE PARTIES

(This section refers to anyone who is not a staff/leader but comes into direct contact with programme participants).

All volunteers must be selected and trained following our **Child Protection Policy and Procedures**.

When bringing outside parties in to programme to assist with specific activities, it is important that they are screened carefully and that their participation is approved by the Chapter/NA board. When outside parties are brought into a camp setting, they must never be left alone with child participants. At all times, a member of staff or leader must be present.

If any volunteer is coming into contact with participants, the NA/Chapter should know their abilities/manner and enquire into their background in order to determine whether or not they can take any part in the programme. If a speaker or performer is invited to the programme, the NA/Chapter should also be aware of that person's background.

On-site as well as off-site, a child participant should never be left alone with an outside party or even a Chapter volunteer who has not gone through the full selection and training set out in our <u>Child Protection</u> <u>Policy and Procedures</u>.

STORING AND KEEPING PERSONAL DATA

All information received in the **Staff-Leader Application Form**, **Reference Forms** and through police checks is personal and sensitive and must be treated with confidentiality. Only those designated to be responsible for selection (and the person designated to assist them) should see such information. The applicant signs to consent to the data being used by CISV only to process the application and agrees that the information on the **Staff-Leader Application Form** may *only* be shared with programme organizers.

For general information on Data Protection please see **<u>Data Protection</u>**.

All of this information must be kept confidentially and securely. We recommend that the Chapter keep a staff/leader selection checklist (as a record that the required steps were followed and satisfactory) and send the Application/Reference/police check forms to a person designated by the NA to keep them in a secure location. That person will also be responsible for ensuring that the documents are ultimately destroyed according to local or national laws. Based on legal advice on English laws and practice, CISV can suggest the following as guidelines, but local laws may differ and should be checked:

- Police check information should be destroyed after recruitment or as required by national law
- If a person applies and is not selected, all the information should be destroyed within 6 months
- If an applicant is selected, then the information (other than police checks) should be kept for 6 years after the programme (or 6 years after they stop being a volunteer), then destroyed

Note that particular care should be taken when destroying and disposing of people's personal information. This must be done in a secure way that means that none of the information can be read or retrieved (if on a computer) or the person identified.

PRE-REGISTRATION ON THE MYCISV WEBSITE



STAFF AND CHAPTER COOPERATION

There are many different roles taken on by volunteers and each Chapter may organize itself slightly differently. However, there are some standard expectations that need to be understood.

Ensuring that Everyone has Realistic Expectations

One of the best ways to avoid difficult situations before, during and after the programme is to make sure that staff, participants, their families, and leaders have realistic expectations of the programme. All people with programme responsibility must have training and understand the role they will play, what is expected of them and what they can expect in return. Before they leave, programme participants and their families should have a good understanding of the programme and what they can expect from the experience and from CISV. It is up to the Chapter/NA to make sure that everyone has reasonable expectations. It is up to the leader (in programmes where delegations travel with a leader) to work with participants in advance to prepare them for the programme.

PROGRAMME INFORMATION

SENDING OUT INFORMATION TO HELP PARTICIPANTS PREPARE FOR THE PROGRAMME

Prior to the programme, the host Chapter must make sure that Pre-Camp documents are completed and sent to all the relevant parties.

Individual programmes have different guidelines on the number and content of Pre-Camps, and also the deadlines by which they should be sent (see the relevant programme Guides for more information). As a standard minimum, hosts of all international programmes (except Interchange) should send out at least two Pre-Camps as outlined below. Pre-camps will be completed in the relevant programme area on myCISV so that participants who will be attending can access them directly.

VISAS

Hosting NAs may need to provide an official invitation for visa application purposes. The <u>Sample Visa</u> <u>Invitation Letters</u> is available on <u>www.cisv.org</u>. The relevant text would have to be copied and pasted with relevant additions/deletions onto NA letter head and sent to the relevant NA and/or authorities.

It is recommended that the host NA contact the office that issues visas in that country giving some information about CISV, explaining the nature of the international programme that will be taking place and advising them of the home countries of participants/staff/leaders. This approach has been shown to be very effective in speeding up visa applications.

PRE-CAMP 1

This should contain basic information on the programme site, meeting point, dates and contacts. This form must be completed by the NA in the relevant programme area of myCISV by 1 March (for Jun-Aug programmes)/1 September (for Dec-Jan programmes)/1 December (for Mar-Apr programmes).

PRE-CAMP 2

This should contain detailed information about the programme. There is no form. This document must be uploaded to the relevant programme area on myCISV and the IO and participating NAs informed by 1 April (for Jun-Aug programmes)/1 October (for Dec-Jan programmes)/1 February (for Mar-Apr programmes). Generally, the staff team prepares Pre-Camp 2 and any further Pre-Camp. They should liaise with the Chapter to confirm information. Pre-Camp 2 should always include the site address and the contact details of the Programme Director.

The following is the sort of information CISV recommends is included in Pre-Camps. This is simply an outline; Pre-Camps can be much more colourful and creative. Keep in mind that Pre-Camps will likely be read by children and their families so remember to keep the content appropriate for the age of the participants.

Please take care not to reproduce photographs, screenshots, or text (including from books or the internet and narrative from films) in your Pre-Camp without permission. Many camps use the title of films or books as the name of their camp; this is permitted as copyright law does not cover titles (as so many are the same or similar). The reproduction of someone else's material without permission, however, is illegal.

√ Welcome/Introduction

Describe what the staff roles will be, and who will be the Programme Director, kitchen staff, liaison, etc. Let the participants know some personal information about the team. Staff may also wish to include

their hopes and wishes for the upcoming programme. Allow the participants to feel the enthusiasm of the staff about meeting them and having an excellent experience.

✓ Arrival and Departure

Let the participants know which airport is the closest and the arrangements in place once they get there. Let them know if families will be at the airport to pick them up or if there is a common meeting point, and how it can be reached.

√ Site / Location

Describe where the programme will be taking place. Include some information about the location of the Chapter that is hosting; population, interesting facts, history, etc. Invite participants to do some research of their own about where they will be spending their summer by including some addresses for interesting internet sites on the host town/city and country. Describe the site that the participants will be calling home. Be sure to include important details such as laundry facilities, voltage and socket type, audio/visual equipment, kitchen, outdoor environment (state whether there is a swimming pool, soccer field, basketball court, etc.).

√ What to Bring

Describe the climate and weather at the time of the programme and suggest the type of clothing that would be appropriate to pack. Include things they might need for special activities; hiking, swimming, beach, etc. Ask participants to make sure their personal items are clearly marked. This will make it much easier on laundry days and when things get left lying around. Of course, remind them to bring their enthusiasm and good ideas!

√ Things You Should Know – Laws and Rules

Let participants know about the legal age to drink and smoke in your country. It is essential that participants understand the laws of your country and of CISV International (including InfoFile R-07 Behaviour Policy, which should also be part of participant preparation). Be very clear which rules and points are non-negotiable.

Also let participants know about other matter that could be relevant, such as: any laws or cultural taboos against marginalised people in your country, social norms regarding clothes, courtesy and other aspects that might be different from the participants are used to.

√ Contacts

Provide the e-mail address, phone number and/or fax of the programme contact for your Chapter. This will collect information and answer any questions that arise, and can be the programme planner, a staff member, or a coordinator. If you know the address of your site, you can include that as well. Also include an emergency contact number for during the programme, as well as an e-mail address or fax number if you have them.

√ Travel Information Form

✓ Tell participants that the Travel Information Form is available to be completed in their relevant programme area on myCISV. Remind them of the deadline to return it, so that you can organize transportation.

Dietary Restrictions

Ask for details of any allergy or dietary restrictions so that the kitchen/food service can be informed and other adjustments made if needed. It can be useful to create a form so that participants do not forget to give this important information.

√ Special Requests

Ask for details of any other requests such as religious services.

✓ Hello from the Staff or Interchange Partner NIC/LIC!

Let participants and leaders know what you have been up to over the past few weeks. Let them know what is new and what developments have been made, any fun activities or get-togethers the staff may have had over the past few weeks. Again, enthusiasm about the upcoming programme experience is key.

√ Goals

What are the goals of the programme? What are the purpose and principles of CISV? Ask participants to be thinking about what their goals are for their upcoming experience and how they think they can best achieve them.

Reminders About Preparation

Remind participants that preparation for the programme is essential. Give them strategies for this planning and remind them of their role in the programme.

Activities

Ask participants to be thinking of topics and activities as there will probably be a brain-storming session at the beginning of the programme and their ideas will be needed. Remember to focus on the educational theme of the programme.

Personal Spending Money (Pocket Money)

For the programme staff/host it is important to decide on a common and modest amount of money that is reasonable for a participant to bring for the duration of the programme. Stress the importance of sticking to the set amount. The economic status of many participants varies and they need to feel comfortable. If everyone has the same amount of money then we ensure that we are inclusive, and do not promote a sense of inequity or unfairness among our participants.

During the programme, participants might need money for personal expenses. There may be also be a camp shop and shopping opportunities (if this is chosen as part of an excursion). For reference, provide examples of local prices (soda, chocolate bar, stamps, postcards, etc.).

Inform participants about the local reality in terms of access to and availability of banks or bank machines, any recommendation about how much personal spending money to bring in cash, and what can be paid by credit/debit card locally. Explain national and local safety conditions in terms of how much cash to bring versus credit/debit cards and whether large amounts stored on an individual or the campsite pose a risk to personal safety and camp security.

√ Emergency Money (Reserve Funds)

The leader/participants travelling on their own must be sure to take reserve funds and credit/debit cards that can be used to cover emergency expenses like medical expenses, hotel charges, etc. The staff and host Chapter need to inform participants about the local reality in terms of what can be paid by credit or debit card, what services may require cash, and the recommended amount of reserve funds (including cash).

√ Camp Shop

For those planning a camp-based programme, list some of the items that will be available at the camp shop, with their prices. This will help participants budget before they leave.

√ Forms

All participants must arrive with their health and appropriate legal forms. Remind leaders to duplicate the forms for host families as well as for themselves. Inform everyone if there is a legal requirement in the host NA that requires any special forms or notarization.

Insurance

Remind participants that they are covered by the CISV Travel Insurance and to bring a copy of the notice or certificate of insurance with them.

√ Vaccinations

Advise everyone to check with their local and national health authorities for any required or recommended vaccinations. Remind everyone attending the programme that they must have the following vaccinations, unless they have a valid medical exemption:

- √ polio,
- ✓ DPT (diphtheria-pertussis-tetanus),
- √ measles, and
- ✓ rubella

Families participants and leaders going to the programme are responsible for:

- ensuring that they have been checked for lice and other communicable pests or diseases prior to the programme and treated appropriately to avoid bringing any to the programme
- ensuring that they inform the staff fully of any health or medical information that they need to prepare to provide the best care for everyone during the programme (e.g. allergies, dietary restrictions, medical conditions or mental health concerns.)

√ Visa Requirements

Advise everyone to check visa requirements and whether they need a special invitation letter to attend the programme. If needed, provide an invitation letter.

√ Airport Tax

If the host country has any airport taxes, specify how much they are and whether they are paid upon arrival or departure.

√ Special Things to Bring

You may want to suggest that participants bring certain things relating to your theme. You may also suggest bringing a newspaper from their country from a specific date or articles from magazines from their culture or any other item you feel is relevant to the theme you choose.

√ What Not to Bring

Computer games, mobile devices, cell phones, expensive things, things that hold considerable personal value, more money than specified

√ Equipment

List the computer and audio-visual equipment that will be available for use by leaders and participants. Explain any internet access/restriction so as to set clear expectations.

Programme Address and Contact Details

Address of the programme site and/or host homes, e-mail, and emergency contact number for the families.

myCISV Website (https://mycisv.cisv.org)

All staff, leaders, LICs, participants and others (e.g., kitchen staff, day staff) must register on myCISV prior to the programme. It is the responsibility of staff/LICs to stress the importance of pre-registration on the myCISV website. Besides the practical importance for administrative reasons, it is a great tool to start communication among participants. Also, (provided everyone has been added into the programme) it will provide staff with an instant address list.

Check out the simple myCISV Help Registration and Logins.

√ Research Projects

If you become aware of any research project taking place during your programme, you must mention this in the Pre-Camp and send a copy to research.proposal@cisv.org to ensure the research project follows the official approval process and that all relevant persons are informed appropriately.

PRE-CAMP 3

Pre-Camp 3 is not compulsory, but you may wish to upload a follow-up to Pre-Camp 2. Or, you may wish to complete information given in Pre-Camp 2. In that case, include it in Pre-Camp 3. This Pre-Camp can repeat the important information from Pre-Camp 2. Don't be afraid to be repetitive with the important points. Sometimes people need to read it more than once.



THEME DEVELOPMENT IN YOUTH MEETING

Keep in mind that the theme in a Youth Meeting is a fundamental part of the educational process. Having a well-defined theme before the camp is the backbone of the programme and a starting point to develop activities.

It is important how the staff presents the theme in the Pre-Camp 2 and 3. This should be inspirational and motivating in order to ensure that the delegations/participants are encouraged to do some research and prepare themselves for the camp. Be aware of the age group of your camp.

The staff must work with the <u>Youth Meeting Theme Questionnaire</u> and complete it no later than two months before the start of the programme. The <u>questionnaire may be collected</u> and analyzed by the Regional Delivery Team for Educational Programmes, who will provide feedback.

Some Key Elements to Work with a Theme

- Keep in mind the interests and activities of the age group
- Choose a theme broad but focused
- Have a multilayered theme (i.e. it can be applied personally, locally, nationally and internationally)
- Use questions as a tool to develop the theme and gain the participants interest
- Use what is happening in the real world related to the theme

SECURITY CONCERNS IN THE HOST NA

CISV programme are hosted in countries around the world, some of which may be perceived as having security concerns. Generally speaking, CISV recognises that the people on the spot are usually best suited to give a realistic assessment of the situation and can provide information on precautions to be taken. CISV relies on and trusts its local organizers to take all reasonable steps to create as safe a programme environment as and to assess the local situation and determine whether or not hosting or continuing a programme is appropriate.

Participating NAs are encouraged to obtain information from their governments as well as from the host NA. Host NAs should be aware that participant families and NAs may have concerns and be sensitive to this reality; be ready to answer their questions. Host NAs may want to be proactive and send out general information about what life is like in their country and what people can expect.

Whether or not a programme goes ahead, it is the decision of amilies/participants whether to travel to or stay in these programmes..

GETTING INFORMATION FROM THE PARTICIPANTS

PARTICIPATING NAS

Starting at the end of January in the year of the programme (or December for Mar-Apr programmes), the IO will send regular (monthly) updates to hosting NAs of NAs sending participants to their programme.

PARTICIPANT NAMES

Just as staff must register on the myCISV website, all programme participants and leaders should also register. Once they have registered on myCISV, the Chapter/National myCISV Coordinator can assign them to the programme. That way, staff will have an easy way to collect names and communicate with participants. During the first three days of the programme, staff/Interchange leaders need to check that everyone who has arrived at the programme is correctly assigned to the programme on myCISV.

PARTICIPANT SPECIAL NEEDS

Some participants may have special needs regarding medical conditions, dietary requirements (allergies, intolerances and generally accepted dietary restrictions) and access to facilities. Ask for this information early. Preparations must be made to respond to these needs, so that they are fully respected. Also, check for any other information contained in the Health Forms once people arrive.

Programme staff/LIC/NIC can gather basic information from participants and delegations before the programme through the **Delegation Information Form** (for Step Up, Village, Youth Meeting), the **Individual Participant Information Form** (for IPP, Seminar Camp, Village JCs, Youth Meeting). These are online forms can all be found in the relevant programme area on **myCISV**. Interchange also requires the **Interchange Leader Information Form** and **Interchange Delegation Information Form** (for Interchange).

PARTICIPANT TRAVEL DETAILS

Participants / leaders must complete their **Travel Information Form** in the relevant programme area on myCISV at least two months in advance of the programme. If this information is not received, ask the sending NA for it, as it will be needed in order to arrange to meet people on arrival.

PROGRAMME WEBSITES

In the interests of the safety of CISV participants, information regarding the host site, dates and nationalities of participants should be distributed only to those to who need it. It should not be published on websites prior to or during programmes. No 'personal data' including name, address, e-mail address, fax and phone numbers, may be published/distributed without the consent of the individual (or the guardian of individuals under the age of 16).

Before the Programme

When sending public e-mails or publishing information on a website or blog before a programme, this must not include any list of participating countries, site address, location, or information identifying the site location. (For example, a picture with landmarks, street signs, or other recognisable features revealing the location must not be shown.)

Blogging During the Programme

If a programme has a website or blog, this must be protected by password or only accessible by a private direct link. The password or link should be provided only to the IO, the relevant regional delivery team members, programme host staff, local hosting/planning committee, leaders, JCs, and participants and their families. It is important to ensure that the blog or website cannot be accessed by others.

Special care and cultural sensitivity must be taken in the choice of photos and information used on a website or blog, so that all participating cultures and CISV are shown in a positive and respectful way. Please also see the guidance on taking and using photos in the **Child Protection Policy and Procedures**.

If it is decided to have a programme website or blog, it is extremely important that it is updated on a regular basis and well managed. People at home will consult it frequently and will be worried or disappointed if they don't find up to date information. Miscommunication with home must be avoided. Unless there is prior and unanimous written authorisation from all guardians of children at the programme, children must not be identified by name on the website or blog. Adults can be identified if they give their written consent.

Use of Social Networks and Online Communication

Today CISV people are using online social networks and tools, thus making pre-programme communication much easier and widely shared. For the safety of participants and to preserve the programme atmosphere, some limitations should be set for their use. CISV recommends that pre-programme communication is managed through myCISV or private (by invitation) tools only (such as Yahoo and Google Groups) in order to have an effective, safe and open communication. It is important to limit these communication exchanges to staff, leaders and JCs only. Facebook pages, groups and tools alike are not to be considered adequate means for pre-programme and in-programme communication and should not be used. Participants, families, staff and leaders etc. can contact each other and share photographs and programme-related information safely within myCISV. Please see the CISV Social Media Policy and Guidance for more detailed guidance on the safe use of social media (available at Risk Management & Safeguarding on the CISV International website).

OTHER PRACTICAL PREPARATIONS

RELIGIOUS SERVICES AND ACCOMODATIONS

Where possible, the host Chapter should arrange for participants, staff/leaders/JCs to attend religious services. Find out where houses of worship are in the area and their contact details, so that participants and staff can attend services if they wish. Any religious accommodations requested, such as a private area for prayer or dietary restrictions must be provided.

MEETING PARTICIPANTS WHEN THEY ARRIVE

Where possible, the host Chapter should have people at the airport/train or bus station to meet arriving participants and take them to the site or host family. The participants' travel details should be available from the **Travel Information Form** on my CISV.

HOME HOSPITALITY PRE- OR POST- PROGRAMME

As a general rule, the host Chapter is not obliged to provide home hospitality to participants or staff who arrive early or depart late. Pre-programme travel is discouraged by CISV.

In some cases, however, travel arrangements make it impossible for people to arrive and leave on the exact programme dates. In these situations, they are asked to arrive and depart as close to the appointed programme dates as possible. Hosting Chapters may be asked to provide free hospitality for early arriving/late departing staff, participants and leaders up to a maximum of two nights, if travel arrangements make it necessary. The host Chapter is requested to assist in finding hotel accommodation, where home hospitality is not possible. Staff, participants and leaders arriving earlier or departing later will be responsible for their own accommodation expenses.

INTEGRATING SUSTAINABLE DEVELOPMENT PRACTICES

Hosting a programme can be an opportunity for the host Chapter and programme staff to make a conscious difference in the way the programme uses resources. By planning ahead and considering available options and solutions for the programme, the host Chapter can reduce the carbon footprint of the programme as well as promoting sustainable practices, and hopefully make it an active part of their hosting cycle.

Simple measures like using public transportation, avoiding disposable items (e.g. plastic utensils, paper plates), reducing energy consumption, buying products with less packaging, consuming locally sourced foods, recycling, becoming more eco-friendly can all reduce our environmental impact and help making the planet a clean and safe place.

ON SITE PREPARATION

There is some information and details of certain safety procedures, which every programme office and host Chapter must have in order to be prepared to run a programme.

CONTACTS AND INFORMATION

The following information should be accessible at the programme and by the Chapter Risk Manager. In addition to these contacts and information, there must be a clearly outlined procedure for emergencies (e.g., fire, earthquake, bomb threat), which must be displayed prominently at the programme site.

- The numbers and locations of local emergency services/professionals police, fire department, ambulance, hospital, doctor, counsellor
- List of local 'on-call' contacts in the host Chapter, including the risk manager
- List and contact details for host NA committee chairs and the National Risk Manager
- > CISV International officials directory (available on the CISV International website via myCISV
- CISV NA/Chapter officials directory (available on the CISV International website via myCISV
- The emergency numbers for guardians of participants (available from their completed legal health forms)
- Contact details for CISV Travel Insurance claims handler. This information will be on the notice or certificate of travel insurance that all participants will have and can be found on www.cisv.org
- The phone numbers of the embassies and local consulates of each of the countries represented at the camp. In the case of a serious problem (e.g., natural disaster, hostilities) embassies can provide assistance
- Copies of relevant policies and procedures, including the <u>Crisis Communications Guide</u>
- The relevant CISV Programme Guide; and access to the InfoFile

YOUTH MEETING / HOSTING DURING

	Introduction	Role Profiles	Hosting Before	Hosting During	Sending	Education & Evaluation
Staff	•	•	•	•		•
Leader	•	•		*	•	•
Family	•	•			*	
Participant	•	•			*	
Chapter/NA person with programme responsibility	*	•	•	•	*	•

A GROUP LIVING EXPERIENCE

Learning and living in a small, closed community is one of the key elements to a programme. In order to make it a positive learning experience, there are a number of planning and practical aspects to keep in mind.

STAFF PRE-PROGRAMME DAYS

The pre-programme days are the days just before the programme begins. In all programmes, staff must be at the site ahead of the participants. It is strongly recommended that the whole staff team be at the site for at least two full days before the programme begins (depending on site availability). If the site is not available, staff may meet at another location before getting access to the site.

ARRIVAL

Where possible, the host Chapter should have people at the airport/train or bus station to meet arriving participants/delegations and take them to the site or host family. All of the participants' travel details should be included in their completed **Travel Information Form**. Remind participants / delegations to-complete the **Travel Information Form** if it has not been received by a month prior to the programme. If possible, it is a good idea for a staff representative to be there to greet participants. See the section on host families for more information.

CHECKING PARTICIPANTS' HEALTH AND OFFICIAL FORMS

When the participants (including leaders) arrive, you should meet them at the designated meeting point. The Health Forms and Legal Forms should be checked by the staff of the programme or by the National/Local Risk Manager on arrival to check that:

- they have been signed and completed appropriately
- there are no allergies, conditions, concerns or special needs that are not already prepared for
- all required immunizations/vaccinations are done
- the Health Form is dated within the last three months.

If a Health Form or Legal Form are incomplete or missing, action must be taken immediately. See the section on Health and Legal Forms in this guide.

On arrival at campsite or host family, before they go to bedrooms or similar, you should organize a well-being check on everyone. It is helpful if you have a medical professional, like a doctor, nurse or similar, help with this. The check must include:

- Checking for lice. This should only be done by someone who knows how to do so.
- Check for any other health concerns, communicable pests, diseases or infections e.g. influenza

This check should be repeated after each home stay as applicable. If any issues are found, appropriate actions to treat and prevent spread must be taken.

If lice treatment is required, the cost is covered by the programme host. As there are many myths regarding lice, the programme host must ensure that they have accurate knowledge on how to proceed with treatment and prevention of spreading from relevant health professionals.

PERSONAL ELECTRONIC EQUIPMENT AT PROGRAMMES

Participants should be advised not to bring personal electronic equipment (such as mobile/cell/smart phones, portable computers, computer games) to programmes. They may bring them for the journey, but

they will be asked to store them with programme staff/Interchange leaders in a safe place for the duration of the programme. Host staff may use personal electronic equipment whenever needed. Leaders and JCs may use personal electronic equipment at the end of the daily programme.

The use of electronic equipment as part of or to prepare for an educational activity, or for limited periods/use by general agreement within the programme should only be done with the permission of staff/Interchange leaders.

The rationale behind this rule is to avoid the distraction these devices can cause and help participants to focus on the unique programme experience which is meant to take participants out of their day-to-day environment.

STAYING IN THE COUNTRY

During the programme it is recommended that staff, leaders or participants do not leave the country, in which the programme is hosted because of any practical considerations or potential security concerns. This applies throughout the duration of the programme and includes special events such as host stays, excursions, days off or leaders' night out. If, however, travel or trips across national borders becomes necessary or, after considering travel advice from their government, is considered safe, the hosting Chapter should exercise the same caution as for any travel abroad.

HEALTH AND LEGAL FORMS

HEALTH FORMS

It is essential that every participant (including leaders, JCs, and staff) have a Health Form completed no more than three months before the beginning of the programme. The form must be completed on myCISV, and then a copy downloaded, ready for a doctor to review and sign. A copy of the signed form must be uploaded to the relevant programme area on myCISV, and the original form should be carried to the programme. The original should be given to staff; for Interchange the leader retains the originals. Once uploaded, this can be accessed – only for the duration of the programme - by the programme staff, and delegation leader. Interchange host families should also be given a copy. Local doctors must have historical and current medical information on the person to ensure proper treatment. CISV representatives (staff and host families) must also know of any medication which they may have to help administer and medical conditions which they might have to monitor and which might affect a person's participation in certain activities.

Health Forms must be signed by a doctor and taken to the programme. If the doctor has a stamp, it is recommended that you ask for it to be put on the form along with the doctor's signature. In certain countries, this is important and helpful. The signed form should be uploaded to myCISV.

If the participants are children travelling with a leader, then the leader should carry the **Health Forms** of all participants under their responsibility. At the programme, these forms should be stored safely and confidentially in the staff office (for Interchange, copies are given to the host families) and consulted in the event of a medical need. On an excursion, the forms should be carried securely by staff or leaders. For homestays during camp-based programme, the original copy should be given to the host family to be returned at the end of the stay. Leaders must also give host families instructions on any medications, which they may have to administer. Where relevant, if an incident occurs, a copy of the **Health Form** should be attached to an **Incident Report Form**. If an insurance claim is made, this information may also be required. At the end of the programme, the original and all copies should be returned to either the adult participant or child participant travelling alone. In the case of a delegation, the original and all copies should be given to the leader, who should then return them to the child's guardian on arrival. The sending Chapter should destroy any copy it holds within a year after the end of the programme.

What if Someone Arrives Without the Signed Health Form?

If a participant arrives without a properly completed **Health Form**, their doctor can be asked to fill it in and send it only where the doctor has seen and examined them within the last three months. If this is not possible, the participant must be taken to a local doctor for an examination. That doctor should fill in the form as far as it is possible under the circumstances. The participant must pay for the visit to the local doctor.

INSURANCE

Every participant must have travel/medical insurance. As of the 2016 programme year, all participants (including leaders and staff) in CISV international programmes (not including Mosaic projects) are automatically covered by the CISV Travel Insurance. The International Office will issue notices or certificates of insurance to all NAs. Every participant, leader and staff should carry a copy in case they need it while travelling or during the programme. The notice will provide basic information and contact details for the claims handler in case something happens and an insurance claim needs to be started. This information will be necessary to show to external parties such as doctors or hospitals. Within CISV, however, all international programme participants, staff and leaders are covered and will not need to show proof of insurance. Information on the CISV Travel Insurance is available on www.cisv.org.

LEGAL FORMS

There are three types of official CISV Legal Forms; Child Travelling with Leader Legal Form, Child Travelling Alone Legal Form and Adult Legal Form. They are all available in the relevant programme area on myCISV.

It is essential that every participant (including leaders, JCs, and staff) have the appropriate CISV Legal Form fully completed. The form must be completed on myCISV, and then a copy downloaded and signed. A copy of the signed form must be uploaded to the relevant programme area on myCISV and taken to the programme. We recommend that the original is given to a member of staff (for Interchange, it is kept by the leader.) One copy should stay at home with the sending family or Chapter, and one copy should stay with the leader (if applicable).

For child participants, these forms are signed by their guardians and give consent for the child participant to travel with a named leader or alone.

For all participants, these forms appoint CISV representatives as legal guardian should an emergency occur and should medical decisions have to be made on behalf of the person and their guardian cannot be reached. These forms are precautions, but without them children/youth may have difficulty travelling and doctors may not be able to proceed with some treatments without consent.

These forms also make it clear that if someone behaves in a manner contrary to CISV rules then they may be sent home at their own/family's expense.

If the participants are children travelling with a leader, then the leader should carry the participants' legal forms. At the programme, the forms should be stored safely and confidentially in the camp office (for Interchange, copies are given to the host families) and consulted in the event of emergency. On an excursion, the forms should be carried securely by the staff or leaders. For home-stays during camp-based activities, the original should be given to the host family to be returned at the end of the stay. If an incident occurs, a copy of the form should be attached to a completed **Incident Report Form**. If an insurance claim is made, this information may also be required. At the end of the programme, the original and all copies should be returned to either the adult participant or child participant travelling alone. In the case of a delegation, the original and all copies should be given to the leader, who should then return them to the child's guardian on arrival. The sending Chapter should destroy any copy it holds within a year after the end of the programme.

What if Someone Arrives Without the Signed Legal Form?

If a participant under age 18 arrives without these forms (or with the wrong form), the sending Chapter must be contacted. They must arrange to have the guardian of the participant sign and fax/scan and e-mail the legal forms immediately to the host NA or directly to the programme, or uploaded to the relevant programme area on myCISV. If the participant is aged 18+, the form must be signed upon arrival if not done previously.

SUMMARY OF HEALTH AND LEGAL FORMS

FORM	WHO IS IT FOR?	WHICH PROGRAMMES?	WHO SIGNS?	COMMENTS	
Health Form	All participants and JCs, All staff and leaders	All programmes except Mosaic (unless the Mosaic project involves travel and overnight accommodation)	Signed by participant's doctor. Also signed by guardian for child participants (under age 18) by child participants aged 16-17 and by adult participants (age 18+). If the doctor has a stamp, you should ask that it be put on the form along with the signature. In certain countries, this is important and helpful	Must be dated within the 3 months before the programme. If a participant arrives without a properly completed Health Form, the person's doctor can be asked to fill it in and send it only if the doctor has seen and examined the person within the last 3 months. If this is not possible, the person must be taken to a local doctor for an examination. That doctor can fill in the form as well as possible in the circumstances. The participant must pay for the visit to the local doctor	
Child Travelling With Leader Legal Form	All child participants travelling with an adult leader Village, Interchange, Ste Up and Delegation-base Youth Meetings		Signed by guardian of the participant	If a participant arrives without this form, the sending Chapter must be contacted. They must arrange to have the guardian sign, scan and email the legal form immediately to the host NA, directly to the programme, or upload to myCISV.	
Child Travelling Alone Legal Form	All child participants aged 16-17, travelling without an adult leader All child participants aged 16-17, travelling without an adult leader Village JCs, Seminar Camp participants, Youth Meeting participant and the participant in the partic		If a participant arrives without this form, the sending Chapter must be contacted. They must arrange to have the guardian sign, scan and email the legal form immediately to the host NA, directly to the programme, or upload to myCISV.		
Adult Legal Form	All adult leaders and staff members, IPP, Seminar Camp and Youth Meeting participants, aged 18+	All programmes for staff/leaders, IPP, Seminar Camp and Youth Meeting for participants, aged 18+	Signed by adult on their own behalf	Must be signed upon arrival if not done previously.	

OVERVIEW OF THE PROGRAMME SCHEDULE AND EVENTS

PLANNING ACTIVITIES

When planning activities (including excursions), staff, leaders, participants and Chapter must choose activities appropriate to the group. All activities must be reviewed in terms of any risks they might pose of physical or emotional injury to the participants or of damage to property. For excursions and activities away from the site, the local Chapter Risk Manager should be part of the planning process.

Any risks associated with an excursion or planned activity should be included in the **Risk Management**Checklist – All Camp Programmes or Risk Management Checklist – Interchange, which must be completed by day three of the programme. For activities planned during the programme, a risk assessment should be done by staff and leaders and the Chapter Risk Manager can be consulted. Guidelines for appropriate activities are set out in the Education section of this Guide.

A MIX OF ACTIVITIES

In the Education section of this Guide, you find information about planning and evaluating CISV educational activities. These activities are the core of CISV programmes. At the same time, a large part of the programme develops outside of the organized activities. Waking up fellow campers, cleaning, cooking, eating, organizing the camp, preparing activities, evaluating activities, preparing campfires, relaxing in the sun, sharing feelings informally after dinner – all this is part of camp life. These are crucial to the programme, as often intense moments of sharing occur during these periods.

Sharing the responsibilities and tasks of the programme is also the key for a successful camp. In addition to providing opportunities for cultural exchange and at the same time considering health and safety for all participants, a good programme is balanced and has a mix of:

- Active and quiet time
- Individual and group moments
- Large and small groups
- Outdoor and indoor
- Special and regular
- Educational and fun
- Programme privacy and community involvement

Look at the programme from a broader perspective how one day relates to the entire programme period and how one activity relates to other activities. Free time should be provided each day to enable individual contacts and friendships to deepen. A rest time at mid-day permits a guiet break.

DAILY SCHEDULE / COMPONENTS

Each day at a programme will bring something new and different, but planning a basic schedule will help to keep things moving. Depending on the programme, the schedule is either set by the staff before the programme, or with participants at the beginning of the programme. Below is a sample of a daily schedule.



Daily Schedule of a Youth Meeting

A Youth Meeting schedule should provide a balance between:

- Activities
- Theoretical and practical
- Active and quiet
- Individual and group
- Outdoor and indoor
- Educational and fun

It should:

- Present opportunities for cultural exchange
- Contains activities consistent with programme goals
- Consider health and safety

Remember: be flexible. Even though you planned the schedule, 16-18 and 19+ year old participants should have the opportunity to make suggestions and changes. It is important that the staff plan the activities for the first two days keeping in mind that it is necessary to do the Welcome of the participants, leaders and staff, organize the camp practicals, introduce what a Youth Meeting is, and who the participants in the programme are and the PDPEF and information related with theme development. It is very important to talk about the programme expectations.

For Youth Meetings for 12-13 and 14-15 year-olds, it is necessary to plan ahead how they will be working with the leaders to organize the programme (e.g. a space to share information about the delegates, the rules, set the expectations of the group, explain the goals and characteristics of the Youth Meeting to guarantee everyone is on the same page).

Also, for Youth Meetings it is recommended that the staff plan activities for every two or three days that are strongly related to the theme of the programme keeping in mind the group development in each programme. In Youth Meetings for 12-13 and 14-15 year-olds, these activities can be planned with the help of the leaders. For Youth Meeting for 16- 18 and 19+ year-olds it is recommended to use simulation activities related to the theme as well. It is important to keep in mind the length of the programme.



Example of Daily Youth Meeting Schedule for 12-13 and 14-15

08:00	Wake up
08:20	Flag time
08:30	Breakfast + Cleaning
10:00	Activity period 1
11:30	Activity period 2
12:30	Lunch + Cleaning
13:30	Rest period
15:00	Activity period 3
16:00	Snack
16:15	Planning group time
17:30	Free time
18:30	Leaders meeting / Delegation time
19:30	Dinner + cleaning
20:30	Evening activity
21:30	Flag time / Lullaby
22:00	Bed time / Lights out

Example of Daily Schedule Youth Meeting Schedule for 16-18 and 19+

08:00	Wake up
08:20	Flag time
08:30	Breakfast + Cleaning
10:00	Activity period 1
11:30	Activity period 2
12:30	Lunch + Cleaning
13:30	Rest period
15:00	Activity period 3
16:00	Snack
16:15	Planning group time
17:30	Free time
18:30	Free time / Staff meeting
19:30	Dinner + cleaning
21:00	Evening activity
22:30	Flag time
23:00	Bed time / Lights out

CALENDAR

Many things happen during a CISV programme. They will relate to orientation, activities, excursions, special events, deliveries, arrivals, departures, etc. Making a large calendar and keeping it displayed in a prominent position will help staff and participants to keep an overview of the whole programme.



YOUTH MEETING CALENDAR

Plan a leaders' meeting to exchange expectations, delegates' characteristics and explain Youth Meeting characteristics and goals the first day. Organize the calendar according to the group interests and needs. Plan the excursions and open day during the first days or week of the programme, to allow time to focus on theme development within the group.

Tips to keep in Mind

- It is a fast-paced programme
- Push the group to go out of the box
- Be aware of feelings of the participants, leaders and staff
- Attitude can make the difference
- Have a clear and common goal
- > Share your fears and expectations about the programme
- Take chances and take risks when necessary
- Do not put things off for another day
- Keep in mind the intensity of the programme

Example of a Youth Meeting Calendar – 15 days long for 14- 15 year-old participants

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Welcome, camp practicals, introduction, who are you now?	PDPEF, theme discussion, relate yourself to theme, camp expectations	One cultural theme related activity	One cultural theme related activity	Staff plan evening high impact activity	One cultural theme related activity	Excursion/ shopping day
DAY 8	DAY 9	DAY 10	DAY 11	DAY12	DAY 13	DAY 14
Open Day during the morning & plan a high Impact activity evening	One cultural theme related activity	One cultural theme related activity	Staff plan high impact activity		Activities related to the theme and how they will bring their experience back to real-life	Activities related to the theme and how they will bring their experience back to real-life

DAY 15			
Evaluation of			
the			
programme,			
programme, closing activity			
with circle of			
light			

Excursions and Guest Speakers

Before staff meet or start corresponding, a list should be made of the local possibilities for enhancing the programme theme. This list should be made by home staff and the local Chapter in order to have options to choose from. This list may include excursions and guest speakers, both for recreational and educational purposes. As these arrangements are often integral to the content of the programme, they have to be considered carefully. If bookings or appointments have to be made before the programme, it is the responsibility of staff to make the proper arrangements. A limited number of excursions (e.g., one per week) to local places of interest should be arranged. Too many excursions tend to disrupt the close communication of camp life and create the impression that CISV is a tourist programme. It is of utmost importance that the safety of all participants should be the first consideration in all excursions and activities. Ensure that proper supervision is provided during the excursion and that staff or leaders carry legal and health forms, in case someone requires medical treatment. Also ensure that each person has the address of the site name and contact details for staff or Chapter members, in case someone becomes separated from the group. Excursions must be related to the programme theme.

OPEN DAY

The Open Day is the only day when visitors are invited to the programme and it is a good opportunity for a Chapter to promote CISV locally. Before the programme starts, the local Chapter should make their expectations of the Open Day clear to the programme staff and should be included in planning the Open Day programme. Members of the Chapter should advertise and send out invitations for the Open Day. Security concerns vary from NA to NA. For this reason, consider very carefully how and to whom general invitations and the location of the site are communicated. If you are in doubt-about how and to whom you should communicate about the Open Day, contact your Chapter or National Risk Manager for advice.

When sending public e-mails or publishing information on a website or blog before a programme, this must not include any list of participating countries, site address, location, or information identifying the site location. (For example, a picture with landmarks, street signs, or other recognizable features revealing the location must not be shown.).

FIRST DAYS AT THE PROGRAMME

SAFETY DRILLS

Part of being prepared is making sure that everyone on the site is familiar with the safety procedures. At the beginning of the programme, staff are responsible for ensuring that all participants know fire evacuation routes and are informed of any potential hazards. At least one practice fire drill should be carried out with all participants during the first three days of the programme. If the programme is in an earthquake zone, an earthquake drill should also be conducted within the first three days of the programme. It is a good idea to coordinate these drills with local authorities, so that they know about it and the drill can be as realistic as possible. It is advisable to remind participants of these safety procedures on a regular basis.

SETTING EXPECTATIONS

At the beginning of the programme, the contents of InfoFile <u>R-07 Behaviour Policy</u> should be discussed, understood and agreed to by all adults and participants. They should know and feel comfortable with what is expected of them, what they can expect and the consequences of misconduct.

RISK MANAGEMENT

Each hosting Chapter must have a National/Chapter Risk Manager and that person must be involved in the planning, preparation and running of the programme.

To help the National/Chapter Risk Manager check that the necessary steps have been taken to provide for a programme they must use the Risk Management Checklist – All Camp Programmes or Risk Management Checklist – Interchange. This official international form must be used when a Chapter is hosting an International programme. By day three of the programme, the Chapter Risk Manager must have visited the site and completed the form. Most of the questions must be addressed during the preparation of the programme. This report form serves as a final check by the risk manager. The report must be signed and sent directly by fax/post to the National Risk Manager. The National Risk Manager must review and sign the form and include reference to it in their report to the NA board.

If swimming will be part of the programme, there should be at least one trained and certified life guard on duty for any such activity. If the facility has its own pool, it should be properly secured to prevent access except as part of a planned and supervised activity. If there is a nearby river, lake or other body of water that participants can easily access, there should be appropriate plans to address potential risks.

For the role of the Risk Manager and all other risk-related considerations, please see InfoFile section N and InfoFile <u>U-14 Model Role Profile - NA or Chapter Risk Manager</u>.

GENERAL CARE AT THE PROGRAMME

SETTING EXPECTATIONS

At the beginning of the programme, the contents of InfoFile <u>R-07 Behaviour Policy</u> should be discussed, understood and agreed to by all adults and participants. They should know and feel comfortable with what is expected of them, what they can expect and the consequences of misconduct.

GENERAL HEALTH

Staff and leaders should monitor all participants and each other. Any person displaying more than minor cold symptoms should be quarantined from the other programme participants and examined by a physician.

At least one staff member must have first aid training and first aid supplies must be available at the site. If first aid is administered, a second adult should be present and the door to the room kept open, where possible.

- The services of a hospital, doctor, dentist, nurse, psychologist, pharmacy must be available.

 Ambulance services must be on call. It is recommended that counsellors be available as well should there be any occurrence requiring their assistance
- If a participant is unwell or injured to the extent that medical advice is required (beyond the basic first aid training of staff), any treatment given must be medically prescribed and provided by a person competent in the relevant field
- Make sure the participants and adults get enough sleep so that they are rested and fit
- Emphasise the importance of frequent hand washing, covering the mouth when coughing or sneezing and regular good hygiene practices for everyone; make hand sanitisers available
- Staff, leader and programme coordinators must be familiar with the <u>CISV International Mental</u> <u>Health Guide</u>.

GENERAL CLEANING AND HYGIENE

With so many people living close together, it is important that sites be kept clean and that individuals observe good hygiene practices.

On some sites, the site provides cleaning as part of the conditions of use. CISV should always expect to treat a site with care and to be considerate.

In most cases, the programme is responsible for daily cleaning of kitchen, common areas, bathrooms and eating-, sleeping- and play areas, along with outdoor facilities. The Chapter must provide sufficient cleaning equipment and supplies (including cleaning gloves where needed). It is common practice that participants, staff and leaders form cleaning groups and set up a rotation of duties.

Bathrooms, toilets, kitchen and dining area must be cleaned daily, and dining tables must be wiped after each meal.

Animals must not be allowed in the kitchen, dining area, bedrooms, or at all if any participant is allergic.

LAUNDRY

Laundry should be done weekly. If there are no laundry facilities on site, it is the responsibility of the host Chapter to provide facilities/host families to do laundry. Usually bed linen is washed once. It is very important that the laundry items are labelled with the person's name and NA.

CONTACT INFORMATION FOR EXCURSIONS

Before a group leaves the site (or host home) for an excursion, every adult and participant should be given the site address (or host family's address) and an emergency phone number, in case someone becomes separated from the group.

SHOPPING

Most shopping for basic food and supplies should be done by the Chapter or delivered by arrangement with local shops.

NUTRITION

Programme hosts must provide a nutritious and healthy diet and make every effort to make it a varied diet. Further, programme hosts must fully respect the medical and generally accepted dietary restrictions of all cultures and individuals present. Three meals and appropriate snacks must be provided and covered by the hosting budget. If meals are prepared by CISV volunteers, staff or participants they must have been adequately trained or oriented in food safety procedures.

NOTE ON TRANSPORT

At least one car should be available during the whole time of the programme, and at least one staff member must be able to and insured to drive, so that banks, hospitals etc. can be easily reached at all times. Any driver and vehicle must be licensed and have the necessary insurance. Participants are not allowed to drive during the programme.

PROVIDING ADULT SUPERVISION

Throughout the programme appropriate adult supervision must be provided. In camp settings, there should never be more than six children for each adult (age 21+) at any given time. Interchange mini-camps require the presence of the two adult leaders and two other adults (age 21+).

Note Regarding Adult - Child Time

For the protection of child and adult participants, it is recommended that staff/leaders not spend time alone with any one child or group of children. Any meetings should take place in an area that is visible to others and/or a room with the door open. In circumstances where a member of staff or leader needs to spend a short period of time alone with a child/youth, they must inform another member of staff.

If first aid is administered, an adult should be present and/or the door to the room kept open.

ALCOHOL AND SMOKING

Alcohol and smoking are addressed by our **R-07 Behaviour Policy**, which must always be followed. They can also be sensitive issues in a volunteer organization stretching many different cultures. It is therefore important to have a conscious relationship with these things.

CISV wants to create a safe and inclusive environment for our activities and programmes by establishing what is acceptable within CISV. CISV International wants these guidelines to be a tool to deal with possible challenges with alcohol consumption and smoking at all CISV International programmes. The goal is to clarify the organization's expectations regarding alcohol use and smoking.

The most important thing to keep in mind is that when adults and hold a position of trust and responsibility in CISV, they should be aware that they are responsible for the children/participants at all times during that CISV programme, event or activity. That means that they must always, also during Days Off, Leader's Nights, or other activities away from the children/participants, be able to take care of the children they are responsible for and make medical and legal decisions for them – e.g. being able to take them to a doctor or hospital, consent to medical treatment, have a conversation with their guardians.

Hosting Chapters and NAs have the right to decide that no alcohol or smoking is allowed inside the campsite or during the programme they host.

It can be helpful to follow the same rules as for alcohol consumption and driving in most countries, that is. to say that all adults must always be in a state where they could legally drive a car (if they had a valid driving license).

Adults who smoke at CISV programmes must not do so within sight or range of children/participants or during times where they should be present in activities, meetings or similar.

For 18+ programmes - IPP and 19+ Youth Meetings

CISV International accepts that alcohol may be part of international programmes where all participants are adults. However, the <u>R-07 Behaviour Policy</u> still applies, as do host nation laws and regulations. It is also important to consider whether everyone feels included in the CISV context. This is especially important in situations where alcohol is involved, as those who either do not want to or cannot drink alcohol can feel excluded. In such circumstances the program staff has a special responsibility to make sure that alcohol is not the focus in social contexts.

As a general note and reminder, CISV does not accept any use of any psycho-active drugs (see **Behaviour Policy** for specific definitions), whether locally legal or not.

COMMUNICATIONS: WHOM TO CONTACT IF A QUESTION COMES UP

During the programme, the first people to speak to about queries are usually other adults with programme responsibility within the programme – the staff/LIC and, if appropriate, the leaders.

The next step would be to get in touch with your local Chapter contact person. If your question is about administration, forms, insurance or procedures, then you or your Chapter contact can contact the NA and / or the International Office.

If your question is about elements of the programme, such as activities, you or your Chapter contact can get in touch with the Regional Delivery Team for Educational Programmes. Your Chapter should know who they are and they usually try to phone or contact you during the first week of the programme, just to see how things are going and offer support.

WHAT IF A PROBLEM ARISES?

Each situation is different and may require different actions and on-the-spot decision making. Most problems that are encountered during programme are minor and can be addressed appropriately by the staff/LIC, leaders and participants. The Chapter Risk Manager and National/Chapter programme coordinator can also be consulted. Staff and leaders can also contact the relevant Regional Delivery Team for Educational Programmes or the IO if they have questions.

For situations when someone has to leave a programme prematurely, see InfoFile R-15 Procedure for Sending Someone Home for further details. It is very important to remember to keep full notes on any occurrence and request formal reports from any local authorities involved or professionals consulted (these reports should eventually be attached to the Incident Report Form).

MEDICAL/SAFETY SITUATION

At least one staff member must have first aid training and first aid supplies must be available at the site. If first aid is administered, a second adult should be present and/or the door to the room kept open where possible.

If a participant is unwell or injured to the extent that medical advice is required (beyond the basic first aid training of staff), any treatment given must be prescribed and provided by a medically competent professional in the relevant field.

Please see InfoFile <u>R-15 Procedure for Sending Someone Home</u> for the detailed steps to follow when a participant has to leave the programme.

GENERAL BEHAVIOUR / PROGRAMME RELATED SITUATION

Most 'behaviour' or programme -related problems can be dealt with at the programme/Chapter level where people can see what the situation is and can consult with each other. Sometimes, however, the behaviour is serious enough that removing the person from the programme must be considered.

Please see InfoFile <u>R-15 Procedure for Sending Someone Home</u> for detailed steps to follow when a participant has to leave a programme.

WHAT IF THE SITUATION IS A CRISIS AND PUBLIC?

When you are preparing to host a programme, there are many things to consider. Among them is what to do if something goes wrong, even seriously wrong – a crisis. Each crisis is unique, but as a group of people planning a programme, you should be prepared so that a crisis can be quickly recognised and addressed.

It is also very important, as part of planning for a programme, to consider and prepare a communications plan. For more information, see the **Crisis Communications Guide**.

REPORTING INCIDENTS OR ISSUES

When an incident or issue occurs at a CISV programme the Programme Director/LIC/Interchange leader, should be in contact with the Chapter/National Risk Manager to discuss the situation. The Programme Director/LIC/Interchange leader (or other person with programme responsibility) must complete and follow the sending instructions on the <u>Incident Report Form.</u>

It is not always the Programme Director/LIC/Interchange leader who identifies or acts on a particular matter. Any participant or person with programme responsibility should report an issue or incident if they feel it is appropriate to do so. For examples of incidents and issues that should be reported, see Incident Report Form later in this section of the Guide. Follow the instructions on the form regarding transmission. This information is sensitive and should only be shared with those listed on the form.

The Risk Manager or Chapter representative should keep sensitive documents in a secure location, in a locked container, where other people will not have access to it. Extra, unneeded copies should be destroyed according to local law. NAs should keep incident reports for at least 10 years. If they relate to an International programme, they must also be sent to the IO, where they will be kept in the secure archives indefinitely.

LAST DAYS AT THE PROGRAMME

The very last days of a programme are often extremely busy and planning ahead for them can make a big difference. Some of tasks that need to be taken care of can be done by staff but some may require support from the Chapter. Make sure that this has already been arranged as part of the planning process with the staff team and Chapter.

Some of the tasks include: confirming flights; arranging transport; settling camp shop bills; handing back forms, official documents and valuables; cleaning the site; and, packing.

FOLLOW-UP AFTER THE PROGRAMME

SITE

Very often the site is rented and there may be an arrangement between the Chapter and the owners of the site detailing the extent the site has to be cleaned and things restored to their original place. Make sure that the arrangement is fully understood and agreed by both parties beforehand.

Even though some cleaning can be done during the last day/s of the programme, a more in-depth cleaning may be required after all participants have left the site. It is up to staff to clean the site, but help may be needed from additional Chapter volunteers.

Often a Chapter will use/rent the same site for many of their programmes and so it is very important for the Chapter to maintain good relations with the site owners for the future.

STAFF AND CHAPTER MEETING

It is recommended that staff and Chapter representatives meet shortly after the completion of the programme to follow-up on the experience, share feedback and to make sure any official or formal reporting has been or will be completed.

This time is also a good opportunity to go over the list of anyone who has contributed to the programme and ensure that everyone is duly recognised for their efforts and contribution.

PRACTICAL EVALUATION AND REPORTING ABOUT THE PROGRAMME

There are several types of reports and forms that are used to let CISV International know how different aspects of the programme went, who participated, what worked well and whether there were any problems. This information also provides data for billing and statistical purposes. It is also essential information to help CISV as a Peace Education organization to keep improving. Without this information CISV International will not be able to measure its success or provide the needed support/training for future programmes. Paperwork is not usually what people like to do, but this information is very important for the overall quality of CISV's programmes and staff/leaders are the people best suited to provide it.

CISV International official reports and forms are due no later than two weeks after the end of the programme/Interchange hosting phase. These include **Programme Director's Planning and Evaluation Form (PDPEF)** (PDPEF) and any <u>Incident Report Forms</u>. It is advised that these are completed and submitted immediately after the end of the programme.

The host Chapter will focus on practical evaluation. For information on educational evaluation and how to use the **PDPEF** as both a planning and evaluation tool for educational activities, see the Education section of this Guide.

PROGRAMME DIRECTOR'S PLANNING AND EVALUATION FORM (PDPEF)

Every programme must complete and submit the on-line **Programme Director's Planning and Evaluation Form (PDPEF)**. Though staff can complete and submit the form as well, it is the responsibility of the Programme Director and (for Interchange) the Chapter/National Interchange Coordinator (LIC or NIC). The form should be completed and submitted no later than two weeks after the end of the programme/Interchange hosting phase.

How to Access and Complete the PDPEF

Programme Directors, staff members and LICs/NICs to be able to access the **PDPEF** for their specific programme, they must first register on <u>myCISV</u> and then be assigned by their NA/Chapter to their relevant programme.

The **PDPEF** can be revisited, completed and saved numerous times. It is also possible for more than one person to access it (e.g., staff and Programme Director). For general, technical and support information, please visit. **PDPEF** FAQ at <u>Evaluation</u>.

PDPEF Structure

The PDPEF consists of nine sections: 1. Overview, 2. Arrival Information, 3. Address List, 4. Education and Research, 5. Educational Evaluation, 6. Feedback, 7. Practical Arrangements, 8. Media and Community Activities, 9. Departures

When to Fill in Each Section

The nine sections in the PDPEF are grouped into three phases. The overview below gives suggestions for when each section should be completed. The sections on 4. Education and Research, and 5. Educational Evaluation are also addressed in the Education section of this Guide.

Start of Programme / Phase

SECTION 1: Overview

SECTION 2: Arrival Information

This section requests administrative information about the programme, its staff, leaders and participants. It records all the necessary information for the programme that includes: Risk Management Checklist, Health Forms, Legal forms, Attendance and arrival information.

SECTION 3: Address List

The Address List section requests personal information about all staff, leaders, and participants in the programme. This section must include the address and date of birth of everyone in the programme

SECTION 4: Education and Research

To assist with planning, this section should be discussed and recorded in the PDPEF before the programme begins.

Throughout Programme / Phase

SECTION 5: Educational Evaluation

This section is to be used during all phases of the programme as a tool to help staff, leaders and sometimes delegates to plan and evaluate the educational content for your programme.

Throughout the programme, the Programme Director, staff, leaders and junior leaders, and older participants can use the Delegate Evaluation, the Group Evaluation Form, and/or the Individual Evaluation

Forms to evaluate the progress of the programme goals and indicators. The Individual Evaluation Form is an optional form which can be used throughout the programme by leaders, junior leaders, or participants to keep track of their learning outcomes. They can then be used as a reference to complete the Delegate Evaluation.

End of Programme / Phase

SECTION 6: Feedback

After the programme is complete, please provide feedback about everyone with programme responsibilities (leaders, junior leaders, Programme Director, staff, junior staff, JCs). This information will be shared with their home NA to support future selection and training needs.

SECTION 7: Practical Arrangements

This section can be monitored informally throughout the programme. It should include information from staff, leader and participant feedback about the site, food, facilities, and arrangements for transportation, etc.

For Interchange, additional information on the host families and Interchange partners is requested.

SECTION 8: Media and Community Activities

This section is to record valuable contributions to communities and the organizations with whom your partner. After the programme, please provide a brief summary of the community project and the contact information for the partner organization or like minded organizations which was involved.

SECTION 9: Departures

This section completes the administrative information about attendance (departure information). Any other comments about the programme and its evaluation can be included here.

Incident Report Form (IRF)

The <u>Incident Report Form</u> must be filled in if there is an 'incident' in a programme. However, not every incident will require full reporting.

Examples of situations or incidents to report are those requiring medical (including psychological) attention, those involving criminal behaviour, and violations of CISV guidelines on Behaviour and Cultural Sensitivity, where consequences have been imposed. The information should be sent to the host NA/Chapter Risk Manager with a copy to the IO. The **Incident Report Form** must be signed and can be submitted electronically.

If any incidents occur during the programme, please make sure that a completed **Incident Report Form** is sent to the IO. This can be done at the time of the incident or as soon as possible after the programme, depending on the severity of the incident. Anyone participating in a programme can fill in and submit and **Incident Report Form** and has a responsibility to ensure that all incidents are recorded and reported

INFORMATION YOUR NA WILL RECEIVE

ISSUES

Your National Secretary and National Risk Manager will also receive an issues report. Any issues (medical, behaviour, rule violations etc.), recommendations or further training suggestions, reported from the programme that relates to participants or adult will be shared with their sending NA (via the National Secretary and National Risk Manager) for follow-up.

YOUTH MEETING / SENDING

	Introduction	Role Profiles	Hosting Before	Hosting During	Sending	Education & Evaluation
Staff	•	•	•	•		•
Leader	•	•		*	♦	•
Family	•	•			*	
Participant	•	•			*	
Chapter/NA person with programme responsibility	•	•	*	•	*	•

HOW THE ADMINISTRATION WORKS FOR SENDING PARTICIPANTS

ADMINISTRATIVE RULES

All CISV programmes must be organized in accordance with the administrative rules set out below and in InfoFile **C-03 Programme Basic Rules**.

CISV'S GLOBAL PROGRAMME HOSTING PLAN

One of the most important strategic commitments CISV has made is to increase hosting and participation in a sustainable way. In this way CISV can gradually reach more and more people with its unique peace education programmes.

CISV plans five years in advance and states the minimum target number of programmes, globally and regionally. The plan is reviewed and approved annually and can be found at **Global Programme Hosting Plan**. The plan is based on input from NAs, the Chapter Development Committee, the Educational Programmes Regional Delivery Teams and Committees and the International Office (IO). The Regional Coordinators for Chapter Development play a key role in ensuring that regions plan effectively and deliver the programmes that they have committed to hosting. If there are any changes, the statistical information is gathered by the IO (via the Regional Coordinators for Chapter Development) and updated regularly, so that we keep track of actual hosting figures and maintain a realistic view three years ahead.

An NA should plan its hosting in consultation with the Regional Coordinators for Chapter Development. Each NA's hosting plan is included in the global programme hosting plan.

Details of Participation Requests

The global hosting plan only contains basic information: what type of programme, which year, which NA.

Further information and sending details, such as age group; dates when they are able to travel, more exact number of participants, must be confirmed a year before the programme. By this time, NAs will also know better how many invitations to request.

NAs provide these details one year in advance by filling in and returning the **Host and Participant Data Sheets** (there is one per programme) to the IO. This form is due on 1 June the year before the programme hosting year.

INVITATIONS TO PARTICIPATE

With the exceptions of Interchange and Mosaic, entitlement to invitations is based mainly on hosting. If an NA hosts a programme, it will get hospitality points to put toward future invitations. This system is complex as there are so many NAs, and different programmes, as well as invitations reserved for Promotional Associations (PAs) and developing NAs. However, the basic principle is that of reciprocity; hosting leads to invitations. The statistics are kept by the IO and they are entered into a hospitality formula. This exercise determines how many points an NA has for a given year. This number is then 'translated' into invitations depending on a number of variables. These variables include the number of actual invitations available, and the number of invitations reserved for PAs and specific NAs (to be allocated by the Regional Coordinators for Chapter Development).

At that point, the IO starts the process of allocating spaces within individual programmes, based on the number of invitations to which each NA is entitled and any specific requirements of the NA (e.g. dates, travel

restrictions). Invitation allocations are also based on achieving a balance of cultures and languages in each programme.

By 1 September, the Programme Invitation Offer forms are issued by the IO to NAs, inviting them to send participants to particular programmes. This is called "Round One". NAs then distribute these invitations among their Chapters. NAs inform the IO by the published deadline whether they are accepting or refusing the invitations. They do this by indicating their acceptance/refusal in the Programme Invitation Offer form and sending it to the IO. Interchange follows a different cycle.

Invitations/participation lists are then revised and reissued as needed. This reissuing process is done in "rounds" and works within deadlines, as with the initial invitations. When there are no longer any requests, available invitations are publicised in an open list in the IO Update, which is sent to the national secretaries on a weekly basis.

	IPP, Seminar, Step Up, Village & Youth Meeting	Mar-Apr Youth Meeting	Interchange
Round 1	1 Sep – 15 Jan	1 Sep – 1 Dec	1 - 25 Jul
Round 2	8 Feb – 28/29 Feb	15 Dec – 15 Jan	1 – 28/29 Feb
Round 3	8 Mar – 31 Mar	23 – 31 Jan	
Round 4	8 Apr – 30 Apr	1 Feb	
Round 5	May		
Round 6	Jun		

The Mosaic programme is not part of the invitation system. Full support is offered to the project coordinator and staff for the planning stage and the elaboration of a Mosaic project by contacting mosaic.request@cisv.org

Mosaic – Project Support System					
Request support – 15th of every month	Receive support - from 1st of following month. Support continues for up to 3 months				
No support needed – Submit completed worksheet at least 1 month prior to start of project.					

Changes to invitations

Once an invitation has been accepted, an NA may change its mind up until certain deadlines. After that, any changes or cancellations will incur financial penalties.

FINANCES

All NAs and Chapters should have a treasurer, who is responsible for coordinating or overseeing financial arrangements for programmes. There is a <u>Treasurer's Guide</u> and <u>U-13 Model Role Profile – NA or Chapter Treasurer.</u>

INTERNATIONAL FEES

The bulk of funding for the work of CISV International (including the IO) comes from membership fees contributed by NAs and from participation fees paid by participants in CISV international programmes These fees help to pay for the overall supervision, administration, training and management of all programmes by Regional Delivery Teams, international committees and the IO. Each year, the Governing Board reviews the budget and participation forecasts and determines the fees for the following year's programmes.

For current fee information, see InfoFile C-10 CISV International Fee Structure on www.cisv.org.

It is up to the Chapter to collect fees from the participants it is sending to international programmes and for the NA to then collect the fees centrally and pay the amounts invoiced by the IO. It is strongly recommended that participation fees be collected from participants in advance of the programme. If a Chapter chooses, it can raise funds to cover all or part of the fees for its participants.

INVOICING AND PAYMENT OF INTERNATIONAL FEES

All fees are invoiced by and paid to the IO. When the majority of the participation information has been received, the IO will invoice the NA. This major invoice is generally done in the March quarter. If participation information changes or penalties are charged, amendments will be made in subsequent invoice periods.

The IO will credit hosting NAs with the participant host fees. This is usually done by offsetting the amount to be credited against the amount owed by the NA for its participation in other activities.

PENALTIES FOR CANCELLATIONS / CHANGES

Penalties are for such things as late programme invitation cancellations, late date changes and programme cancellation by the host NA. For full information see InfoFile **C-11 Programme Cancellation and Penalty Fees** on www.cisv.org.

SELECTION OF LEADERS

All recruitment and training must follow our **Child Protection Policy and Procedures.**

In CISV, people in a position of responsibility are the guardians of other people's children. We have a responsibility to participants, their families, the law and to ourselves, to be very careful in choosing the people who take on programme responsibility and assume a guardianship role. We must also be conscious of, and careful about, anyone who comes into contact with participants.

The responsibility for selection lies entirely with the NA/Chapter. Each NA/Chapter must appoint people responsible for selecting and screening all of the people who will be in contact with participants. They must follow our **Child Protection Policy and Procedures**, which specifies our selection procedure for all staff, leaders and other people who will be in any kind of position of trust and responsibility.

Some general qualities and competencies to consider in the selection process in addition to our selection procedure:

- Interest in CISV's mission, programmes and educational approach
- Willingness and ability to observe rules and laws;
- Self-control and maturity;
- Integrity and good moral character;
- Common sense;
- Cultural sensitivity and openness to new ideas;
- Appropriateness as a role model within the context of the programme;
- Appreciation of the volunteer nature of the role;
- Interest and ability in working with children;
- Effective verbal and non-verbal communication skills;
- Physical and emotional stamina;
- Sense of humour;
- Problem-solving skills;
- Programme-related attitudes, skills and knowledge

Though it is not forbidden to select a leader who is the legal guardian, relative or teacher of a delegate, it is discouraged as pre-existing relationships can create challenging group dynamics within delegations, such as perceptions of favouritism. When no other option is possible, the sending Chapter should always discuss the matter thoroughly with the leader first.

WHEN TO APPOINT LEADERS

Leaders should be sought and appointed as soon as possible once an invitation is accepted, so that they have time to receive training and to prepare with the delegation.

NUMBER OF LEADERS

There is one adult leader per delegation in Village, Step Up and in Youth Meetings for under 16-year-olds. For Interchanges of eight delegates or more, it is mandatory to have either two adult co-leaders or one adult leader and one junior leader from each country.

QUALIFICATIONS

The general responsibilities of these positions are set out in the Role Profiles section of the Programme Guide. Any applicant selected must have appropriate skills and background.

GENDER

Interchange leaders and junior leaders must be of the gender stated on the <u>Friendly Intent Form</u>. For other programmes, NAs are asked to make best efforts to find leaders who are of the gender recommended on the programme invitation (if such a recommendation is made).



In Youth Meetings there are no gender specifications.

AGE REQUIREMENTS

The following rules must be observed and can be found in InfoFile <u>C-03 Programme Basic Rules</u>. Leaders must be the correct age on the day they leave for the programme, or, in the case of the host delegation leader, on the first day of hosting.

Specifically:

- All adult leaders must be at least 21 years old.
- All Interchange junior leaders must be at least 18 years old, and a minimum of four years older than the oldest participant age allowed for the assigned Interchange age group

APPLYING FOR A LEADERSHIP POSITION IN A CISV PROGRAMME

Anyone applying for a position of programme responsibility (including staff, leaders, JCs, junior staff/leaders) must submit a <u>Staff-Leader Application Form</u> to the CISV member who is responsible for staff selection at the local or national level. The form must be signed by the applicant.

REFERENCES

Following our <u>Child Protection Policy and Procedures</u>, anyone applying for a position of programme responsibility (including staff, leaders, JCs, junior staff/leaders) must arrange for two references to be submitted on their behalf. The NA should refer the applicant to the <u>Reference Form</u>. The applicant should fill in the 'Section 1 Applicant Information' and send it to their two referees, along with the name and address of the CISV member, who is responsible for staff selection. The referees should send the completed **Reference Forms** directly to that person. The form can be filled in electronically, but must be printed out and signed.

Even if the person has served as staff member or leader before, they must provide references each year that they apply for a staff/leader position. Previous references can be used if the referee confirms that the information is still valid. There is a space at the end of the **Reference Form** for a referee to sign to confirm that they have given a previous reference, which is unchanged.

POLICE RECORDS CHECK

Following our <u>Child Protection Policy and Procedures</u>, police checks are required for everyone in any position of trust and responsibility at all CISV.

What is meant by Police Check?

The terms used and the procedures will vary from country to country. For example, in some countries, with the individual's consent, the organization can obtain the information directly from the police. In other countries, the individual has to make the request personally. In some countries the police or other authorities may only give information about situations where the individual has been convicted (found guilty) of an offence. In other countries, they might also give information about arrests or where an investigation is underway.

CISV has to work with the best information we can obtain according to national laws and procedures. What is essential to find out is whether an applicant has a criminal record of convictions or arrests, which would make them unsuitable to take on a role of trust with children in a CISV programme.

What if it is Not Possible to do Police Checks in Some Countries?

It may not be possible to obtain this type of information in all countries. It is essential that all NAs investigate and see what information can be obtained. If the law in an NA does not permit police checks, they should send a statement to the International Office and the Regional Risk Managers to explain the situation and wait for their guidance.

Will the Applicant Agree?

All applicants are required to fill in and sign the **Staff-Leader Application Form.** The form includes a Certification that:

I have no criminal convictions or history of mental illness, emotional counselling, violent behaviour, child abuse, drug/alcohol abuse, prejudice etc. that would disqualify me from participation in CISV's international, cross-cultural and peace education programmes. I agree to a police record check as required by CISV. I consent to the personal data in this Application Form being used by CISV to process this application and agree that it may be shared with other people involved in organizing the programmes, wherever they may be hosted.

The applicants, therefore, are aware that such a check (or equivalent) will be required and have agreed to it in advance. If they then decide that they do not want a check carried out, their application will be withdrawn.

Additional Requirements?

The national law in some countries may have additional requirements for leaders and staff (e.g. regarding age, police checks or registration with authorities) that also pertain to anyone from abroad who will come in contact with children in the host NA. In this case, it is the responsibility of the host NA to communicate these requirements to the participating NAs and any invited leaders/staff as soon as possible so that the requirements can be taken into consideration in the selection and preparation of leaders/staff.

Remember, no selection can be made unless the procedure in our <u>Child Protection Policy and Procedures</u> has been followed, national or local laws are in addition to that procedure.

CISV SAFEGUARDING CERTIFICATION

The CISV Safeguarding Certification covers seven modules. All modules are mandatory for programme staff, leaders, Programme Directors, Junior Counsellors, Local and National Interchange Coordinators, and Risk Managers. The CISV Safeguarding Certification will be made fully available at CISV Elearning during 2021.

Training for Everyone in Roles of Trust and Responsibility

When programme staff, leaders, Programme Directors, Junior Counsellors have been selected, it is important that they receive the training required for their roles. Please see the <u>Child Protection Policy and Procedures</u>, and InfoFile <u>R-07 Behaviour Policy</u>, for details. It is strongly encouraged that host families and other Chapter volunteers also engage with the e-learning modules on <u>learn.cisv.org</u>.

STORING AND KEEPING PERSONAL DATA

All information received in the **Staff-Leader Application Form**, **Reference Forms** and through police checks is personal and sensitive and must be treated with confidentiality. Only those designated to be responsible for selection (and the person designated to assist them) should see such information. The applicant signs to consent to the data being used by CISV only to process the application and agrees that the information on the **Staff-Leader Application Form** may *only* be shared with programme organizers.

For general information on Data Protection please see **Data Protection**.

All of this information must be kept confidential and secure. We recommend that the Chapter keep a staff/leader selection checklist and send the Application/Reference/police check forms to a person designated by the NA to keep them in a secure location. That person will also be responsible for ensuring that the documents are ultimately destroyed according to local or national laws. Based on legal advice on English laws and practice, CISV can suggest the following as guidelines, but local laws may differ:

- Police check information should be destroyed after recruitment or as required by national law
- If a person applies and is not selected, all the information should be destroyed within 6 months
- If an applicant is selected, then the information (other than police checks) should be kept for 6 years after the programme (or 6 years after they stop being a volunteer), then destroyed

SELECTION OF PARTICIPANTS

It is up to the NA/Chapter to select participants for the invitations accepted by the NA.

Participants must be chosen without reference to race, religion or economic status. They must be of the age designated by the programme they will be attending (see InfoFile <u>C-03 Programme Basic Rules</u> and programme-specific sections of this Guide). Those responsible for selection should be familiar with our <u>Child</u> <u>Protection Policy and Procedures</u>.

Participants should be selected early enough to allow them to be adequately prepared and, when part of a delegation, time to get to know their fellow participants and leader.

Applicants who are not selected may be disappointed and should be encouraged to take part in other CISV programmes.

REPEAT PARTICIPATION

Unless specified otherwise, as long as they are qualified, individuals may be participants in more than one of the same programme. See InfoFile **C-03 Programme Basic Rules**.



As a participant, it is possible to attend more than one Youth Meeting

AGE REQUIREMENTS

The following rules must be observed and can be found in InfoFile C-03 Programme Basic Rules.

Participants must be the age specified by the programme and the invitation. Participants must turn the correct age in the programme year they participate.



YOUTH MEETING DELEGATIONS/PARTICIPANTS

Delegations must have six participants plus an adult leader for the age groups 12-13 and 14-15, and participants aged 16-18 and 19+ can travel alone.

The participants should be selected three to six months in advance to allow sufficient preparation time. Early selection is essential because:

- Teenagers have many commitments, which make it difficult for the group to meet on a regular hasis
- Time is needed to discuss and prepare for the theme of the programme
- Participants need time to discuss social issues that affect their country
- Youth Meetings are shorter than other CISV programmes, so the pace is faster

Participants should be broadly representative of the local population. It is important that the delegation live as close to each other as possible for pre and post Youth Meeting work.

Some knowledge of the programme language and ability to communicate is necessary due to the level of discussions that will take place throughout the activity, especially for 16-18 and 19+ age groups.

PROGRAMME INFORMATION

GETTING INFORMATION ABOUT THE PROGRAMME FROM THE HOST NA

Prior to the programme, the Host Chapter must make sure that Pre-Camp documents or forms are completed and sent to all the relevant parties.

Individual programme have different guidelines on the number and content of Pre-Camps, and also the deadlines by which they should be sent (see the relevant programme Guides for more information). As a standard minimum, hosts of all international programmes (except Interchange) should send out at least two Pre-Camps as outlined below.

Pre-Camps will be completed in the programme area on myCISV so that participants who have been added into the programme by their myCISV Coordinator can access them directly.

PRE-CAMP 1

- Include basic information about the programme site, dates and contacts. This form must be completed in the relevant programme area on myCISV by 1 March (for Jun-Aug programmes) / 1 September (for Dec-Jan programmes) / 1 December (for Mar-Apr programmes).
- It is the responsibility of the NA to inform the participating NAs and the IO that this is available.

PRE-CAMP 2

- Include detailed information on the programme. There is no form. This document must uploaded onto the relevant programme area on myCISV by 1 April (for Jun-Aug programmes)/ 1 October (for Dec-Jan programmes)/ 1 February (for Mar-Apr programmes). Contact details for the Programme Director and the address of the site should be included. The following is the sort of additional information that is generally included:
- Welcome/Introduction
- Arrival and departure
- Site/location
- What to bring/what not to bring
- Things you should know e.g. laws and rules
- Contacts
- Travel Information Form
- Dietary restrictions
- Hello from the staff
- Programme goals
- Reminders about preparation
- Personal spending money (pocket money)
- Emergency money (reserve funds)
- Camp shop
- Forms
- Remind people that they are covered by the CISV Travel Insurance

- Insurance
- Visa requirements
- Airport tax
- Equipment available at the campsite
- > myCISV website

If you do not receive these documents, check with your National Secretary or host NA.

SECURITY CONCERNS IN THE HOST NA

CISV programme are hosted in countries around the world, some of which may be perceived as having security concerns. Generally speaking, CISV recognises that the people on the spot are usually best suited to give a realistic assessment of the situation and can provide information on precautions to be taken. CISV relies on and trusts its local organizers to take all reasonable steps to create as safe a programme environment as and to assess the local situation and determine whether or not hosting or continuing a programme is appropriate.

Participating NAs are encouraged to obtain information from their governments as well as from the host NA. Host NAs should be aware that participant families and NAs may have concerns and be sensitive to this reality; be ready to answer their questions. Host NAs may want to be proactive and send out general information about what life is like in their country and what people can expect.

Whether or not a programme goes ahead, it is the decision of guardians/participants whether to travel to or stay in these programmes.

Parental/Adult Participant Decision about Travel to CISV Programmes in Risk Areas

Every year families and adult participants contact CISV regarding procedures in place to safeguard participants who have been selected to attend programmes in areas of the world that have been receiving negative global press coverage. The following procedures outline CISV's efforts to assist families to make the decision about participation:

- CISV programme hosts are usually parents themselves and they all take the responsibility of hosting children very seriously; they will be the first to cancel a CISV activity if it is not safe
- Hosting/travelling CISV Chapters observe selection procedures and are required to have a training programme for adult delegations/staff
- > Site facilities used by CISV participants must meet local public health standards
- CISV International officials visit the proposed site before NAs host their first CISV programme
- NA/Chapter officials make inspection visits if requested
- If there are concerns about the physical safety of visitors, CISV consults appropriate embassy or foreign ministry officials
- On request, IO contacts host NAs for details or reassurances
- CISV guardians/adult participants take the final decision regarding their child's/their own travel

Getting Information on the General Safety Situation in Host NAs and what Security Precautions will be Taken for the Programmes

CISV programme organizers in each country are very sensitive to people's concerns and understand that people need to feel confident of the organizers' grasp of the situation and their ability to respond. Participating NAs with concerns are encouraged to contact the host NA so that it can respond to any specific queries directly. CISV International also monitors government travel advisories:

- www.fco.gov.uk/travel (United Kingdom)
- http://travel.state.gov (United States)
- **www.auswaertiges-amt.de** (Germany)
- http://voyage.dfait-maeci.gc.ca (Canada)
- **www.dfat.gov.au** (Australia)
- www.france.diplomatie.gov.fr (France)

Sending NAs are encouraged to monitor their government websites and it is highly recommend that they contact their own government travel advisories.

Registering with Embassies

In host NAs with security risks, all participants must register with their embassies. Sending NAs should contact their embassies directly to find out about the procedure for registering. The relevant National Programme Coordinator and host Chapter should also have the contact numbers of the local embassies of all countries represented at the programme.

PREPARING FOR A PROGRAMME

In preparing for and travelling to a programme, there are a number of steps that will assist in dealing with difficulties that may arise. These are the responsibilities of the sending Chapter, leader, families and participants.

PARTICIPANT AND DELEGATION PREPARATION

Ensuring that Everyone has Realistic Expectations

It is up to the Chapter/NA to make sure that participants, their families, and the leader have realistic and reasonable expectations of the programme. All people with programme responsibility must have training, understand the role they will play, what is expected of them and what they can expect in return. Before participants leave, they and their families should have a good understanding of the programme and what they can expect from the experience and from CISV.

All staff, leaders and JCs must receive appropriate orientation and leadership training.



PRE-PROGRAMME CHECKLIST FOR LEADERS

- Prepare orientation session to develop understanding of Youth Meeting goals
- Plan sessions that explore personal attitudes and values, cultural awareness, communication skills, leadership skills and group dynamics
- Work with the delegation to develop an understanding of the camp theme
- Work with the delegation to plan activities and develop material that they will use when at the programme; notify staff of special materials or equipment needed
- Write to Programme Director supplying:
 - Personal information about yourself
 - Names of the participants and photos
 - >> Special diets
 - Health restrictions
 - Religions
- Notify host NA of travel information and if necessary make request for hospitality before and/or after the programme
- Determine the amount and possible use of an emergency fund with parents (Pocket money should follow guidelines set by the programme staff)
- Go through Pre-Camp information with the delegation
- Preparation for travel should include:
 - Passports
 - Visas
 - Health and legal forms
 - Vaccinations
 - >> Copy of notice or certificate of travel insurance
 - Travel arrangements
 - Medication/prescriptions (including glasses)
 - Luggage labels

Clothing labelled with name and country

It is important that the host Chapter support the leader and help with problems which might arise. However, the host Chapter should allow the leader to develop their own experience with the delegation and with CISV.

PRE-REGISTRATION ON THE MYCISV WEBSITE



See more information at MyCISV Questions & Answers...

PERSONAL ELECTRONIC EQUIPMENT AT PROGRAMMES

Participants should be advised not to bring personal electronic equipment (such as mobile/cell/smart phones, portable computers, computer games) to programmes. They may bring them for the journey, but they will be asked to store them with programme staff/Interchange leaders in a safe place for the duration of the programme. Host staff may use personal electronic equipment whenever needed. Leaders and JCs may use personal electronic equipment at the end of the daily programme.

The use of electronic equipment as part of or to prepare for an educational activity, or for limited periods/use by general agreement within the programme should only be done with the permission of staff/Interchange leaders.

The rationale behind this rule is to avoid the distraction these devices can cause and help participants to focus on the unique programme experience which is meant to take participants out of their day-to-day environment.

SENDING PARTICIPANT INFORMATION TO THE STAFF

PARTICIPANT NAMES

Just as all leaders are asked to register on the **myCISV** website, all programme participants should register. That way, staff will have an easy way to collect names and communicate with participants.

PARTICIPANT SPECIAL NEEDS

General and Dietary

If a participant has any special needs, such as food restrictions, or an allergy, or medical conditions the host Chapter, host families and staff must be notified in advance so that they can prepare. If the host Chapter or staff are not given the time to prepare, then the participant's welfare may be put at risk.

Provide the information for the participants and delegations before the programme through the **Delegation Information Form** (for Step Up, Village, Youth Meeting), the **Individual Participant Information Form** (for IPP, Seminar Camp, Village JCs, Youth Meeting). Complete the forms in the relevant programme area on myCISV. Interchange also requires the **Interchange Leader Information Form** and **Interchange Delegation Information Form**

Staff, leader and programme coordinators must be familiar with the <u>CISV International Mental Health</u> **Guide**.

Physical Accessibility

If a participant has a particular condition that requires that certain things be in place on the site (e.g. ramps for wheelchair access), the sending Chapter must communicate early with the host Chapter to ensure that the site is accessible. As laws differ from one country to another, not every campsite will be fully accessible. If the host site cannot accommodate the needs of the participant, the sending Chapter should check with the hosts of other invitations they have for the same programme in other locations to see whether their sites are accessible. Under these circumstances, it may be possible to arrange with the IO to switch invitations.

It is also essential that staff be consulted where a participant has physical limitations in case there is anything they need to be aware of in terms of activity planning.

Companions

If a participant has a condition that means they require a companion, the sending Chapter must communicate early with the host Chapter to ensure that they can accommodate another adult. If they cannot, then the sending Chapter should check with the hosts of other invitations they have for the same programme, and with the IO, to see if it is possible to switch invitations to one that can accommodate the companion.

It is also essential that staff be consulted where a companion will be attending, in case there is anything they need to be aware of in terms of activity planning. If a companion does attend, they must have CISV training and be police checked. They must also participate actively in the programme.

PARTICIPANT TRAVEL DETAILS

Participants/leaders must complete their **Travel Information Form** on myCISV for the host NA two months in advance of the programme. If this information is not provided, the hosting NA will not be able to make arrangements to meet participants on arrival. If relevant, check with the host NA when and where participants will be met on arrival.

HEALTH AND LEGAL FORMS

HEALTH FORMS

It is essential that every participant (including leaders, JCs, and staff) have a **Health Form** completed no more than three months before the beginning of the programme. The form must be completed on myCISV, and then a copy downloaded, ready for a doctor to review and sign. A copy of the signed form must be uploaded to the relevant programme area on myCISV, and the original form should be carried to the programme. The original should be given to staff; for Interchange the leader retains the originals. Once uploaded, this can be accessed – only for the duration of the programme - by the programme staff, and delegation leader. Interchange host families should also be given a copy. Local doctors must have historical and current medical information on the person to ensure proper treatment. CISV representatives (staff and host families) must also know of any medication which they may have to help administer and medical conditions which they might have to monitor and which might affect a person's participation in certain activities.

Health Forms must be signed by a doctor and taken to the programme. If the doctor has a stamp, it is recommended that you ask for it to be put on the form along with the doctor's signature. In certain countries, this is important and helpful. The signed form should be uploaded to myCISV.

If the participants are children travelling with a leader, then the leader should carry the **Health Forms** of all participants under their responsibility. At the programme, these forms should be stored safely and confidentially in the staff office (for Interchange, copies are given to the host families) and consulted in the event of a medical need. On an excursion, the forms should be carried securely by staff or leaders. For homestays during camp-based programme, the original copy should be given to the host family to be returned at the end of the stay. Leaders must also give host families instructions on any medications, which they may have to administer. Where relevant, if an incident occurs, a copy of the **Health Form** should be attached to an **Incident Report Form**. If an insurance claim is made, this information may also be required. At the end of the programme, the original and all copies should be returned to either the adult participant or child participant travelling alone. In the case of a delegation, the original and all copies should be given to the leader, who should then return them to the child's guardian on arrival. The sending Chapter should destroy any copy it holds within a year after the end of the programme.

What if Someone Arrives Without the Signed Health Form

If a participant arrives without a properly completed **Health Form,** their doctor can be asked to fill it in and send it only where the doctor has seen and examined them within the last three months. If this is not possible, the participant must be taken to a local doctor for an examination. That doctor should fill in the form as far as it is possible under the circumstances. The participant must pay for the visit to the local doctor.

INSURANCE

Every participant must have travel/medical insurance. As of the 2016 programme year, all participants (including leaders and staff) in CISV international programmes (not including Mosaic projects) are automatically covered by the CISV Travel Insurance. The International Office will issue notices or certificates of insurance to all NAs. Every participant, leader and staff should carry a copy in case they need it while travelling or during the programme. The notice will provide basic information and contact details for the claims handler in case something happens and an insurance claim needs to be started. This information will be necessary to show to external parties such as doctors or hospitals. Within CISV, however, all international programme participants, staff and leaders are covered and will not need to show proof of insurance. Information on the CISV Travel Insurance is available on www.cisv.org.

LEGAL FORMS

There are three types of official CISV Legal Forms; Child Travelling with Leader Legal Form, Child Travelling Alone Legal Form and Adult Legal Form. They are all available in the relevant programme area on myCISV.

It is essential that every participant (including leaders, JCs, and staff) have the appropriate CISV Legal Form fully completed. The form must be completed on myCISV, and then a copy downloaded and signed. A copy of the signed form must be uploaded to the relevant programme area on myCISV and taken to the programme. We recommend that the original is given to a member of staff (for Interchange, it is kept by the leader.) One copy should stay at home with the sending family or Chapter, and one copy should stay with the leader (if applicable).

For children, these forms are signed by their guardian and give consent for travel with a named leader or alone.

For all participants, these forms appoint CISV representatives as legal guardian should an emergency occur and should medical decisions have to be made on behalf of the person and their guardian cannot be reached. These forms are precautions, but without them children may have difficulty travelling and doctors may not be able to proceed with some treatments without consent.

These forms make it clear that if someone behaves in a manner contrary to CISV rules then they may be sent home at their own/family's expense.

If the participants are children travelling with a leader, then the leader should carry the participants' legal forms. At the programme, the forms should be stored safely and confidentially in the camp office (for Interchange, copies are given to the host families) and consulted in the event of emergency. On an excursion, the forms should be carried securely by the staff or leaders. For home-stays during camp-based activities, the original should be given to the host family to be returned at the end of the stay. If an incident occurs, a copy of the form should be attached to a completed **Incident Report Form**. If an insurance claim is made, this information may also be required. At the end of the programme, the original and all copies should be returned to either the adult participant or child participant travelling alone. In the case of a delegation, the original and all copies should be given to the leader, who should then return them to the child's guardian on arrival. The sending Chapter should destroy any copy it holds within a year after the end of the programme.

What if Someone Arrives Without the Signed Legal Form?

If a participant under age 18 arrives without these forms (or with the wrong form), the sending Chapter must be contacted. They must arrange to have the guardian of the participant sign and fax/scan and e-mail the legal forms immediately to the host NA or directly to the programme, or uploaded to the relevant programme area on myCISV. If the participant is aged 18+, the form must be signed upon arrival if not done previously.

SUMMARY OF HEALTH AND LEGAL FORMS

FORM	WHO IS IT FOR?	WHICH PROGRAMMES?	WHO SIGNS?	COMMENTS	
Health Form	All participants and JCs, All staff and leaders	All programmes except Mosaic (unless the Mosaic project involves travel and overnight accommodation)	Signed by participant's doctor. Also signed by guardian for child participants (under age 18) by child participants aged 16-17 and by adult participants (age 18+). If the doctor has a stamp, you should ask that it be put on the form along with the signature. In certain countries, this is important and helpful	Must be dated within the 3 months before the programme. If a participant arrives without a properly completed Health Form, the person's doctor can be asked to fill it in and send it only if the doctor has seen and examined the person within the last 3 months. If this is not possible, the person must be taken to a local doctor for an examination. That doctor can fill in the form as well as possible in the circumstances. The participant must pay for the visit to the local doctor	
Child Travelling With Leader Legal Form	All child participants travelling with an adult leader	Village, Interchange, Step Up and Delegation-based Youth Meetings	Signed by guardian of the participant	If a participant arrives without this form, the sending Chapter must be contacted. They must arrange to have the guardian sign, scan and email the legal form immediately to the host NA, directly to the programme, or upload to myCISV.	
Child Travelling Alone Legal Form	All child participants aged 16-17, travelling without an adult leader	Village JCs, Seminar Camp participants, Youth Meeting participants aged 16-17	Signed by guardian of the participant and the participant	If a participant arrives without this form, the sending Chapter must be contacted. They must arrange to have the guardian sign, scan and email the legal form immediately to the host NA, directly to the programme, or upload to myCISV.	
Adult Legal Form	All adult leaders and staff members, IPP, Seminar Camp and Youth Meeting participants, aged 18+	All programmes for staff/leaders, IPP, Seminar Camp and Youth Meeting for participants, aged 18+	Signed by adult on their own behalf	Must be signed upon arrival if not done previously.	

TRAVEL CONSIDERATIONS

SUPERVISION - TRAVELLING ALONE OR WITH A LEADER

CISV participants under the age of 16 must not travel without an adult. The exceptions are very unusual circumstances, such as where the participant must return home immediately. In these circumstances, the guardian must give their consent and arrangements must be made with the transport company to provide assistance to the participant on their journey.

An individual child participant (not part of a delegation) may only travel alone with consent from their guardian.

Consent from their guardian is required for any child participant under the age of 18.

When a delegation is travelling with a leader, that leader is the temporary guardian of the participants. The leader must exercise due care and should never leave a participant alone during travel. If the leader has to be absent for a few moments, the participants should be left in a group.

PRE AND POST-PROGRAMME TRAVEL

Generally, this is discouraged in CISV as it can detract from the educational impact of the programme. Delegates are asked to arrive and depart on the appointed programme dates. Where reasonable travel arrangements make it impossible to observe these dates, host Chapters may be asked to provide free hospitality for early arriving/late departing staff, participants and leaders for up to a maximum of two nights. The host Chapter is requested to assist anyone in finding hotel accommodation where home hospitality is not possible. Staff, participants and leaders arriving earlier or departing later will be responsible for their own accommodation expenses.

Where participants arrange to travel after the programme under the care of a CISV leader, it is important that everyone involved understands that this trip is outside the scope of the CISV programme and that CISV does not bear responsibility for arrangements or occurrences related to that trip.

The CISV Travel Insurance-Policy Information covers up to 10 extra days of leisure travel (when in line with CISV International Programme Basic Rules). For any additional travel, it is the responsibility of parents to purchase any additional travel/medical insurance needed.

VISA REQUIREMENTS

For some countries visas are required. The visa application process varies in length from country to country. Start the application as soon as possible.

It is the responsibility of the sending NA to check whether visas are required. If a formal invitation is required from the hosting NA and/or the IO it is also the responsibility of the sending NA to request this as early as possible. It is further recommended that the host NA be asked to contact the office that issues visas in that country giving some information about CISV, explaining the nature of the international programme that will be taking place and advising them of the home countries of participants/staff/leaders. This approach has been shown to be very effective in speeding up visa applications.

Cancelling participation in a programme due to a late visa-application does not constitute *force majeure*; therefore all penalties will be incurred.

CONTACT DETAILS OF THE PROGRAMME

In case of an emergency at home, in the host NA or en route to/from the programme, the leader, any participants travelling on their own, the sending Chapter and parents should have:

- Phone/fax/e-mail addresses of programme and Interchange host families
- Leader's mobile/cell phone number if there is one
- Contact details for host Chapter and NA
- Contact details for their country's embassy/consulates in the host country

It is important that sending Chapters and parents recognise that these contact details should only be used in case of emergency and are not to be used for general communication.

REGISTERING WITH EMBASSIES

CISV recommends that a sending Chapter communicate with its country's embassy or consulate in the host NA and advises them of the names of the participants and the location/contact details of the programme. While this practice should always be followed when the programme takes place in a risk region or an area in conflict, it is advisable at all times. Should there be an emergency, be it military or a natural disaster, embassies will assist their citizens in the host country and parents and the sending Chapter can be in contact with the embassy.

TIPS FOR TRAVELLING

The following are some considerations and actions, to help make a journey easier and safer.

Purchase of Tickets

- To the extent possible, choose a reputable, safe airline and a direct route of travel
- Consider air tickets that allow for changes or cancellation without incurring charges right up to the time of departure. In situations of uncertainty, consider refundable tickets.
- In the case of transit flights, choose flights that allow ample time for transfers
- Do not make travel arrangements until the Pre-Camp 1 deadline and Pre-Camp 1 has been shared

Insurance

All participants (including leaders and staff) in CISV international programmes (not including Mosaic projects) are automatically covered by the CISV Travel Insurance. The International Office will issue notices or certificates of insurance to all NAs. Every participant, leader and staff should carry a copy in case they need it while travelling or during the programme. The notice will provide basic information and contact details for the claims handler in case something happens and an insurance claim needs to be started. This information will be necessary to show to external parties such as doctors or hospitals. Information on the CISV Travel Insurance is available on www.cisv.org.

- Understand beforehand, how and when to file reports when making an insurance claim
- The leader must carry copies of the notice of travel insurance for themselves and each participant in their delegation
- Carry Health Form and Legal Form in hand luggage
- Consider the possibility of participants also carrying a copy of the CISV Travel Insurance policy

Difficulties that may Arise During Travel

Be prepared for difficulties and always remember that the safety of participants is the highest priority. Difficulties may include:

- Cancelled flights
- Inability to make a transfer due to delays or unexpected closing of airports
- No one to meet the participants at the airport or station
- Lost children
- Missing baggage
- Injured or ill children
- A serious incident in the final destination or transit point and airports are closed
- The planned itinerary is changed; the leader/participants travelling on their own must contact both the sending Chapter/parents and the host Chapter to advise them of the situation

Items to Bring on the Journey

Overall:

- The leader/participants travelling on their own must be sure to take emergency money (reserve funds) and credit/debit cards that can be used to cover emergency expenses like medical expenses, hotel charges, etc.
- For delegations, consider having each participant travel with emergency money in a widely accepted currency recognising that this money is to be used for emergencies only and is not extra spending money for use at their programme; a discussion with parents of the participants should determine a suitable amount. This needs to take into account travel to and from the programme as well as any incidental travel.
- Consider national and local safety conditions in terms of how much cash to bring versus credit/debit cards and whether large amounts stored on an individual or the campsite pose a risk to personal safety and camp security.
- Consider whether the leader should rent an international mobile/cell phone or take a pre-paid telephone card to maintain contact during the journey; for Interchange, it is particularly recommended that the leader has a mobile phone for use during the hosting phase, which will work in that area
- Take a basic first-aid kit; if a participant is unwell or injured to the extent that medical advice is required, any treatment given must be prescribed and provided by a medical professional competent in the relevant field
- > Be prepared to explain ordinary medicines in English; everyone travelling should take a copy of prescriptions for any medications or eye glasses in case luggage is lost or glasses are broken
- Phone numbers of the sending and host Chapter/NA and of sending parents

For Travel:

- Check hand-luggage rules in advance and pack accordingly to avoid problem and delays
- For delegations, anticipate long waits in the airport
- Anticipate chilly airplane cabins, even in summer
- Consider carrying a change of clothes and toiletries in hand luggage in case checked-in luggage is delayed

COMMUNICATION DURING THE PROGRAMME

Make sure that any leader or adult participant has the contact details of someone in the sending Chapter in case any questions arise.

COMMUNICATIONS IF A PROBLEM ARISES

Most problems that programme encounter are minor and can be addressed appropriately by staff, leaders and participants within the programmes.

However, should a serious problem arise and should a participant need to leave the programme early, there are specific procedures to follow. The NA/Chapter of the participant (and guardian in the case of a child) must be consulted as part of the process, which is fully described in InfoFile **R-15 Procedure for Sending Someone Home**.

If a leader has to leave the programme early, the NA/Chapter of the leader must be consulted as part of the process and take part in making alternate arrangements (a new leader or someone to accompany the delegation during travel). The guardian of the participants in the leader's delegation must also be consulted and arrangements made for new legal consent forms. The procedure is fully described in InfoFile **R-15 Procedure for Sending Someone Home**.

COMMUNICATING WITH THE PROGRAMME OR PARTICIPANTS

Should the sending Chapter or a family member need to reach the programme urgently, the contact information is in the Pre-Camp. However, it is important that sending Chapters and families (as well as the participants) recognise that the contact details should only be used in case of emergency and are not to be used for general communication.

In general, communication with the outside world during a programme is discouraged as it may be distracting for the participant and make it difficult for them to make the most of the programme experience.

In some programmes, depending on the site facilities, leaders and adult participants may have limited access to e-mail to communicate news to family of participants.

FOLLOW-UP AFTER THE PROGRAMME

Participation in a CISV programme can be a powerful experience. It is recommended that sending Chapters organize some form of follow-up activity after participants return from the programme, which will give them the chance to debrief and share. Former participants are a great resource in debriefing sessions for participants who have just returned from a programme.

LEADER AND STAFF PERFORMANCE

If the programme staff/LIC has provided feedback on leaders, the sending NA will receive a copy of this feedback. Currently, this is sent by the IO to the National Secretary and National Risk Manager.

ISSUES

The National Secretary of the sending NA will also receive an issues report.

Any issues (medical, behaviour, rule violations etc.), recommendations or further training suggestions, reported from the programme that relates to participants or adult will be shared with their sending NA (via the National Secretary and National Risk Manager) for follow-up.

INCIDENT REPORT FORM (IRF)

The <u>Incident Report Form</u> must be filled in if there is an incident in a programme. However, not every incident will require full reporting.

Examples of situations or incidents to report are those requiring medical (including psychological) attention, those involving criminal behaviour, and violations of CISV guidelines on Behaviour and Cultural Sensitivity, where consequences have been imposed. The information should be sent to the host National/Chapter Risk Manager with a copy to the IO. The **Incident Report Form** must be signed and can be submitted electronically.

If any incidents occur during the programme, please make sure that a completed **Incident Report Form** it is sent to the IO. This can be done at the time of the incident or as soon as possible after the programme, depending on the severity of the incident. Anyone participating in a programme can fill in and submit an **Incident Report Form** and has a responsibility to ensure that all incidents are recorded and reported.

YOUTH MEETING / EDUCATION & EVALUATION

	Introduction	Role Profiles	Hosting Before	Hosting During	Sending	Education & Evaluation
Staff	•	•	♦	•		•
Leader	•	•		*	•	•
Family	•	•			*	
Participant	•	•			*	
Chapter/NA person with programme responsibility	•	•	*	•	•	•

ABOUT CISV

CISV educates and inspires action for a more just and peaceful world.

Since 1951, CISV has been offering a range of local activities, international camps, family-hosted exchanges and community-based projects. These are known as our 'programmes' and every year our volunteers organize them for young people and adults from over 60 countries.

Over the years these programmes have provided opportunities for thousands of participants to meet and develop friendships with people from different countries, backgrounds and cultures. All CISV programmes have a peace education focus, which we use to inspire our participants to become active global citizens. As CISV continues to grow around the world we remain united as an organization by our educational principles. These reflect the way we think and behave:

OUR EDUCATIONAL PRINCIPLES

We support social justice and equality of opportunity for all.

We appreciate the similarities between people and value their differences.

We encourage the resolution of conflict through peaceful means.

We support the creation of sustainable solutions to problems relating to our impact upon each other and the natural environment.

Our educational principles form a bridge between our Mission Statement and our focus on peace education. So, when you look at them alongside the main strands of our peace education content in the chapter "Peace Education in CISV", you will be able to see how closely they are linked.

Programmes combine our educational principles with peace education to promote inclusion, social justice, non-violent resolution of conflict and sustainable development. They also help to develop an awareness of how each of us can take action towards a more just and peaceful world.

In addition to our programmes we also contribute to research and work with organizations worldwide whose goals are similar to ours.



USE OF THE CISV MISSION STATEMENT AND THE EDUCATIONAL PRINCIPLES IN PROGRAMME PLANNING

The CISV Mission Statement and educational principles, given above, are central to training and programme planning. They are used as the foundation for Youth Meeting goals, Youth Meeting development and for planning specific activities. The Mission Statement and educational principles are reflected in Youth Meeting practice, and participants may get to know them in this way. They may also be discussed in activity debriefing or in delegation time. Themes used in Youth Meetings help to link the total experience (educational activities, relaxation / fun activities and learning through group-living) to aspects of daily life. In Youth Meetings, participants acquire skills for relating and interacting in group situations, while gaining a better understanding of their own culture as well as other cultures.

BUILDING THE STATEMENT OF PURPOSE AND EDUCATIONAL PRINCIPLES INTO THE PROGRAMME STRUCTURE

In Youth Meetings the theme is developed following the ASK approach: the activities develop attitude, skills and knowledge of the participants about different issues related to the theme. Participants develop awareness of the theme and its direct impact on the realities of their lives both in the group living experience and outside the Youth Meeting, while understanding how to contribute to a better world.

PEACE EDUCATION AND ACTIVE GLOBAL CITIZENSHIP

CISV'S APPROACH TO PEACE EDUCATION

This is a practical guide to what we do and why we do it, and can be used as a handbook for CISV training. We hope you enjoy reading it and find it useful. You can find more details on all the information contained in this Guide in the **CISV Passport**, in our **Big Education Guide** (Big Ed).

Peace Education provides us with the attitudes, skills and knowledge we need to become agents of change, both locally and globally; in other words, to become active global citizens.

It looks at local and global issues that are relevant to all countries, recognizing that peace can mean much more than the absence of war. In fact, peace education encourages us to look at a wide range of issues and helps us gain a better understanding of:

- our own identity within the local and global community
- basic human rights as well as forms of exploitation and injustice
- conflicts and how they can be caused, prevented and resolved
- sustainable solutions for environmental and development issues

Having the opportunity to make friends with people from different backgrounds and life experience can also play an important role within peace education. This is because it encourages us to examine our own attitudes and values, which in turn helps to broaden our perspective of the world. It also helps to raise our self-awareness and our awareness of others.

Many of the issues within peace education are also found in what is often called development education, intercultural education and global citizenship. You can find more information on the similarities and differences between these in our **Big Education Guide** (Big Ed), which is available on **www.cisv.org**.



PEACE. PEACE EDUCATION AND ACTIVE GLOBAL CITIZENSHIP

Peace means more than the absence of war. For CISVers, peace education helps us to develop our personal and interpersonal knowledge about the communities in which we live, the culture and communities of fellow participants and how these inter-relate. It helps us to develop effective skills of communication with members of different cultures, and cooperation towards shared goals, alongside attitudes of friendship and openness to people of other nations and cultures.

Peace

In the context of the Youth Meeting programme, peace means living and working together, and learning to appreciate similarities and difference. The concept of peace that is developed throughout the programme lines up with the programme' goals: Building an inclusive community, developing cross cultural competence as well as positive attitudes towards others, and gaining an interest and initial experience in peace education.

Peace Education

Learning through living as a group and taking part in activities in an intercultural setting enables participants to become aware of issues within CISV's four areas of educational content. Youth Meeting participants engage in peace education activities, reflect on learning from peace education activities,

share their learning, and connect the things they have learned to life in their respective homes, communities and the wider world.

Active Global Citizenship

Attitudes, skills and knowledge for active global citizenship are developed through participation in Youth Meetings. Attention is given to the development of intercultural awareness, self-awareness, communication, leadership, and cooperation skills. It is anticipated that young people who attend Youth Meetings will be able to use what they learn in this international Programme to help with the development of educational aspects of the work in their own Chapter or Junior Branch on their return home. They are also encouraged to think about how to apply their learning to other contexts, such as school or participation in LMOs, and so to use what they have gained in CISV to become truly active global citizens.

ASK FOR ACTIVE GLOBAL CITIZENS

Active global citizens need a combination of attitudes, skills and knowledge (ASK). In CISV we ensure that these attitudes, skills and knowledge are at the heart of our educational goals and our approach to learning.

EXAMPLES OF ASK

Attitudes - How we think and behave:

- Being open minded
- Behaving flexibly
- Willingness to include people
- Taking responsibility for our own actions and decisions

Skills - Our ability to/for:

- Communicate
- Leadership
- Self-reflection
- Creative problem solving

Knowledge - Information we gain about:

- Population dynamics
- Community concerns
- Geographical facts
- Environmental issues



ATTITUDES, SKILLS AND KNOWLEDGE (ASK)

All Youth Meetings share the same educational goals, which are used both as a framework for planning the programme with regard to educational content and as the basis for programme evaluation.

Each goal is made up by up to four indicators, which are the attitudes, skills and knowledge (ASK) we want the participants to develop through the programme.



YOUTH MEETING PROGRAMME GOALS AND INDICATORS

Explore the theme in the local and global context

Develop the theme (S)

Participate in theme-related activities (A)

Contribute an activity that shows understanding of the theme within own community (K)

Understand the theme within the local context (K)

Increase awareness and critical thinking skills

Share personal perspective of the theme **(K)** Contribute to group discussions **(A)** Understand other perspectives **(S)**

Develop the attitudes, skills, and knowledge necessary to work well within a group

Improve communication skills (S)
Demonstrate initiative and the ability to follow (A)
Plan activities (S)

Generate interest for active global citizenship Connect the theme to everyday life **(S)**Share critical thinking about an issue in own local community **(S)**Connect peace education to everyday life **(K)**

APPLYING ATTITUDES, SKILLS AND KNOWLEDGE AFTER THE PROGRAMME

As we can see from the educational goals and indicators of the Youth Meeting programme, we focus on the individual growth and the real world applications that a theme can have. Therefore, we emphasise the importance of planning activities in which the participants can reflect on the theme and how it is linked to their daily life (noting that reflection is an important area of the experiential learning cycle). To ensure the achievement of this goal we encourage the staff and leaders to plan some "high impact" activities related to the theme and to each of the educational goals. Youth Meeting participants are encouraged to transfer their learning to their daily life and to become more active global citizens.

PEACE EDUCATION IN CISV

The four main content areas of Peace Education in CISV Programmes

Diversity

Explores the identity of the individual and then asks us to consider ourselves within our own and the wider community.

Human Rights

Considers how human rights affect every aspect of our lives and how violations can lie at the root of problems such as poverty, violence and lawlessness.

Conflict and Resolution

Helps us to understand how conflicts can arise deliberately or otherwise and what can be done to help bring a peaceful resolution.

Sustainable Development

Looks for integrated ways to promote economic and social well-being, while protecting the environment through the responsible use of natural resources.

Activities and discussions in CISV programmes can either relate to one of these areas or a combination of two, three or all four of them. This allows our programme planners the flexibility to make sure that the issues are interesting and relevant to the whole group and meet the educational goals.

We help our participants to use peace education within the context of a programme to develop their attitudes, skills and knowledge, so they can become active global citizens.



USE OF THE FOUR CONTENT AREAS

Youth Meeting is a theme based programme; the content areas are the basis for developing each camp. The theme may relate closely to one of the four content areas but there is often over-lap with other areas which can be developed during the programme.

We encourage the staff to develop the theme and to advise the participants about it in advance though the pre camps. Ask participants to plan theme related activities from their own countries or activities related to their personal life which they can share with others.

EDUCATIONAL CONTENT

Programme planners and staff need to take into account the unique characteristics of their Youth Meeting, such as the age group, the length of the programme and the individual growth of the participants linked to the theme development and the four areas of educational content. Although the short duration means that the total experience is compressed, it is still important that there is sufficient time for effective de-briefing and subsequent reflection. These phases of the experiential learning cycle are important in helping participants understand what they have been doing and in applying them to their lives.

RESOURCES USED TO SUPPORT PEACE EDUCATION

- CISV Passport
- **Big Education Guide** (Big Ed)

- Youth Meeting Programme Guide
- PDPEF FAQ at Evaluation
- PDPEF Help Notes
- Youth Meeting PDPEF Package
- Activity Writing Template for uploading activities devised in a Village so that they can be shared in Educational activities
- **Evaluation**
- Research
- Commercially available activity books and on-line database of resources from development education organizations may also contain activities which can be used or adapted for use in Youth Meetings.
- > International Youth Meeting trainings at selected Regional Training Forums
- Youth Meeting Training Curriculum
- www.cisv.org/resources/programmes-resources/youth-meeting/

BUILDING PEACE EDUCATION INTO PROGRAMMES

We use 'themes' to provide a unique flavour to each of our programmes. These are developed from our four peace education content areas. Each theme can concentrate on one particular content area or provide a link between two, three or all of them.

Themes are helpful as they connect the educational content directly to the goals of each programme. When you are planning your theme, you may wish to take into account a number of factors, including:

Location

- Age of participants
- Duration of programme
- International/national campaigns

Local Issues

- World events
- Size of group
- Partner organizations
- Resource availability
- Cost
- Group dynamics
- Relevance to participant group
- Complexity of issue

Everyone who has been on a CISV programme remembers the friends they made and the fun they had. They also remember many of the activities they took part in. Most of these activities are connected to at least one of our four content areas of peace education. Activities are chosen to support the theme and to provide opportunities for our participants to learn more about themselves and how they can develop the attitudes, skills and knowledge (ASK) to become active global citizens.

CISV has a database of activities, which you can find in **Educational activities.**



BUILDING PEACE EDUCATION INTO YOUTH MEETINGS

Each Youth Meeting has a specific theme chosen by the staff and communicated to the participants before the camp. At the beginning of the camp, the staff, the leaders and the participants decide how they will use the theme and how it will be developed. The theme development relates participants' interest to their realities and to specific issues of their daily lives. Youth Meeting participation raises awareness and stimulates critical thinking among participants, so that they can become active, contributing members of society

Themes are linked to the educational content areas. Although one content area may be emphasised in the selected theme, it is possible that all four content areas may be included in some of the activities.

A questionnaire has been developed that will help the staff develop the theme. The staff should fill out this form and send it back to their Regional Delivery Team for Educational Programmes no later than two months before the start of the Youth Meeting. The Regional Delivery Team for Educational Programme will read and analyze the questionnaire and will give feedback.

Key Elements

- Be aware of the age group
- Choose a theme broad enough but focused enough
- Have a multi-layered theme that can be applied personally, locally, nationally and internationally
- Use questions as a tool to develop the theme and gain the participants interest
- Use what is happening in the real world related with the theme as a tool

Staff, leaders and participants are encouraged to contribute to **Educational activities**.

LEARNING BY DOING

'Learning by doing' is simply a way of saying learning from direct experience, rather than from reading books or listening to lectures. It is characteristic of all CISV programmes and you may hear this process referred to as 'experiential learning'.

Because we think that experiential learning is effective and fun, it is at the core of all our activities. We find it helpful to think of it as a four step process:

Step 1: Do a peace education activity

Step 2: Reflect on what ASK you have learned from this activity

Step 3: Generalize how this new learning can be applied to a new context

Step 4: Apply put your new ASK into action

Sometimes the 'apply' part of the process will take place within a CISV programme, which is great to see. However, sometimes the process takes longer or the right opportunity does not present itself until after the programme. This is how experiential learning helps participants to become active global citizens.



USING EXPERIENTIAL LEARNING

Experiential learning is the basis for all Youth Meeting activities. Whether the focus is on peace education or group development the participants should be actively participating in their learning experiences. It is especially important that all parts of the experiential learning cycle (do, reflect, generalize and apply) take place during peace educational activities. It is possible that group development activities may not contain all aspects of the experiential learning process.

Taking into account the short duration of Youth Meetings there is often an intensity of planned experiential learning activities. It is important to have some times for fun and relaxation.

EXPERIENTIAL LEARNING ACTIVITIES

The balance of planned educational activities and fun activities will depend on the needs of the group in terms of age, experience, activity level and also on the site and facilities available. However, the educational goals of the programme should be kept in mind so that the majority of activities have educational content and can be used in working towards these programme goals.

RUNNING SAFE AND HIGH-QUALITY EDUCATIONAL ACTIVITIES

When running activities in our programmes it is imperative that they are safe, sound and of high educational quality. This requires that they are well-planned, monitored and take into consideration special needs and readiness of the participants both individually and as group. It means we may have to **adapt and change** known activities so that they are suitable and relevant for each participant group. It also means that we **do not** do certain activities when they are not appropriate, suitable or relevant for a participant group (even if those activities have worked well in the past with other groups). Therefore, we need to:

1. Plan activities and take into account:

- the age of the participants
- the special needs of the group (including cultural differences, English language levels, comfort levels, and where the participants are in their learning journey)
- the educational purpose of the activity (Note that doing an activity because we have done it in the past or that is considered a "classic CISV-activity" is not an adequate reason on its own to do an activity)
- that is respects the dignity and human rights of all participants and adults concerned and does not discriminate or marginalize people due to their views, preferences or characteristics, or exerts unnecessary peer pressure
- that it avoids stereotyping and oversimplifications (including national cultures, gender character traits, generalized and assumed characteristics of specific people or groups, such as people with disabilities, or people in specific socio-economical groups)
- that rules and parameters are clearly communicated and understood (including activity area limits, activity duration, and variations to generally known activities). Not that some activities exist in many different countries and are done in different ways and with different rules.
- the specific skills, knowledge and experience required by the adults to run a specific activity (including simulations and roles plays that can evoke past trauma or cause strong emotional reactions)
- the site and local environment (including the climate, the campsite area, public access, the ability to monitor, accessible areas, equipment)
- that risks are assessment and unnecessary hazards are avoided (including tripping and slipping hazards, potential risks of falling on sharp objects and glass, dangerous equipment, proximity to bodies of water, stress, emotional reactions)
- there is a clear end to the activity, followed by appropriate debriefing so that intended learning outcomes are understood by all participants

2. Monitor activities and take into account:

- that there are adults in charge and present at all times (including responsibility for headcounts)
- that adults are allocated and aware of their specific responsibilities and are clear on what they need to do
- 1. Explain emergency procedures so that participants and adults know who to approach and what to do if something in the activity goes wrong, and that participants must be able to opt out of activities that causes them distress or adverse reactions.

HOW DO WE KNOW WE ARE GOOD AT WHAT WE ARE DOING?

As an Educational Organization it is Important that we have Ways to:

- monitor the quality of our programmes for all our participants
- improve what we do year by year
- share with each other what we do well
- show how well we are achieving our organizational purpose

Educational Evaluation Helps us to Do all of These.

This process starts at the beginning of a programme and is used all the way through until the end. It helps us to plan activities which support the theme, and also allows us to see how well each of our participants is developing their attitudes, skills and knowledge (ASK).

At the end of the programme we collect information from each CISV programme to build up a picture of how successful they are. The process also helps us to collect information on which themes have been used, so we can see the balance of educational content across all of our programmes.

We use the process to show us how well we are educating and inspiring for action towards a more just and peaceful world.

QUALITY STANDARDS

Four Educational Quality Standards, which Apply to All our Programmes.

1. Goals

All programmes have four educational goals, which are developed from our Mission Statement.

2. Principles

All programmes use our Mission Statement, educational principles and approach to achieve their goals.

3. Peace Education

All programmes use peace education to achieve their educational goals.

4. Evaluation

All programmes follow the CISV evaluation framework to plan, monitor and evaluate success.

WHAT IS EDUCATIONAL EVALUATION?

This is a process which you start at the beginning of a programme and use all the way through until the end. It helps you to plan activities that support the theme (see <u>CISV Passport</u>) and the achievement of your programme goals. Educational evaluation involves everyone in the programme.

Why we Evaluate our Education?

- **Educational Success**: So that CISV can assess the achievement of programme goals:
 - >>> For each participant
 - For each camp/project
 - >> For each international programme
- Programme planning and monitoring: All of our programmes use the PDPEF to guide the process of educational evaluation. This process provides you with a way to plan activities that will help your participants to achieve the programme goals. It also helps you to make sure that your programme meets the needs of all your participants.
- **Recruitment and Retention**: CISV's past, present and future is related directly to the experiences that our participants share with their friends, neighbours and community. These "success stories" are a result of the educational experience our programmes provide. Educational evaluation provides our NAs and Chapters with a more valid and reliable record of our achievements, which can help us to recruit new members and retain existing members.
- External Support and increased visibility: CISV is an educational charity or not-for –profit organization, so profile-raising and fund development are ongoing activities for all of our NAs and Chapters. The systematic evaluation of our programmes can be used for marketing and fundraising purposes. For instance, many funders require us to provide evidence of past successes when we make funding applications. We are also often required to provide evidence of effective evaluation when we are reporting to funders. We can also use the results of our educational evaluation to celebrate our successes in our publications, websites and educational forums to raise the profile of CISV. Increased visibility and educational credibility help to support CISV's capacity-building and fundraising efforts.

Who Uses this Information?

- The Educational Programmes Committee and Training and Quality Assurance Committee: to measure the success of each programme in achieving its goals. This assessment will allow CISV to have a better understanding of **what we do well** and **where we can improve**.
- Educational Programmes Committee: to develop activities to assist each programme to achieve its goals more effectively and determine the training and support needs of NAs and Chapters. They also use the information to share best practices and inform programme development.
- National Associations: to evaluate the programmes that they have hosted and to know if their participants achieved the educational goals.

THE PDPEF (PROGRAMME DIRECTOR'S PLANNING AND EVALUATION FORM)

The **PDPEF**_is a planning and evaluation tool to use throughout the programme. You should use it:

- In the planning stages to develop educational activities
- When the camp/project begins, to record important information about participants, staff and leaders
- During the programme to plan activities and record your participants' educational progress
- At the end to provide a final evaluation of the programme

Goals/Indicators/Evidence

Goals are what we want participants to learn or develop. Our goals are written as broad areas of learning and development. Some examples of programme goals are: to develop leadership skills; to empower participants to take initiative in their community; and to increase inter-cultural awareness.

Indicators are how participants will demonstrate what they are learning. We have indicators to help us see whether goals have been achieved. Each indicator is an attitude, skill or knowledge.

Evidence is what we ask you to collect to show that your participants have acquired the attitudes, skills and knowledge in your programme goals.

Collecting evidence throughout the programme enables you to monitor your participants' progress at regular intervals. It also provides you with the information you need to assist your activity planning, in line with the goals yet to be achieved.

In the **PDPEF**, you should identify exactly what evidence you have used to demonstrate the success of the goals. Those of you who are planning activities need to decide what evidence should be collected from each activity. When you are planning activities, you need to consider which goal/indicator you want to achieve. Remember that you can collect evidence at any time, not just during activities. Each type of evidence can be used more than once.

The chart below gives you some ideas of types of evidence. You can use any, all or none of the items. You can also use each item more than once or decide on a different type of evidence.

observation	ie i i			
discussion	self-evaluation	photograph presentation		
diary	peer evaluation			
interview	portfolio	performance		
	something made	story		
survey		Ť		
video	checklist	picture testimonial/letter		
participation	questionnaire			

You may find the following Questions helpful when Choosing Evidence for an Activity:

- How easy will it be to collect?
- How much time will it take?
- How much will it cost?
- Will everyone be able to do it?
- How often will we need to do this?
- What resources will we need?
- How practical is it?

Two Forms are available to help you (and in some cases your participants) monitor the progress of achievement of educational goals. The Group Evaluation Form and the Individual Evaluation Form.

The Group Evaluation Form is only for staff, leader and adult participants use. You should use this form to record each participant's progress with the educational goals throughout your programme. You should transfer the data you have collected in the Group Evaluation Form into the online **PDPEF**.

The Group Evaluation Form can be made available for all adults to see and update throughout the programme, using information from staff or delegation meetings and the Individual Evaluation Form (see below). You do not need to record the names of your participants on the Group Evaluation Form, only their country and gender. Place a tick in the appropriate box when a participant has achieved a goal.

Individual Evaluation Form

You can use Individual Evaluation Forms to monitor individual participant's progress. They can be filled in by leaders, staff, or participants. For younger participants, (or example, in a Village) leaders are responsible for filling in the Individual Evaluation Form. However, older participants (for example in a Step Up, Youth Meeting, Seminar Camp, Mosaic, or IPP) may wish to use the Individual Evaluation Form as a self- evaluation tool. Please refer to your Programme Guide for advice on this. You can use the information from the Individual Evaluation Forms throughout the programme to update the Group Evaluation Form. The Individual Evaluation Form is not used in Interchange.

Note: Individual Evaluation Forms are for your use within the programme only and should **not** be sent to the International Office.

Online PDPEF Guidance for Programme Directors

As Programme Director, you are responsible for making sure the final chart is filled in online at the end of the programme. Place a tick in the appropriate box if the indicators have been achieved to a level with which you are satisfied. An empty box means 'not achieved'. If you are unsure if the indicator has been achieved, leave the box empty and this will be counted as 'not achieved'. In Interchange, the Local Interchange Coordinator (LIC) completes the **PDPEF**.

Activity Writing Template

There is an Activity Writing Template on www.cisv.org for each CISV International programme, which contains the programme goals and indicators. When planning activities, this template should be used to identify what evidence will be collected during the activity, to show what attitudes, skills and knowledge participants will learn and develop.

It is hoped that all participants will achieve all of the programme goals. However, if they do not, it is important to know where the gaps are. This allows the Educational Programmes Committee to see how future programmes can be best supported. The information you provide will help with training development, activity planning, programme structure and goal review. We thank you for your honesty when making these judgements.

IDEAS FOR INTEGRATING EVALUATION INTO THE PROGRAMME The Big PDPEF

Draw a large version of the **Group Evaluation Form** for the wall in the staff room, and fill it in throughout the programme. Your staff/leader meetings are regular opportunities to share information and to update the **Group Evaluation Form.** You can use this to monitor the progress of the group as a whole and to discuss and plan the type of activities needed to achieve the remaining programme goals.

Delegation Time

The **Individual Evaluation Form** can be used during delegation time to allow participants to discuss and share their learning experiences. It can also be used by older participants (14 years plus) for self-evaluation and reflection. Participants can provide staff/leaders with feedback about the quality of the activities and evaluate their own learning, participation and contributions.

Idea-Sharing

When participants are designing and leading activities (Youth Meetings, Seminar Camp, IPPs, Interchange and Step Up) the goals and indicators provide valuable guidance for the design of activities. They should be

used as a framework to create activities that are not only fun, but educational. Have an idea-sharing session early in the programme to familiarise your participants with the goals and indicators and to explore which activities they could facilitate that will achieve the goals.

To Access the PDPEF

For technical information, see **PDPEF Help Notes** on **www.cisv.org.**

RESEARCH

To learn more about the role and purpose of research in CISV, and to be inspired by recent research results, see **Research**.

If programme staff become aware of any research project taking place during their programme, they must mention this in the Pre-Camp and send a copy to research.proposal@cisv.org to ensure the research project follows the official approval process and that all relevant persons are informed appropriately.



BUILDING EDUCATIONAL EVALUATION INTO THE PROGRAMME

As Youth Meetings are shorter than other CISV programmes, staff, leaders and participants are encouraged to evaluate the programme as it develops in order to guarantee that they will achieve the educational goals in the time available. Staff should be aware that Youth Meetings are fast-paced.

Using the results of educational evaluation

Data noted on the **PDPEF** demonstrate achievement of programme goals. It can also reveal any areas that may need further special attention in order for participants to reach certain programme goals. Results from the data entered on the **PDPEF** are used for global programme evaluation, training and development purposes.

Tracking actions inspired by Youth Meeting participation

Although there is no official measurement of actions inspired by participation, it has been noted that many are active in their Junior Branch. Following participation in a Youth Meeting they should be encouraged to use what they have learned through their participation in their interactions with other JB members, in school, as participants in LMOs and in other aspects of their lives.

FITTING IT ALL TOGETHER

MEETING CISV'S EDUCATIONAL AND TRAINING QUALITY STANDARDS IN THE PROGRAMME

The Regional Delivery Teams for Educational Programmes work around the year to be available for Chapters/NAs and offer advice if questions arise. They also provide training through Regional Training Forums and visits to first-time programme hosts where needed.

The Educational Programmes Committee is responsible for input to the Board on policy, standards, strategic development and monitoring, focusing on ensuring quality and growth of CISV's educational programmes through training and programme hosting support across all Regions.